# **Reinforcement Learning for Multi-purpose Schedules**

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#### **INTRODUCTION** 1

Automatic control policies received a great deal of attention in recent years. Combining such control policies with a low resource consumption and minimal costs is a goal that researchers from various disciplines are attempting to achieve. Traditional manually designed control strategies lack predictive capabilities to ensure a certain quality of service in systems that are characterized by diverse usage patterns and user preferences. As a result, such systems do not provide effective solutions for achieving the desired resource efficiency. Moreover, such traditional approaches typically also result in a significant risk of temporary discomfort as part of the learning phase or due to ill-configured systems.

In this paper we describe an approach that aims to automatically configure product systems to user demand patterns and their preferences. This means tailoring the performance of devices to the specific circumstances imposed on them by their everyday users. By taking into account patterns in user behavior and expectations, the system usage optimization is twofold. On the one hand side, the quality of service provided by the system to the end user, and on the other hand the resources needed to keep the system running. Such tailoring can be influenced by time dependent usage patterns as well as personal or group determined performance preferences.

Consider for instance an espresso or a coffee machine. An espresso machine has different operational modes: on (making the beverage), idle (temporarily heat water) and off. By default, the machine is idle. Every couple of minutes, the machine will re-heat it's water supply, to always be in a state of readiness when a user wants coffee. After office hours, the machine should be turned off manually, to bring down power consumption even further. Bringing the coffee machine from off to idle again in the morning mode requires a warming up phase, which implies that the machine is not immediately usable. On a typical day, the beverage machine used in an office environment will be turned on in the morning and remain on during the day, being used only sporadically. During long periods of time, the machine will be idling. Consistently turning it off after usage is a hindrance because the machine will need to warm up each time it is switched on again. Finding a correct control policy which optimizes energy consumption, without sacrificing human comfort will be the scope of the experiments described later on.

We propose a batch Reinforcement Learning (RL) approach that outputs a control policy based on historic data of usage and user preferences. This approach avoids the overhead and discomfort typically associated with a learning phase in reinforcement learning while still having the benefit of being adaptive to changing patterns and preferences. In Section 2, we elaborate on related concepts that allow automatic extracting of user patterns. Furthermore, we present the problem setting in Section 3 and the corresponding experiments in Section 4. These results are discussed in the subsequent Section 5 and to conclude the paper, we form conclusions obtained in Section 6.

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Abstract: In this paper, we present a learning technique for determining schedules for general devices that focus on a combination of two objectives. These objectives are user-convenience and gains in energy savings. The proposed learning algorithm is based on Fitted-Q Iteration (FQI) and analyzes the usage and the users of a particular device to decide upon the appropriate profile of start-up and shutdown times of that equipment. The algorithm is experimentally evaluated on real-life data to discover that close-to-optimal control policies can be learned on a short timespan of a only few iterations. Our results show that the algorithm is capable of proposing intelligent schedules depending on which objective the user placed more or less emphasis on.

# 2 BACKGROUND AND PRELIMINARIES

In this section, we focus on related work of techniques concerning automatic retrieval of user patterns and profiles.

#### 2.1 MDPs and Reinforcement Learning

A Markov Decision Process (MDP) can be described as follows. Let  $S = \{s_1, \ldots, s_N\}$  be the state space of a finite Markov chain  $\{x_l\}_{l\geq 0}$  and  $A = \{a_1, \ldots, a_r\}$  the action set available to the agent. Each combination of starting state  $s_i$ , action choice  $a_i \in A_i$  and next state  $s_j$  has an associated transition probability  $T(s_j|, s_i, a_i)$ and immediate reward  $R(s_i, a_i)$ . The goal is to learn a policy  $\pi$ , which maps each state to an action so that the the expected discounted reward  $J^{\pi}$  is maximized:

$$J^{\pi} \equiv E\left[\sum_{t=0}^{\infty} \gamma' R(s(t), \pi(s(t)))\right]$$
(1)

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where  $\gamma \in [0, 1)$  is the discount factor and expectations are taken over stochastic rewards and transitions. This goal can also be expressed using Q-values which explicitly store the expected discounted reward for every state-action pair:

$$Q^{*}(s,a) = R(s,a) + \gamma \sum_{s'} T(s'|s,a) \max_{a'} Q(s',a') \quad (2)$$

So in order to find the optimal policy, one can learn this Q-function and then use greedy action selection over these values in every state. Watkins described an algorithm to iteratively approximate  $Q^*$ . In the Qlearning algorithm (Watkins, 1989) a large table consisting of state-action pairs is stored. Each entry contains the value for  $\hat{Q}(s, a)$  which is the learner's current hypothesis about the actual value of Q(s, a). The  $\hat{Q}$ -values are updated accordingly to following update rule:

$$\hat{Q}(s,a) \leftarrow (1-\alpha_t)\hat{Q}(s,a) + \alpha_t [r + \gamma \max_{a'} \hat{Q}(s',a')]$$
(3)

where  $\alpha_t$  is the learning rate at time step *t* and *r* is the reward received for performing action *a* in state *s*.

Provided that all state-action pairs are visited infinitely often and a suitable evolution for the learning rate is chosen, the estimates,  $\hat{Q}$ , will converge to the optimal values  $Q^*$  (Tsitsiklis, 1994).

#### 2.1.1 Fitted-Q Iteration

Fitted Q-iteration (FQI) is a model-free, batch-mode reinforcement learning algorithm that learns an approximation of the optimal Q-function (Busoniu et al., 2010). The algorithm requires a set of input MDP transition samples (s, a, s', r), where s is the transition start state, a is the selected action and s', r are the state and immediate reward resulting from the transition, respectively. Given these samples, fitted Q-iteration trains a number of successive approximations to the optimal Q-function in an off-line fashion. The complete algorithm is listed in Algorithm 1. Each iteration of the algorithm consists of a single application of the standard Q-learning update from Equation 3 for each input sample, followed by the execution of a supervised learning method in order to train the next Q-function approximation. In the literature, the fitted Q-iteration framework is most commonly used with tree-based regression methods or with multilayer perceptrons, resulting in algorithms known as Tree-based Fitted Q-iteration (Ernst et al., 2005) and Neural Fitted-Q iteration (Riedmiller, 2005). The FQI algorithm is particularly suited for problems with large input spaces and large amounts of data, but where direct experimentation with the system is difficult or costly. PIBLICATIONS

Algorithm 1: Fitted Q-iteration.			
$\hat{Q}(s,a) \leftarrow 0 \ \forall s,a$	▷ Initialize approximations		
repeat			
$T,I \leftarrow \emptyset$			
for all samples i do	Build training set		
$\mathbf{I} \leftarrow \mathbf{I} \cup (s_i, a_i)$	▷ Input values		
$\mathbf{T} \leftarrow \mathbf{T} \cup r_i + max_a$	$\hat{Q}(s'_i, a) \triangleright$ Target output value		
end for			
$\hat{Q} \leftarrow \text{Regress}(I,T)$	Train supervised learning		
method			
until Termination			
return $\hat{Q}$	Return final Q-values		

### **3 PROBLEM SETTING**

In our experiments, we recorded the presences of the employees in a small firm together with the usage of a particular small-office device, in this case an espresso maker. As in most companies, there is nobody particularly designated for turning unnecessary equipment off at unnecessary moments in time and as everybody is eager to have their beverage ready when they please, the general policy of the espresso maker consists of a 24/7 operational time.

#### **3.1** Presence and Usage Probabilities

In the experiments we conducted below, we extracted the presence and usage of six individual users of the coffee maker. The presence probabilities for each of the six users are collected using software tools that analyze network activity in the firm. As most employee actually turn their computer off during absence, this technique was adequate to monitor the presences without requiring direct, manual interaction of the employees with an specific authentication system, such as a system with badge recognition. The probability distribution, extracted from this data was collected for a period of one month and is depicted in Figure 1. From these distributions, we notice that users 2 and 3 regularly leave their computer on for the entire day. This behavior introduces noise into the system, but should not cause too much additional problems for this technique to come up with an appropriate schedule for the espresso maker. At around 11h to 12h, most people tend to leave for lunch and thus less activity is spotted on the network. In the afternoon, at around 17h, on average occasions, most of the employees tend to leave their office and shut down their computer. Occasionally, some employees seem to be working late.

The other type of information needed is the usage of the particular device. The usage of the espresso maker is measured by the number of cups being drank at the office. Similar to the manner presence was being monitored, we opted for a measuring technique that did not require manual input from the user. To obtain usage information, we relied on an appliance monitoring device<sup>1</sup> that records the power consumption of the coffee maker every six seconds. By analyzing this data, the timestamps at which a user actually requested coffee could be retrieved. It is important to notice that no information is collected on who is actually requesting coffee, i.e. only the time-dependent information is recorded. This data is collected for the same period of time as the presence information and is presented in Figure 2. Given the fact that the espresso maker can only be operated when employees are actually present at the office, there is a peak in morning, from 8h to 10h, when most of the beverages is being consumed. In this period of time, around 1.3 to 1.4 cups of coffee are being requested, which is in fact quite minimal. While in the afternoon, the usage is diminished with a small peak at 14h and starting from 18h, there were no recordings of people consuming any beverages.

For each of the six users, a series of working days are generated using the presence distributions as a probability distribution together with noise added from a Normal distribution, while for the usage distribution a Poisson (Haight, 1967) distribution is employed to generate different usages for different days. The Poisson distribution is especially tailored for expressing the probability of a given number of events occurring in a fixed interval of time or space if these events occur with a known average rate and independently of the time since the last event. The combination of the two graphs allow us to generate a variety days with simulated presences and usages up to the level of 10 minutes, i.e. for each simulated day 144 individual data points are generated.



Figure 1: The probability distribution for each of the six individual users on their presence.



Figure 2: The distribution of the company's drinking behavior based on historical data.

### **3.2 A General Device Model**

Another important part of our experimental setting is the model used to represent the device, being controlled. This model should be both general and specific enough to capture all aspects of any household device. A Markov Decision Process, as introduced in Section 2.1, is specifically tailored for representing the behavior of a particular household device. In total, two possible actions and three states are presented in an MDP that would cover most, if not all household equipment. The three states or modes of the MDP are 'on', 'off' or 'booting', where the latter represents the time needed before the actual operational mode is reached. The action space A of our MDP is limited to two distinct, deterministic actions, i.e. the agent can either decide to press a switch or relay that alters the mode of the machine or it can decide do leave the mode of the machine unchanged and do nothing. The former action is a simplification to two separate actions 'turn on' and 'turn off'.

An aspect of the MDP that we did not cover yet

<sup>&</sup>lt;sup>1</sup>We conducted our experiments with the EnviR appliance monitor

is the immediate reward  $R_a(s,s')$  received after transitioning to state s' from state s by action a. These rewards are a combination of two objectives, i.e.. an energy consumption penalty and a reward given by the user. The latter is a predefined constant for different situations that can occur. For instance, when the machine is turned off but at the same time a user wanted coffee, then, the current policy does not meet that specific user's profile and the policy is manually overruled. Although, for a general audience this is not necessary a bad policy when the algorithm has deducted that in fact the probability of somebody wanting a beverage was very low and from an energyconsumption point of view, it was not interesting to have the device turned on. In such a case, the system is provided with a negative feedback signal indicating the user's inconvenience. On the other hand, when the device is turned on at the same time that a user requested a beverage, then the policy actually suits the current user and the system anticipated well on the expected usage. In those cases, positive reward is provided to the system.

The former reward signal is a measure indicating quality of a certain action a in terms of power consumption. These rewards are device-dependent and allow the learning algorithm on top to learn over time whether leaving the device in idle mode is energy reducing enough for the current state s of S or if a shutdown is needed. By specifying a certain cost for coldstarting the device, in according to the real-life cost, the algorithm could also learn to power the device on x minutes before a timeslot where a lot of consumption is expected. In general, the learning algorithm will have to deduct which future timeslots are expected to have a positive difference between the consumption reward signal and the user satisfaction feedback signal. For the moment, these two reward signals are combined by scalarization.

To conclude, our MDP is graphically represented in Figure 3 and is mathematically formalized as follows:  $M = \langle S, A, P, R \rangle$ , where  $S = \{On, Off, Booting\}$  and  $A = \{Do nothing, press switch\}$ . The transitions between the different states are deterministic, resulting in a probability function *P* that is shown in Figure 3. The reward function *R* is device-specific and we will elaborate this function in the sections below.

### 4 EXPERIMENTS

At each of data points, representing a point in time, the FQI algorithm, described in Section 2.1.1, will decide which action to take from the action space given



Figure 3: A general model for almost every household device.

the current hour, interval of 10 minutes and presence set, with 24, 6 and 2<sup>6</sup> possible values, respectively. These figures results in a large state space of 9,216 possible combinations. In our setting, the FQI algorithm was first trained with data of one single simulated day and the control policy was tested for one new day after every training step, whereafter this test sample was also added to the list of training samples to increase the training set's size. Thus, an on-line learning setting was created. In our experiments, we opted for the Tree-Based FQI algorithm with a classification and regression tree or CARTand we averaged our results over 10 individual trials.

For the reward signals in our MDP M, we mimicked the properties of a real-life espresso maker into our simulation framework. Using the same appliance monitoring equipment, we have tried to capture the real-life power consumption of the device under different circumstances. After measuring the power consumption of the machine for a few weeks, we came to the following conclusions:

- We noticed that, for our industrial coffee maker, the start-up time was very fast. In just over one minute, the device heated the water up to the boiling temperature and the beverage could be served. The power consumption of actually making coffee is around 940 Watts per minute.
- When the machine was running in idle mode, the device is only using around 2 Watts most of the time. However, every ten minutes, the coffee maker re-heated its water automatically. On average, this results in an energy consumption of 5 Watts per minute in idle mode.
- The device does not consume any power when turned off.

The reward signals to identify the user's satisfaction or inconvenience, when the device was turned on and off, respectively, can be tuned to obtain schedules for the coffee maker that focus on either or both.

#### 4.1 A User-oriented Schedule

In a first experiment, we defined a large positive and negative value for the user satisfaction reward (+0.5)and the user inconvenience cost (-0.4), respectively. With these rewards in place, we ran the FQI algorithm for 50 simulation days. Although the learning curve in Figure 4 is still fluctuating significantly at the final learning days, we see that the good performance is being reached from day 20. This observation is confirmed in Figure 5, where we plotted the number of manual overrides that occurred on each day. Initially, the number of manual overrides per day is around 10, where in final iterations, around 2 overrides are needed. In the initial learning phases, the algorithm tries out a series of different start-up and shutdown times for the coffee maker. Upon observing the state of the machine and the feedback from the users, it tries to refine its schedule by improving and adjusting the schedule to their needs.



Figure 4: The learning curve for learning a schedule that focusses on satisfying the convenience of the users.



Figure 5: The number of human interventions needed that involve a manual start-up of the coffee maker diminishes as learning proceeds.

Currently a setting is created that focuses heavily on the keeping an accepted level of user-friendliness compared to energy-efficiency, the system proposes the schedule of Figure 6. Although some people tend to be present before 8h, the algorithm decides to have the coffee maker turned on at 8h to be prepared for the high peak in usage (Figure 2). Although not that many beverages are being consumed in the afternoon, a lot of employees are still present at the office, which increases the chance of somebody using the machine. This makes the suggested schedule result in a very user-friendly schedule taking the gains of keeping an accepted level of user-friendliness over the potential economical benefits of turning the device off for a small period of time.



Figure 6: The user-friendly policy decides to have the coffee maker turned on at 8h and turned off at 16h.

### 4.2 An Energy-oriented Schedule

Instead of focusing on the users of the actual system, one could prefer to find a policy that focusses more on keeping the energy consumption down. A radical schedule that takes into consideration only the power consumption side of the story could be have the device turned off all the time and let the users themselves have the task of starting-up the system according to their needs. However, such a schedule would be of little to no value in any real-life situation. Therefore, we conduct the same experiment as in Section 4.1, but decrease the user's influence on the learned policy. The new rewards are 0.35 and -0.35 to define user convenience and inconvenience, respectively.



Figure 7: The learning curve for an energy-oriented schedule.

After around the same number of training days as in the previous experiment, a stable performance is obtained (Figure 7). The number of manual overrides (Figure 8) stays acceptably low because the final policy in Figure 9 focuses on leaving the device turned on at the most critical time of the day, i.e. the morning when at the same time most people tend to be present and most of the beverages are being consumed.



Figure 8: The number of manual overrides decrease as learning proceeds. Although this metric is currently not being focussed on too much, the number of manual overrides stays low.



Figure 9: The final policy obtained turns the device on from 8h to 10h50, while leaving it off during the less occupied afternoon.

### 4.3 Energy Consumption

The three schedules, i.e. the original always-on, the user-oriented and the energy-oriented policy, can also be compared in terms of economical gains. Given the actual cost of 0.22 €per Kilowatt hour (kWh) and an average consumption of the espresso machine in stand-by mode of around 300 Watts per hour, the results are listed in Table 1. From these figures, we deduct an annual saving of around 66.6% and 88.2% for the user-oriented and energy-oriented profiles, respectively, compared to the initial setting of always leaving the device on.

## 5 DISCUSSION AND RELATED WORK

In the first experiment we showed how the FQI algorithm quite easily managed to generalize from the large state-space. The schedule proposed in that particular setting might seem trivial, but applying such a schedule would already be a significant money saver in most offices. On the other hand, the second experiment, where we placed less emphasis on the objective indicating the convenience of the user, the obtained schedule is much more interesting. Although most people tend to be present from 8h to 17h, it has analyzed the combination of the presence and the usage information on the long run to conclude that the timespan from 8h to little before 11h is the most critical one. As the most critical timeslot of the general working day is covered, also the number of manual overrides remains acceptably low, i.e. only two manual interventions are needed during the entire day. Thus, when the device is being used at later times that day, the user is still free to manual overrule the schedule, but the algorithm will not suggest such an action itself.

The economical savings one can accomplish by implementing these schedules are compared to the company's initial schedule which was to leave the device always on as nobody took responsibility, are of course significant. A potential cost saving of  $385.7 \\leave$  and  $510.3 \\leave$  for the user-oriented and energy-oriented profile, respectively, could be obtained if an automatic control device applied one of these proposed schedules. Besides the economical cost, there is also the wear and tear of device itself that should be taken into consideration. It is obvious that an always-on profile is not beneficial for the lifetime and durability of the device and neither is a profile that rapidly switches between operational modes.

Previous research has applied the Fitted-Q algorithm mainly in single-objective optimal control problems (e.g. (Busoniu et al., 2010; Riedmiller, 2005; Ernst et al., 2005)). More recently, (Castelletti et al., 2012) also introduced a multi-objective FQI version, which is capable of approximating the Pareto frontier in learning problems with multiple objectives, and applied this algorithm to learn operation policies for water reservoir management. None of these works, however, consider the problem of user interactions and taking into account end-user preferences. To the best of our knowledge this paper presents the first application of FQI in a setting which includes both a cost function and direct user feedback.

Several authors have considered other reinforcement learning algorithms in problem settings related to those presented in this paper. In (Dalamagkidis et al., 2007), an on-line temporal difference RL controller is developed to control a building heating system. The controller uses a reinforcement signal which is the weighted combination of 3 objectives: energy consumption, user comfort and air quality. On-line RL algorithms have also been applied to the problem of energy conservation in wireless sensor networks, often in combination with other objectives such as satisfying certain routing criteria (see e.g. (Liu and Elhanany, 2006; Mihaylov et al., 2010)). Finally, (Khalili et al., 2009) apply Q-learning to learn user preferences in a smart home application setting. Their

	Always-on	User-oriented	Energy-oriented
Operational hours per day	24h	8h	2h50
Cost per month (€)	48.22	16.08	5.68
Cost per year (€)	578.56	192.86	68.25

Table 1: The economical properties of the three schedules.

system is able to adapt to (time-varying) user preferences regarding ambient light and music settings, but does not take into other criteria such as account energy consumption.

## 6 CONCLUSIONS

In this paper, we have presented our results on applying Reinforcement Learning (RL) techniques on real-life data to come-up with appropriate start-up and shutdown decisions for multi-criteria environments. These two criteria are user convenience and energy. We have seen that the FQI algorithm integrates very well into such a multi-objective environment and by specifying emphasis on each of the different objectives, one can obtain schedules for everyone's needs. The aspect of this work that requires the most opportunities for future research is the manner how both reward signals can be combined in a more intelligent way by multi-objective techniques. As in many of today's attempts in the RL research landscape, combining multiple reward signals is limited to scalarization techniques and no aspects of Pareto dominance relationships are incorporated. Our next step is to incorporate RL with multi-objective techniques and apply these techniques in a similar real-life environment we have presented here.

To conclude, we have shown how one can fairly easily come up with an application of RL using historical data and cheap monitoring devices. In the near future, one of our intentions is to shift these simulations out of the virtual world and to design a real-world system using automated control devices that apply these schedules in the same office where the measurements took place.

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