PROBABILISTIC PATIENT MONITORING USING EXTREME VALUE THEORY A Multivariate, Multimodal Methodology for Detecting Patient Deterioration

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Abstract: Conventional patient monitoring is performed by generating alarms when vital signs exceed pre-determined thresholds, but the false-alarm rate of such monitors in hospitals is so high that alarms are typically ignored. We propose a principled, probabilistic method for combining vital signs into a multivariate model of patient state, using extreme value theory (EVT) to generate robust alarms if a patient's vital signs are deemed to have become sufficiently "extreme". Our proposed formulation operates many orders of magnitude faster than existing methods, allowing on-line learning of models, leading ultimately to patient-specific monitoring.

1 INTRODUCTION

Many patients die in hospital every year because deterioration in physiological condition is not identified. It has been estimated by (Hodgetts et al., 2002) and (McQuillan et al., 1998) that 23,000 cardiac arrests and 20,000 unforeseen admissions to ICU could be avoided each year in the UK alone, if deterioration were identified and acted upon sufficiently early. Thus, there is a great need for patient monitoring systems that perform this automatic identification of patient deterioration.

1.1 Existing Patient Monitors

Conventional hospital patient monitors take frequent measurements of vital signs, such as heart-rate, respiration rate, blood oxygen saturation (SpO_2) , temperature, and blood pressure, and then generate an alarm if any of these parameters exceed a fixed upper or lower threshold defined for that parameter. For example, many patient monitors will generate an alarm if the patient heart-rate exceeds 160 BPM, or decreases below 40 BPM (Hann, 2008). However, these single-channel alarming methods suffer from such high false-alarm rates that they are typically ignored in clinical practice; a study by (Tsien and Fackler, 1997) concluded that 86% of alarms generated by conventional monitors were false-positive.

1.2 Intelligent Patient Monitoring

The investigation described by this paper models the distribution of vital signs under "normal" patient conditions, and then detects when patient vital signs begin to deteriorate with respect to that model. This is the so-called "novelty detection" approach, in which patient deterioration corresponds to novelty with respect to a model of normality. We have previously applied this technique to the monitoring of other critical systems, such as jet engines (Clifton et al., 2008a) and manufacturing processes (Clifton et al., 2008b).

(Tarassenko et al., 2006) and (Hann, 2008) used a Parzen window density estimator (Parzen, 1962) to form a probabilistic model $p(\mathbf{x})$ of the distribution of patient vital signs \mathbf{x} from a training set of vital signs observed from a population of stable, high-risk patients. However, alarms were generated by comparison of test data to a heuristic threshold set on $p(\mathbf{x})$. This threshold is termed the *novelty threshold*, because data exceeding it are classified "abnormal".

Previous work presented in (Clifton et al., 2009b) and (Hugueny et al., 2009) has shown that such heuristic novelty thresholds do not allow on-line learning of patient models, because thresholds are not portable between models - primarily because they have no direct probabilistic interpretation. In that work, we described the use of Extreme Value Theory (EVT) as a principled method for determining if test data are "abnormal", or "extreme", with respect

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to some model of normality (such as a Gaussian Mixture Model, or GMM), which is summarised in Section 1.4. This process is automatic, and requires only the selection of a probabilistic novelty threshold (e.g., $P(\mathbf{x}) \leq 0.99$) in order to achieve accurate identification of patient deterioration.

1.3 Contributions in this Paper

Our previously-proposed work has a number of limitations:

- The system described in (Clifton et al., 2009b) uses EVT for determining when multivariate test data are "extreme" with respect to a model of normality. In this case, a fully multimodal model is allowed, such as a GMM comprised of many Gaussian kernels. However, it is a numerical algorithm that requires large quantities of sampling, making it unsuitable for on-line learning of models that are frequently updated.
- 2. The system described in (Hugueny et al., 2009) provides a closed-form solution to the problems posed in (1) such that sampling is avoided, but is valid only for *unimodal* multivariate models consisting of a single Gaussian kernel. In practice, such single-kernel models are too simple to describe the distribution of training data accurately.

Thus, there is a need for an EVT algorithm that allows multimodal, multivariate models of normality to be constructed, overcoming the unimodal limitation of (2), while being computationally light-weight, overcoming the heavy sampling-based limitation of (1). This paper proposes such a method, described in Section 2, illustrates its use with synthetic data in Section 3, and presents results from a large patient monitoring investigation in Section 4.

1.4 Classical Extreme Value Theory

If we have a univariate probability distribution describing some univariate data, F(x), classical EVT (Embrechts et al., 1997) provides a distribution describing where the most "extreme" of *m* points drawn from that distribution will lie. For example, if we draw *m* samples from a univariate Gaussian distribution, EVT provides a distribution that describes where the largest of those *m* samples will lie. It also provides a distribution that describes where the smallest of those *m* samples will lie. These distributions determined by EVT are termed the *Extreme Value Distributions* (EVDs). The EVDs tell us where the most "extreme" data generated from our original distribution will lie under "normal" condition after observing *m* data. Thus, if we observe data which are more extreme than where we would expect (as determined by the EVDs), we can classify these data "abnormal", and generate an alarm. This process lies at the heart of using EVT for patient monitoring, where we can classify observed vital signs as "extreme" if EVT determines that they lie further than one would expect under "normal" conditions (given by the EVDs).

Though classical EVT is defined only for univariate data, we present a generalisation of EVT to multivariate, multimodal models as described later in this paper.

To state this introduction more formally, consider $\{x_m\}$, a set of *m* independent and identically distributed random variables (iid rvs), which are univariate, and where each $x_i \in \mathbb{R}$ is drawn from some underlying distribution F(x). We define the maximum of this set of *m* samples to be $M_m = \max(x_1, x_2, \dots, x_m)$. EVT tells us the distribution of where to expect this maximum, M_m , and, by symmetrical argument, the distribution of the minimum in our dataset. The fundamental theorem of EVT, the Fisher-Tippett theorem (Fisher and Tippett, 1928), shows that the distribution of the maximum, M_m , depends on the form of the distribution F(x), and that this distribution of M_m can only take one of three well-known asymptotic forms in the limit $m \rightarrow \infty$: the Gumbel, Fréchet, or Weibull distributions.

The Fisher-Tippett theorem also holds for the distribution of minima, as minima of $\{x_m\}$ are maxima of $\{-x_m\}$. EVDs of minima are therefore the same as EVDs of maxima, with a reverse *x*-axis. The Gumbel, Fréchet, and Weibull distributions are all special cases of the Generalised Extreme Value (GEV) distribution,

$$H_{GEV}^+(x;\gamma) = \exp\left(-\left[1+\gamma x\right]^{-1/\gamma}\right). \tag{1}$$

where γ is a shape parameter. The cases $\gamma \rightarrow 0$, $\gamma > 0$ and $\gamma < 0$ give the Gumbel, Fréchet and Weibull distributions, respectively. In the above, the superscript '+' indicates that this is the EVD describing the maximum of the *m* samples generated from F(x).

1.5 Redefining "Extrema"

Classical univariate EVT (uEVT), as described above, cannot be directly applied to the estimation of multivariate EVDs. In the case of patient monitoring, for example, our data will be multivariate, where each dimension of the data corresponds to a different channel of measurement (heart-rate, respiration-rate, SpO₂, etc.) In this multivariate case, we no longer wish to answer the question "how is the sample of *greatest magnitude* distributed?", but rather "how is the *most improbable* sample distributed?" This will allow us, as will be shown in Section 2, to generalise uEVT to

a multivariate EVT (mEVT). As proposed in (Clifton et al., 2009b), we consider the following definition of extrema:

Definition 1. Let $m \in \mathbb{N}^*$ and $\{x_m\}$ be a sequence of (possibly multivariate) iid rvs, drawn from a distribution F with probability density function f. We define the extremum to be the random variable $E_m = \operatorname{argmin} \{f(X_1), \dots, f(X_m)\}.$

1.6 Density Estimation

If a large number of actual observed extrema are available, or if it is possible to draw extrema from a generative model, then it is tempting to try and fit an EVD to those extrema, via Maximum Likelihood Estimation (MLE), for instance. If the form of the EVD for our dataset is known (i.e., whether it is Gumbel, Fréchet, or Weibull), one could attempt to fit a Gumbel, Fréchet or Weibull distribution directly to the extrema. Even if the form of the EVD is not known, the distribution of extrema is theoretically guaranteed to converge to one of the three instances of the GEV distribution, as stated by the Fisher-Tippett theorem.

This approach was taken in (Clifton et al., 2009b), in which a method was proposed to estimate the EVD in the case where the generative model is known to be a mixture of multivariate Gaussian distributions (a GMM). The GMM $f(\mathbf{x})$ was constructed using a training set of observed multivariate data $\{\mathbf{x}\}$. The method is based on our capacity to generate (via sampling) a large number of extrema from the GMM. Each extremum is defined as being the sample of minimum probability density $f(\mathbf{x})$ out of a set of *m* samples. Thus, if we require a large number of extrema (say, $N = 10^6$), then we must generate N sets of *m* samples (where each set gives a single extremum).

In (Clifton et al., 2009a), this method was used for the purpose of patient monitoring. A GMM was trained using multivariate patient data, and the EVD for that model was estimated using the sampling method described above. A sliding window of length m was applied to the time-series of test patient data, where m was determined empirically. A window of test data was classified "abnormal" if its most extreme datum lay outside the estimated EVD.

This approach has a number of disadvantages. Estimating the EVD by generating extrema from the GMM is time-consuming. However, testing a range of values for *m* in order to find the optimal value is even more time-consuming: it requires us to generate a large number (e.g., $N = 10^6$) of extrema for *each value of m that we test*. If we wish to perform on-line learning, in which models are constructed in real-time from newly-acquired patient data, then these disadvantages must be overcome.

In Section 2, we propose a method to estimate numerically the EVD for a multivariate, multimodal model (such as a GMM) which does *not* require sampling of extrema, and so overcomes the disadvantages described above.

2 METHOD

2.1 Introduction

Though the Fisher-Tippett theorem (described in Section 1) is valid only for univariate data, we can use it to determine the EVD of an *n*-dimensional multivariate model $F_n(\mathbf{x})$ using an approach from (Clifton et al., 2009b). Rather than consider the EVD in the *n*-dimensional data space of $\mathbf{x} \in \mathbb{R}^n$, we can consider the EVD in the model's corresponding probability space $F_n(\mathbf{x}) \in \mathbb{R}$. That is, we find the probability distribution over the model's probability density values. This new distribution (over probability density values) is univariate, and the Fisher-Tippett theorem applies.

We have previously shown in (Hugueny et al., 2009) that this can be used for multivariate, *unimodal* data; this paper proposes an extension to the method to allow us to cope with multivariate, *multimodal* data, as required when using a GMM to model the distribution of vital signs in patient monitoring.

2.2 Detail of Method

Define $F_n(\mathbf{x})$ to be a mixture of *n*-dimensional Gaussian kernels (i.e., a GMM), trained using example training data, for multivariate data $\mathbf{x} \in \mathbb{R}^n$. Now, consider the GMM's corresponding probability space: let \mathcal{P} be $F_n(\mathbb{R}^n)$, the image of \mathbb{R}^n under F_n . That is, \mathcal{P} is the set of all probability densities taken by the GMM, which will cover the range $]0, p_{max}]$, where p_{max} is the largest probability density taken by the GMM.

We can find the model's distribution over probability densities, which we define to be G_n :

$$\forall y \in \mathcal{P}, \quad G_n(y) = \int_{f_n^{-1}([0,y])} f_n(\mathbf{x}) d\mathbf{x} \qquad (2)$$

where $f_n^{-1}([0,y])$ is the preimage of [0,y] under f_n (the set of all values of **x** that give probability densities in the range [0,y]). Thus, $G_n(y)$ is the probability that data **x** generated from the GMM will have probability density *y* or lower. The lower end of this distribution will be $G_n(0) = 0$ because the probability of data having probability density $p(\mathbf{x}) \le 0$ is 0, and the



Figure 1: Distributions in probability space $y \in \mathcal{P}$ for an example bimodal GMM of dimensionality n = 4. In the upper plot, the pdf $g_n(y)$ over probability density values y shows that the maximum probability density for this GMM is $p_{\text{max}} \approx 0.015$. The estimating distribution k_n shows that the proposed method closely approximates the actual g_n . In the lower plot, the corresponding cdfs G_n and K_n .

upper end of this distribution will be $G_n(p_{\text{max}}) = 1$ because the probability of data having probability density $p(\mathbf{x}) \le p_{\text{max}}$ is 1 (recalling that p_{max} is the maximum probability density taken by the GMM).

Figure 1 shows G_n and its corresponding probability density function (pdf) g_n for an example 4dimensional, bimodal GMM (in light grey). Note that the probability mass for models with dimensionality n > 2 tends towards lower probability density values, as shown in (Clifton et al., 2009b): a sample drawn from the GMM is more likely to have a low probability density y than a high value of y.

If F_n is composed of a single Gaussian kernel, an analytical form of G_n is derived in (Hugueny et al., 2009) and its pdf shown to be:

$$k_n(y,\beta) = \Omega_n \beta \left[-2\ln\left((2\pi)^{n/2}\beta y\right) \right]^{n-2/2}$$
(3)

where $\Omega = \frac{2\pi^{n/2}}{\Gamma(\frac{n}{2})}$ (the total solid angle subtended by the unit *n*-sphere) and $\beta = |\Sigma|^{1/2}$, for covariance matrix Σ .

We can see from Equation (3) that k_n is independent of the mean of F_n , which is unsurprising: the probability density values taken by a Gaussian kernel are invariant under translations in the data space (as occurs when the mean is changed), but change if the kernel covariance is changed.

If F_n is composed of more than one Gaussian kernel, there is no analytical form for G_n or its pdf g_n . However, we can make the assumption that sufficiently far away from the modes of the distribution, a mixture of Gaussian kernels behaves approximately like a single Gaussian kernel. This assumption is typically valid because the EVD lies in the tails of F_n , not near its modes. This corresponds to the tail of g_n , where \mathcal{P} is close to zero, for which we wish to find the EVD.

Thus, for \mathcal{P} sufficiently close to zero, g_n can be approximated by k_n for some (positive) value of β . The family of parametric functions k_n can therefore be used to estimate g_n . A convenient feature of this method is that the family of k_n functions have a single scalar parameter, β . To estimate the value of β that best approximates the tail of our g_n , we can estimate g_n using a histogram, and then find the value of β that minimises the least-square error in the tail.

Figure 1 shows that k_n and K_n accurately estimate g_n and G_n in the left-hand tail (where \mathcal{P} is close to zero), which is the area of interest for determining the EVD. So, if we can determine the EVD for k_n (and thus K_n), we will have an accurate estimate of the EVD of our desired distribution G_n , and hence for our GMM, F_n .

From (Hugueny et al., 2009), k_n is known to be in the domain of attraction of the minimal Weibull EVD:

$$H_3^{-}(y;d_m,c_m,\alpha_m,) = 1 - \exp\left[-\left(\frac{y-d_m}{c_m}\right)^{\alpha_m}\right]$$
(4)

where its location, scale, and shape parameters c_m , d_m , and α_m , respectively, are given by:

$$c_m = K_n^{\leftarrow} \left(\frac{1}{m}\right) \tag{5}$$

$$d_m = 0 \tag{6}$$

$$\alpha_m = m c_m k_n[c_m] \tag{7}$$

where K_n is the integral of k_n , which is given in (Hugueny et al., 2009), and where $K_n^{\leftarrow}\left(\frac{1}{m}\right)$ is the 1/m quantile of K_n .

After estimation of β , we can use Equations (5), (6), and (7) to define entirely the EVD of our G_n .

2.3 Novelty Score Assignment

Having estimated d_m , c_m , and α_m , let $\mathbf{x}_m = \{x_1, \ldots, x_m\}$ be a set of *m* samples drawn from F_n . The quantity $1 - H^-(y; d_m, c_m, \alpha_m)$ where y =



Figure 2: From top left to bottom right: pdf of example bivariate 4-kernel GMM, associated novelty scores for m = 10, 30 and 100. ϕ is the identity function. Black and white indicate a probability zero and one, respectively, of drawing an extrema of higher density value. The color scale is linear. As *m* increases, extrema move further away from the kernel centres and ultimately further away from the distribution centre.

min $[f(x_1), \ldots, f(x_m)]$, is the probability of drawing an extremum out of *m* samples with a higher density values, i.e. a *more likely* extremum. This is interpreted as the probability for the extremum to be novel with respect to the model. As it is desirable for novelty scores to take low values for normal data and higher values for increasingly abnormal or novel data, we define the novelty score function:

$$q(\mathbf{x}_m) = \phi \left| 1 - H^-(y; d_m, c_m, \alpha_m) \right|, \qquad (8)$$

where y is defined above, and ϕ is a monotonically increasing function with domain]0,1]. Figure 2 shows an example of novelty score assignment for an example bivariate GMM.

3 VALIDATION ON SIMULATED DATA

To validate our approach, we compare EVDs obtained using Equations (5), (6), and (7) with the EVDs obtained using Maximum Likelihood Estimation (MLE) of the Weibull parameters, using simulated data. An application using real patient vital-sign data is shown in Section 4. For dimensionality n = 1 to 6, we define F_n to be the *n*-dimensional mixture of Gaussians comprised of two multivariate standard Gaussian distributions with equal priors and a Euclidean distance between their centres equal to two.

In order to estimate the EVD using MLE, for each dimensionality n = 1...6, and for increasing values of *m*, a large number of extrema (e.g., $N = 10^6$) must be sampled. Figure 3 shows estimates obtained using MLE for both the scale c_m and shape α_m parameters of the EVD. The figure also shows parameters estimated using the method proposed in Section 2.

The scale parameter appears to be accurately estimated even for small values of m. However, the proposed method's use of Equation (7) to estimate the shape parameter only matches the MLE estimate for values of m greater than 15. This was expected, as the Fisher-Tippett theorem tells us that the Weibull distribution is the EVD for asymptotically increasing m, and that actual EVDs are not expected not to match the Weibull distribution closely for small values of m.

Figure 4 presents a comparison between the cdfs of the corresponding distributions estimated using MLE and with the proposed method, for n = 4 and a range of values of m. Taking into account the logarithmic scale in y, we conclude that solutions obtained using the new method are a good match to the maximum likelihood estimates.

The main advantage of our approach is that it does not require sampling of extrema, which is a particularly intensive process. Assuming a model F_n , we only need to obtain N samples from that model to build a histogram approximating G_n , then we solve a simple least-squares estimation problem (as described in Section 2), and finally apply the closed-form Equations (5), (6), and (7) to obtain an estimate of the Weibull parameters for any value of m. On the other hand, the MLE (which in itself is more intensive than the least-square estimation problem) requires $m \times N$ samples to be drawn to obtain N extrema, and this is for a single value of m. To test all values of m between 1 and 100 for instance, our algorithm requires up to 5,000 times less sampling, and none of the 100 iterations of the MLE algorithm.

4 APPLICATION TO VITAL-SIGN DATA

In this section, we describe an application of our methodology to a patient monitoring problem, using a large dataset of patient vital-sign data obtained from a clinical trial (Hann, 2008). A model of normality was constructed using 18,000 hours of vital-



Figure 3: Comparison of results of MLE estimates of the scale parameter c_m (top) and the shape parameter α_m (bottom) parameter (shown as points in the plots), and values obtained using Equations (5) and (7) for increasing *m* for n = 1 to 6 and increasing values of *m* (shown as continuous lines). For each dimensionality *n*, the GMM F_n is composed of two standard Gaussian kernels with equal priors, with a Euclidean distance between their centres equals to two. Error bars are too small to be visible at this scale.

sign data collected from 332 high-risk adult patients. Measurements of heart rate (HR), breathing rate (BR) and oxygen saturation (SpO₂) are available at 1 Hz. The data were reviewed by clinical experts and "crisis events" were labelled, corresponding to those events that should have resulted in a call to a Medical Emergency Team being made on the patient's behalf.

We split the available data into three subsets: (i) a training and (ii) a control set, each consisting of data from 144 "normal" patients (and each containing approximately 8000 hours of data); (iii) a test set consisting of data from the 44 patients who went on to have crisis events (approximately 2000 hours) which includes "abnormal" data labelled by clinical experts (approximately 43 hours).

The training set is used to construct a model of normality F (with pdf f), consisting of a trivariate GMM (noting that n = 3, corresponding to the number of physiological parameters available in the dataset). The number of kernels in the GMM was



Figure 4: Logarithmic plot of cumulative distributions obtained using our proposed method (black) and Maximum Likelihood Estimation (grey). Dimensionality n = 4, histograms and MLE use 10^5 samples. From right to left, the values of *m* are 2, 5, 10, 30, 50, 100, 200 and 500.

estimated via cross-validation, which showed that 9 kernels provided the lowest overall cross-validation error.

Given a value of *m*, the values of d_m , c_m and α_m can be computed as described in Section 2. Novelty scores are then assigned to all patient data using eq 8, with ϕ the identity function and, $y = \min[f(\mathbf{x}_{t-m+1}), f(\mathbf{x}_{t-m+2}), \dots, f(\mathbf{x}_t)]$. That is, *y* is the datum with minimum probability density within a window containing the last *m* vital-sign data. This definition of *y* ensures that the extremum of *m* samples is considered at each time step. The value of *m* conditions the width of the sliding time-window used to assign novelty scores.

Setting a threshold on the novelty score function q allows us to separate "normal" from "abnormal" data, and therefore compute a true positive rate (TPR) and a false alarm rate (FAR) for each of the three data subsets described above, with respect to the known labels provided by clinical experts. Varying this threshold yields the ROC curves shown in Figure 5.

We note that the setting of a novelty threshold on the EVD is different to the conventional method of setting a novelty threshold on the pdf f_n given by the GMM. In EVT-based approaches, the threshold corresponds to a direct probabilistic interpretation (e.g., "these data are abnormal with a probability of 0.99"), whereas conventional thresholding of the GMM f_n is heuristic (as described in Section 1.2), being based on probability density values, and is such thresholds are not portable between different models.

The absence of data points above a true positive rate of 92% is due to the heterogeneity of the data



Figure 5: True positive rate vs. false alarm rate for the "control" and "test" group, plotted for different values of *m*.

within the crisis windows, a portion of which cannot be considered abnormal with respect to the model.

As the dynamic range of a change in patient status is not known, it is in our best interest to be able to explore a range of values for m. Depending on what is considered an acceptable true positive rate for the crisis data, one can choose the value of m that minimises the false alarms rate for the control group. A small value of m seems to be preferable if the desired TPR is between 0.65 and 0.8. If we wish to maximise the TPR, however, our results suggest that we should take a large value of m.

5 DISCUSSION

5.1 Conclusions

This paper has proposed a new method for estimating the extreme value distributions of multivariate, multimodal mixture models, as is required for the analysis of complex datasets such as those encountered in patient vital-signs monitoring. The method overcomes the limitations of previous methods, by (i) providing a light-weight formulation that is shown to be significantly faster than previous maximum-likelihood methods, which require large amounts of sampling, and (ii) providing solutions for *multimodal* multivariate models, as are required for the analysis of complex datasets, whereas previous closed-form approaches were limited to *unimodal* multivariate models.

We have validated our methodology using synthetic data and patient vital-sign data from a large clinical trial, and have shown that EVDs estimated using the method are a good match to those obtained using maximum-likelihood methods, particularly when the value of EVT parameter m (the window length) is greater than 15. For most real datasets, in which the sampling rate is relatively fast, larger values of m will be necessary in order to model system dynamics. For example, in the case of patient vital-signs monitoring presented in this paper, in which vital-signs data were obtained at 1 Hz, a value of m = 15 corresponds to a window length of 15s.

As shown in Section 3, because the EVD is known in closed form and is parameterised by m, the value of m can be optimised in real-time. The light-weight formulation allows on-line learning of models, ultimately allowing patient-specific monitoring to take place, in which models are constructed in real-time using data observed from a new monitored patient.

5.2 Future Work

The solutions proposed in this paper, while validated only for mixtures of Gaussian kernels are sufficiently general that they should apply to any kernel mixture model. For example, the proposed method could also be used to find the extreme value distributions corresponding to Parzen windows estimators (themselves also mixtures of Gaussian distributions); mixtures of Gamma distributions, as used by (Mayrose et al., 2005); mixtures of Student's t distributions, as proposed by (Svensen and Bishop, 2005), and mixtures of Weibull distributions, as proposed by (Ebden et al., 2008).

These solutions are based on closed form formulae, and so the light-weight approach could facilitate the use of Bayesian parameter estimation.

In application to patient monitoring, as well as demonstrating benefit on existing datasets (as shown in this paper), we hope to have provided the facility to perform on-line learning of patient-specific models, which forms an important part of our future work.

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