

# A Comparative Study of Network-based Approaches for Routing in Healthcare Wireless Body Area Networks

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**Abstract:** In this paper, we propose a minmax robust formulation for routing in healthcare wireless body area networks (WBAN). The proposed model minimizes the highest power consumption of each bio-sensor node placed in the body of a patient subject to flow rate and network topology constraints. We consider three topologies in the problem: a spanning tree, a star, and a ring topology as well. In particular, we use an equivalent polynomial formulation of the spanning tree polytope (Yannakakis, 1991) to avoid having an exponential number of cycle elimination constraints in the model. For the ring topology approach, we use constraints from the well known mixed integer linear programming (MILP) formulation of the traveling salesman problem (Pataki, 2003). Thus, we compute optimal solutions and lower bounds directly using the MILP and linear programming (LP) relaxations. Finally, we propose a Kruskal-based (Cormen et al., 2001) variable neighborhood search metaheuristic to improve the solutions obtained with the star topology approach. Our preliminary numerical results indicate that the tree approach is more convenient as it allows saving significantly more power while the ring approach is the most expensive one. They also indicate that the difference between the optimal objective function values for the tree and star formulations is not very large and that VNS can improve significantly the solutions obtained with the star configuration, although, at a higher computational cost.

## 1 INTRODUCTION

Wireless sensor networks (WSN) have been considered by the research community as one of the most promising technologies within last decades. Mostly due to the innumerable applications that can be realized in order to enhance people's quality of life. Regarding healthcare systems, a major concern is to deal with the problem of preventive monitoring systems. Particularly, for elderly population whose growth has significantly increased around the globe in last decades (Kinsella and Phillips, 2005). This technology would also provide high quality care services for young children in situations where both parents are absent or in cases where people living in rural areas can not reach hospitals and medical centers easily. Wireless body area networks (WBANs) are composed of tiny biological sensors (bio-sensors) which are placed in the body or in the clothes of a

person in order to remotely monitor healthcare status conditions such as fever, blood pressure, body temperature, heart rate, and so on. In a WBAN, preserving the energy of the nodes is of great importance as their energy resources are limited. Additionally, an extremely low transmit power per node is required in order to minimize interference. A common approach to deal with these problems is by improving the performance of routing protocols. The authors in (Fang and Dutkiewicz, 2009) propose an efficient medium access control (MAC) protocol referred to as BodyMAC. This protocol uses flexible bandwidth allocation to improve node energy efficiency. In (Kwak et al., 2009) the authors compare and analyze different protocols from WBAN requirements whereas in (Huang et al., 2010) the authors propose a weighted random value protocol for multiuser WBANs (WRAP). Finally, in (Elias and Mehaoua, 2012) the authors consider explicit mathematical pro-

gramming formulations in order to efficiently design optimal routing protocols in WBANs. WBAN is an emerging research field where new routing protocols are mandatorily required to efficiently manage power consumption in order to maximizing the lifetime of the network. Additionally, finding the “best” network topology configuration in a WBAN is a very important issue as it significantly affects the protocol design as well as the overall performance of the system. Finally, we mention that research on routing protocols for WBANs is still at its infancy. In this paper, we present a minmax robust formulation to optimally route sensed information by nodes in a WBAN. The model minimizes the worst power consumption of each bio-sensor subject to flow rate and network design topology constraints. We consider three topologies in the problem: a spanning tree one, a star one and a ring topology as well. In particular, we use an equivalent polynomial formulation of the spanning tree polytope due to (Yannakakis, 1991) in order to avoid an exponential number of cycle elimination constraints in the model. For the ring topology approach, we use constraints from the well known mixed integer linear programming (MILP) formulation of the traveling salesman problem (Pataki, 2003). All the proposed models are formulated as MILP models and thus we compute optimal solutions and lower bounds directly using the MILP and linear programming (LP) relaxations, respectively. Finally, we propose a Kruskal-based variable neighborhood search (VNS for short) metaheuristic to improve the optimal solutions found with the star network configuration. We only consider a VNS procedure that works with the tree topology approach as it is the one that achieves significantly more power savings. The paper is organized as follows. Section 2 presents the minmax robust formulation with the generic topology constraint. In section 3, we present three MILP formulations for each different topology. Subsequently, in section 4 we present the Kruskal-based variable neighborhood search procedure. Then, in section 5 we present preliminary numerical results in order to compare the three MILP formulations together with their LP relaxations. Next, we compare the VNS procedure with the star and tree MILP models. Finally, section 6 concludes the paper.

## 2 PROBLEM FORMULATION

We model a fixed WBAN by the means of a graph  $G = (V = V_n \cup V_s, E)$ , where  $V_n$  denotes a set of bio-sensor nodes that sense and collect the data to be transmitted while  $V_s$  represents a sink node where all

the data is finally received. The set  $E$  represents the set of edges in the graph  $G$ . For sake of simplicity, in the remainder of the paper we assume that the graph  $G$  is a complete graph. We consider the following generic model we denote hereafter by  $P_0$  as

$$\min_{\{x,y\}} \max_{\{i \in V_n\}} \sum_{j \in V: (i,j) \in E} p_{ij} y_{ij} \quad (1)$$

$$s.t. y_{ij} \leq Lx_{ij}, \quad \forall i \in V_n, j \in V: (i,j) \in E \quad (2)$$

$$\sum_{j \in V: (i,j) \in E} y_{ij} - \sum_{j \in V: (j,i) \in E} y_{ji} \geq r_i, \quad \forall i \in V_n \quad (3)$$

$$R_{min} \leq r_i \leq R_{max}, \quad \forall i \in V_n \quad (4)$$

$$\text{Topology constraints on } x_{ij} \text{ variables} \quad (5)$$

$$x_{ij} \in \{0, 1\}, \quad y_{ij} \geq 0, \quad \forall i, j \in V \quad (6)$$

In  $P_0$ , variable  $x_{ij} = 1$  if node  $i$  is connected to node  $j$  and  $x_{ij} = 0$  otherwise. Variable  $y_{ij}, i, j \in V$  represents the amount of flow to be transmitted in edge  $(i, j) \in E$ . The input parameter  $p_{ij}$  denotes the unitary power required by node  $i$  to transmit a unit of flow  $y_{ij}$ . Hence, the objective function in (1) minimizes the worst power consumption of each bio-sensor node  $j \in V_n$  overall edges  $(i, j) \in E$ . Constraint (2) implies that  $y_{ij}$  should be equal to 0 if nodes  $i$  and  $j$  are not connected, i.e. when  $x_{ij} = 0$ . Here, we assume that each edge  $(i, j) \in E$  has a maximum link capacity denoted by  $L$ . Constraint (3) are flow constraints forcing each node  $i \in V_n$  to transmit the sensed and collected data through the network. For this purpose, we introduce data rate variables  $r_i$  for each node  $i \in V_n$ . In constraint (4), we further impose the condition that each variable  $r_i$  must be bounded as  $0 \leq R_{min} \leq r_i \leq R_{max}, i \in V_n$  where  $R_{min}$  and  $R_{max}$  are minimum and maximum data rate parameters. In general, constraint (4) is justified by the fact that low power medium access control (MAC) and routing protocols allow varying the amount of data to be transmitted by a particular node depending on the quality of the channels (Reusens et al., 2009; Ullah et al., 2012). Finally, constraint (5) represents a generic topology constraint we should impose with variables  $x_{ij}$  as stated in section 3.

In general, there exists several WBAN configurations such as star, tree, or mesh type networks (Ullah et al., 2012). The most common topology approach is a star one where the nodes are connected to the sink node in star manner (Ullah et al., 2012). However, the star configuration follows a single hop strategy which is not always the best choice. In (Reusens et al., 2009), the authors discuss about energy efficient topology designs for WBANs. They consider a tree network topology and discuss on the energy savings when using single hop and multi hop strategies. They

conclude that both single hop or multi hop strategies can achieve energy savings under different conditions (Reusens et al., 2009). In this paper, we compare three topology approaches for WBANs, a tree one, a star one and a ring topology as well. For this purpose, we assume that all bio-sensors can communicate with each other, i.e. we assume that the WBAN can be represented by means of a complete graph. Notice that the parameter  $L$  in  $P_0$  might lead to infeasible solutions when using a multi hop strategy in some cases. This can happen since the flow constraints (3) accumulate the amount of data to be transmitted from one node to another. Whereas in the single hop strategy this can rarely happen because the maximum capacity of  $L$  is always larger than  $R_{max}$ .

### 3 MILP FORMULATIONS

In this section, we present MILP formulations for the spanning tree, star and ring network configurations. For this purpose, we replace constraint (5) in model  $P_0$  by different set of constraints depending on the topology approach under consideration.

#### 3.1 Spanning Tree Topology Approach

We propose the following spanning tree MILP formulation and denote this model hereafter by  $P_1$  as follows

$$\min_{\{x,y,r,\lambda,t\}} t \quad (7)$$

$$s.t. \sum_{j \in V:(i,j) \in E} p_{ij} y_{ij} \leq t, \quad \forall i \in V_n \quad (8)$$

$$y_{ij} \leq Lx_{ij}, \quad \forall i \in V_n, j \in V : (i,j) \in E \quad (9)$$

$$\sum_{j \in V:(i,j) \in E} y_{ij} - \sum_{j \in V:(j,i) \in E} y_{ji} \geq r_i, \quad \forall i \in V_n \quad (10)$$

$$R_{min} \leq r_i \leq R_{max}, \quad \forall i \in V_n \quad (11)$$

$$\lambda_{kij} + \lambda_{kji} \geq x_{ij}, \quad \forall k, i, j \in V \quad (12)$$

$$\sum_{j \in V - \{i\}} \lambda_{kij} \leq 1, \quad \forall k, i \in V, (k \neq i) \quad (13)$$

$$\lambda_{kki} = 0, \quad \forall k, i \in V, (k \neq i) \quad (14)$$

$$\sum_{i,j \in V, i < j} x_{ij} = |V| - 1 \quad (15)$$

$$x_{ij} \in \{0, 1\}, \quad y_{ij} \geq 0, \quad \forall i, j \in V \quad (16)$$

$$\lambda_{kij} \in \{0, 1\}, \quad \forall k, i, j \in V \quad (17)$$

In particular, we replace the topology constraint (5) in  $P_0$  by the set of constraints (12)-(15) and (17) in  $P_1$ . This set of constraints characterizes the set of all spanning trees in graph  $G$  (Yannakakis, 1991). In  $P_1$ ,  $\lambda_{kij}, \forall k, i, j \in V$  are binary decision variables

required to characterize the spanning tree polytope (Yannakakis, 1991).

#### 3.2 Star Topology Approach

Similarly, a star MILP formulation can be obtained by replacing the topology constraint (5) by the set of constraints (23)-(24) and (26). Thus, we state the following model we denote by  $P_2$  as follows

$$\min_{\{x,y,r,\phi,t\}} t \quad (18)$$

$$s.t. \sum_{j \in V:(i,j) \in E} p_{ij} y_{ij} \leq t, \quad \forall i \in V_n \quad (19)$$

$$y_{ij} \leq Lx_{ij}, \quad \forall i \in V_n, j \in V : (i,j) \in E \quad (20)$$

$$\sum_{j \in V:(i,j) \in E} y_{ij} - \sum_{j \in V:(j,i) \in E} y_{ji} \geq r_i, \quad \forall i \in V_n \quad (21)$$

$$R_{min} \leq r_i \leq R_{max}, \quad \forall i \in V_n \quad (22)$$

$$x_{ij} \leq \phi_j, \quad \forall i, j \in V, (i \neq j) \quad (23)$$

$$\sum_{j \in V} \phi_j = \mathcal{P} \quad (24)$$

$$x_{ij} \in \{0, 1\}, \quad y_{ij} \geq 0, \quad \forall i, j \in V \quad (25)$$

$$\phi_j \in \{0, 1\}, \quad \forall j \in V \quad (26)$$

In  $P_2$ ,  $\phi_j, \forall j \in V$  are binary decision variables required to characterize the feasible set of the star configuration. In particular, we require that the input parameter  $\mathcal{P} = 1$  in order to obtain a star network configuration centred at the sink node with all the edges flowing into it. Notice that the constraints (23)-(24) can be merged into a single constraint as  $x_{ij} \leq 1, \forall i \in V_n, j \in V_s$ . However, we write them as such in order to further consider the more general case when  $1 < \mathcal{P} \leq |V|$  where  $|V|$  denotes the cardinality of  $V$ . This means we relax the star topology condition and allow a fully connected scenario, although at the cost of flooding the network.

#### 3.3 Ring Topology Approach

Finally, we obtain a ring topology MILP formulation by replacing the topology constraint (5) by the set of constraints (32)-(36) and (38). In particular, we use the set of constraints from the MILP formulation of the traveling salesman problem (Pataki, 2003). Thus, we formulate  $P_3$  as follows

$$\min_{\{x,y,r,u,t\}} t \quad (27)$$

$$s.t. \sum_{j \in V:(i,j) \in E} p_{ij} y_{ij} \leq t, \quad \forall i \in V_n \quad (28)$$

$$y_{ij} \leq Lx_{ij}, \quad \forall i \in V_n, j \in V : (i, j) \in E \quad (29)$$

$$\sum_{j \in V: (i,j) \in E} y_{ij} - \sum_{j \in V: (j,i) \in E} y_{ji} \geq r_i, \quad \forall i \in V_n \quad (30)$$

$$R_{min} \leq r_i \leq R_{max}, \quad \forall i \in V_n \quad (31)$$

$$\sum_{j \in V: (i,j) \in E} x_{ij} = 1, \quad \forall i \in V \quad (32)$$

$$\sum_{j \in V: (i,j) \in E} x_{ji} = 1, \quad \forall i \in V \quad (33)$$

$$u_1 = 1 \quad (34)$$

$$2 \leq u_i \leq |V|, \quad \forall i \in V, (i \neq 1) \quad (35)$$

$$u_i - u_j + 1 \leq (|V| - 1)(1 - x_{ij}), \quad \forall i, j \in V, (i \neq 1), (j \neq 1) \quad (36)$$

$$x_{ij} \in \{0, 1\}, \quad y_{ij} \geq 0, \quad \forall i, j \in V \quad (37)$$

$$u_j \in \mathbb{Z}_+, \quad \forall j \in V \quad (38)$$

In  $P_3$ ,  $u_i, \forall i \in V$  are integer decision variables required to characterize the feasible set of the traveling salesman problem (Pataki, 2003). Hereafter, we denote by  $LP_1$ ,  $LP_2$  and  $LP_3$  the LP relaxations of  $P_1$ ,  $P_2$  and  $P_3$ , respectively. In the next section, we present a Kruskal-based VNS algorithm that allows improving the optimal solutions found with the star topology approach.

## 4 KRUSKAL-BASED VNS ALGORITHM

Metaheuristics are simple algorithmic procedures commonly used to find near optimal (or suboptimal) solutions for combinatorial optimization problems. From a practical point of view, they have proven to be highly effective when solving many of these hard problems (Glover and Kochenberger, 2003). Especially when the dimensions of the problem increase rapidly which is often the case in real world applications and where no solver is available to solve these problems to optimality. The most frequently utilized metaheuristics approaches are: genetic algorithms, tabu search, ant colony system, particle swarm optimization, variable neighborhood search, simulated annealing, among others. For a detailed explanation on how these metaheuristics procedures work, we refer the reader to the book in (Glover and Kochenberger, 2003). Basically, any metaheuristic approach would serve to compute feasible solutions for our tree MILP formulation. However, we choose VNS mainly due to its simplicity and low memory requirements. In particular, we adopt a reduced VNS strategy which

drops the local search phase of the basic VNS algorithm as it is the most time consuming step (Hansen and Mladenovic, 2001). In order to compute feasible solutions for  $P_1$  using a VNS approach, we observe that for any fixed assignment of variable  $x = \bar{x}$  in  $P_1$ , the problem reduces to solve the following linear programming problem

$$\min_{\{y, r, t\}} t \quad (39)$$

$$s.t. \quad \sum_{j \in V: (i,j) \in E} p_{ij} y_{ij} \leq t, \quad \forall i \in V_n \quad (40)$$

$$y_{ij} \leq L\bar{x}_{ij}, \quad \forall i \in V_n, j \in V : (i, j) \in E \quad (41)$$

$$\sum_{j \in V: (i,j) \in E} y_{ij} - \sum_{j \in V: (j,i) \in E} y_{ji} \geq r_i, \quad \forall i \in V_n \quad (42)$$

$$R_{min} \leq r_i \leq R_{max}, \quad \forall i \in V_n \quad (43)$$

$$y_{ij} \geq 0, \quad \forall i, j \in V \quad (44)$$

Hereafter, we denote by  $P_r$  the LP problem (39)-(44). Notice that the number of feasible assignments for  $x$  in  $P_1$  grows rapidly with the size of the instances. Also notice that not all of these trees are feasible for  $P_r$  since the capacity of each edge  $(i, j) \in E$  is limited by  $L$ . We propose a Kruskal VNS approach to compute feasible solutions for  $P_1$  by randomly generating these trees. VNS is a recently proposed metaheuristic approach (Hansen and Mladenovic, 2001) that uses the idea of neighborhood change during the descent toward local optima and to avoid the valleys that contain them. The VNS approach we propose is presented in Figure 1.

It receives an instance of problem  $P_1$  as input and provides a feasible solution for it. We denote by  $(\tilde{x}, \tilde{y}, \tilde{r}, \tilde{t})$  the final solution obtained with the algorithm where  $\tilde{t}$  represents the objective function value of  $P_r$ . The algorithm is simple and works as follows. In Step 0, we initialize all the required variables. Then, in Step 1 we obtain an initial feasible solution for the problem. For this purpose, we solve  $P_2$  and obtain the star network configuration  $x = \bar{x}$ . Then, we construct a cost vector  $c(i, j)$  for each edge  $(i, j) \in E$  in such a way that  $x = \bar{x}$  can also be obtained with Kruskal algorithm (Cormen et al., 2001). Finding vector  $c(i, j)$  is required since we start our VNS from the optimal solution of  $P_2$ . Next, we save the optimal objective function value of  $P_2$  and the constructed vector  $c(i, j)$  as the bests found so far. We define the neighborhood structure  $Ng(c)$  as the set of neighbor vectors  $c'$  at a distance "h" from  $c$  where the distance "h" corresponds to the number of entries in vector  $c$  that are randomly swapped. There are  $|E|!$  number of vectors  $c'$  in  $Ng(c)$  including  $c$ . Here, we denote by  $|E|$  the cardinality of  $E$ . During the execution of the while loop in Step 2, the algorithm per-

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Input: A problem instance of  $P_1$   
Output: A feasible solution  $(\bar{x}, \bar{y}, \bar{r}, \bar{t})$  for  $P_1$

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**Step 0:**  
 $Time \leftarrow 0$ ;  $\mathcal{H} \leftarrow \theta$ ;  $min \leftarrow \infty$   
 $count \leftarrow 0$ ;  $x_{i,j} \leftarrow 0, \forall i, j \in V$

**Step 1:**  
Solve  $P_2$ ; Let  $(\bar{x}, \bar{y}, \bar{r}, \bar{t})$  be the optimal solution of  $P_2$ .  
Construct a cost vector  $c = c(i, j), \forall (i, j) \in E$   
such that  $\bar{x}$  can be obtained with Kruskal algorithm.  
 $min \leftarrow \bar{t}$ ;  $cOpt(i, j) \leftarrow c(i, j), \forall (i, j) \in E$

**Step 2:**  
while ( $Time \leq maxTime$ )  
  For  $h = 1$  to  $\mathcal{H}$   
    choose randomly two different edges  $(i, j), (k, l) \in E$   
     $aux \leftarrow c(i, j); c(i, j) \leftarrow c(k, l); c(k, l) \leftarrow aux$   
  end for  
 $\bar{x} \leftarrow Kruskal(G, c)$ ;  
Solve the linear problem  $P_r$ .  
if ( $P_r$  is feasible)  
  Let  $(\bar{y}, \bar{r}, \bar{t})$  be the optimal solution of  $P_r$  with  
  objective function value  $\bar{t}$   
  if ( $min > \bar{t}$ )  
     $min \leftarrow \bar{t}$ ;  $cOpt(i, j) \leftarrow c(i, j), \forall (i, j) \in E$   
     $\mathcal{H} \leftarrow 1$ ;  $count \leftarrow 0$   
  else  
     $c(i, j) \leftarrow cOpt(i, j), \forall (i, j) \in E$   
     $count \leftarrow count + 1$   
    if ( $count > \eta$ )  
      if ( $\mathcal{H} \leq \theta$ )  
         $\mathcal{H} \leftarrow \mathcal{H} + 1$   
      else  
         $\mathcal{H} \leftarrow 1$   
      end if  
    end if  
     $count \leftarrow 0$   
  end if  
end if  
end if  
end while

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Figure 1: VNS Algorithm.

forms a variable neighborhood search by randomly swapping  $\mathcal{H} \leq \theta$  values in vector  $c$  where  $\theta$  represents a parameter for the maximum number of swapping movements. For each generated vector  $c'$  in  $Ng(c)$ , we find a maximum spanning tree  $x = \bar{x}$  for  $G$  using Kruskal algorithm. Then, for each found tree we solve  $P_r$ . If  $P_r$  is feasible we obtain a new solution  $(\bar{y}, \bar{r}, \bar{t})$  with objective function value  $\bar{t}$  that we compare with the best found so far. If this new solution is better, we save  $\bar{t}$  and the new vector  $c(i, j), (i, j) \in E$ . In case  $P_r$  is infeasible, the solution is discarded and not considered as a valid solution. Initially,  $\mathcal{H} \leftarrow 1$  while it is increased in one unit when there is no improvement after new “ $\eta$ ” solutions have been evaluated. On the other hand, if a new current solution is better than the best found so far, then  $\mathcal{H} \leftarrow 1$ , the new solution is recorded and the process goes on. Note that if “ $\eta$ ” solutions have been evaluated without improvement and if  $\mathcal{H} = \theta$ , then we also set  $\mathcal{H} \leftarrow 1$ . This gives the possibility of searching in a loop manner from small to large zones of the feasible space. The whole process is repeated while the cpu time variable “ $Time$ ” is less than or equal to the maximum available “ $maxTime$ ”.

## 5 NUMERICAL RESULTS

In this section, we present preliminary numerical results in order to compare the three MILP and LP formulations. Then, we compare the proposed VNS algorithm with the tree and star MILP formulations. Finally, we present numerical results for  $P_2$  when incrementing the parameter  $\mathcal{P}$  from 1 to  $|V|$ . The latter resembles the case where a flooding data transmission situation is possible.

In our numerical tests, we assume that we only have one node acting as a sink node which receives all sensed and collected data sent by the remaining nodes in the network. The input data is randomly generated as follows. The entries in matrix  $P_{ij}$  are drawn from the interval  $(0, 2]$  (Elias and Mehaoua, 2012). The maximum capacity for each edge  $(i, j) \in E$  is set to  $L = 5Mbps$  and  $L = 10Mbps$ . The minimum acceptable data rate generated by each node  $i \in V_n$  is  $R_{min} = 128$  kbps whereas the maximum data rate is set to  $R_{max} = 512$  kbps. The parameters  $\theta$  and  $\eta$  in the VNS algorithm were calibrated to the values of  $\theta = \frac{|V|}{2}$  and  $\eta = 50$ , respectively. A Matlab program is implemented using CPLEX 12 to solve the MILP and LP models. The numerical experiments have been carried out on a Intel(R) 64bits core(TM) with 3.4 Ghz and 8 GoBytes of RAM. In Table 1, column 1 shows the number of nodes considered for each instance. Then, columns 2-5, 6-9, and 10-13 present the optimal solutions, lower bounds, and cpu time in seconds for the MILP and LP models respectively. Finally, in columns 14-16 we present gaps we compute as  $\left(\frac{P_i - LP_i}{P_i}\right) * 100$  for  $P_i, i = 1, 2, 3$ , respectively. Without loss of generality, we set the maximum available cpu time for CPLEX to solve the MILP formulations to 1 hour. From Table 1, we observe that the objective function values of the LP models are equal for all the instances. On the opposite, the objective function values of  $P_1$  are lower than those obtained with  $P_2$  and  $P_3$  for the instances 1-28 when using  $L = 5Mbps$  and for the instances 1-22 when using  $L = 10Mbps$ , respectively. For the instances 28-60, these values are larger than  $P_2$  and  $P_3$  in most of the cases. This can be explained by the fact that  $P_1$  has more variables and constraints than  $P_2$  and  $P_3$ . Consequently, it is harder to find feasible solutions with CPLEX in one hour of cpu time. This is also confirmed by the cpu times required by CPLEX to solve  $LP_1$  which is not the case for  $LP_2$  and  $LP_3$ . In general, we observe that the star topology approach is more restrictive than the ring one. Similarly, the ring approach is more restrictive than the tree one. Indeed, the star topology approach represented by  $P_2$  is not a combinatorial optimization problem when  $\mathcal{P} = 1$  as it has only one

Table 1: Numerical results for the MILP and LP formulations.

Randomly generated instances using $L = 5Mbps$ .															
$ V $	$P_1$	$LP_1$	cpu $P_1$	cpu $LP_1$	$P_2$	$LP_2$	cpu $P_2$	cpu $LP_2$	$P_3$	$LP_3$	cpu $P_3$	cpu $LP_3$	Gap <sub>1</sub> (%)	Gap <sub>2</sub> (%)	Gap <sub>3</sub> (%)
4	172.9123	128.3024	0.10	0.08	230.4138	128.3024	0.08	0.08	259.3685	128.3024	0.09	0.08	25.80	44.32	50.53
6	116.5641	98.4527	0.13	0.08	216.1451	98.4527	0.09	0.12	318.5687	98.4527	0.12	0.08	15.54	54.45	69.10
8	130.0117	98.1275	0.63	0.09	233.8014	98.1275	0.08	0.08	227.8687	98.1275	0.13	0.08	24.52	58.03	56.79
10	110.5027	78.2920	13.93	0.11	251.9203	78.2920	0.08	0.08	364.8153	78.2920	0.65	0.08	29.15	68.92	78.54
12	130.4526	97.9122	40.04	0.16	245.1696	97.9122	0.09	0.08	604.7503	97.9122	2.03	0.09	24.94	60.06	83.81
14	92.1095	71.1643	105.58	0.28	211.3495	71.1643	0.09	0.08	360.7896	71.1643	64.14	0.09	22.74	66.33	80.28
16	82.5006	59.6906	199.44	0.36	241.4101	59.6906	0.09	0.09	371.4371	59.6906	48.42	0.09	27.65	75.27	83.93
18	140.0872	86.8162	3600	0.45	245.6945	86.8162	0.08	0.08	522.0311	86.8162	142.72	0.11	38.03	64.66	83.37
20	141.7066	95.2401	3600	1.04	255.1937	95.2401	0.09	0.08	628.2930	95.2401	3600	0.09	32.79	62.68	84.84
22	124.0203	49.9234	3600	2.28	232.0149	49.9234	0.09	0.09	596.5942	49.9234	3600	0.11	59.75	78.48	91.63
24	111.3924	66.8960	3600	2.57	252.9113	66.8960	0.09	0.09	737.1375	66.8960	3600	0.09	39.95	73.55	90.92
26	195.2991	65.0101	3600	4.35	252.6639	65.0101	0.10	0.09	1196.3041	65.0101	3600	0.11	66.71	74.27	94.57
28	239.6097	57.6606	3600	11.50	250.5124	57.6606	0.10	0.10	1593.2391	57.6606	3600	0.10	75.94	76.98	96.38
30	4173.3474	73.5776	3600	14.59	250.1774	73.5776	0.11	0.10	1549.9782	73.5776	3600	0.11	98.24	70.59	95.25
32	2524.4269	63.6507	3600	21.48	241.8655	63.6507	0.11	0.13	1156.7195	63.6507	3600	0.13	97.48	73.68	94.50
34	3265.2463	79.1640	3600	38.41	250.6571	79.1640	0.11	0.11	2515.5312	79.1640	3600	0.13	97.57	68.42	96.85
36	3449.0415	90.2439	3600	61.26	249.3950	90.2439	0.13	0.11	2386.0148	90.2439	3600	0.13	97.38	63.81	96.22
38	6435.0315	53.0661	3600	88.53	253.0734	53.0661	0.11	0.11	2305.0976	53.0661	3600	0.14	99.18	79.03	97.70
40	3767.6438	69.0079	3600	152.87	254.6958	69.0079	0.19	0.11	2920.8120	69.0079	3600	0.36	98.17	72.91	97.64
42	6478.9697	66.3856	3600	232.83	251.4469	66.3856	0.13	0.13	*	*	*	*	98.98	73.60	*
44	404.3876	41.0750	3600	355.25	242.7594	41.0757	0.14	0.17	*	*	*	*	89.84	83.08	*
46	-	70.0438	3600	505.22	253.9118	70.0677	0.14	0.13	*	*	*	*	-	72.40	*
48	-	52.1815	3600	3017.54	255.5081	52.1907	0.14	0.12	*	*	*	*	-	79.57	*
50	3772.5815	92.4267	3600	1439.90	254.7817	92.4267	0.16	0.13	*	*	*	*	97.55	63.72	*
52	-	65.1555	3600	2845.34	254.1981	65.1555	0.16	0.14	*	*	*	*	-	74.37	*
54	5584.2879	-	3600	3600	254.6640	76.2489	0.16	0.16	*	*	*	*	-	70.06	*
56	-	-	3600	3600	252.0183	67.3089	0.19	0.16	*	*	*	*	-	73.29	*
58	-	-	3600	3600	249.9084	26.5575	0.16	0.19	*	*	*	*	-	89.37	*
60	-	-	3600	3600	249.7696	57.4137	0.17	0.19	*	*	*	*	-	77.01	*
Randomly generated instances using $L = 10Mbps$ .															
$ V $	$P_1$	$LP_1$	cpu $P_1$	cpu $LP_1$	$P_2$	$LP_2$	cpu $P_2$	cpu $LP_2$	$P_3$	$LP_3$	cpu $P_3$	cpu $LP_3$	Gap <sub>1</sub> (%)	Gap <sub>2</sub> (%)	Gap <sub>3</sub> (%)
4	161.3486	161.3486	0.12	0.11	161.3486	161.3486	0.09	0.11	236.2260	161.3486	0.09	0.08	0.00	0.00	31.70
6	158.8516	113.4866	0.19	0.11	206.0860	113.4866	0.09	0.09	306.9530	113.4866	0.13	0.09	28.56	44.93	63.03
8	167.8537	118.2662	2.20	0.11	231.5832	118.2662	0.11	0.11	317.6564	118.2662	0.20	0.09	29.54	48.93	62.77
10	109.7763	79.6662	17.94	0.14	254.6038	79.6662	0.11	0.09	197.8088	79.6662	0.44	0.09	27.43	68.71	59.68
12	94.1630	71.2765	20.19	0.19	223.6883	71.2765	0.11	0.12	347.9636	71.2765	2.79	0.14	24.31	68.14	79.52
14	207.4696	152.5034	598.04	0.31	237.1391	152.5034	0.11	0.09	986.0484	152.5034	1.45	0.11	26.49	35.69	84.53
16	131.7450	86.6705	602.14	0.91	237.6965	86.6705	0.13	0.13	519.7352	86.6705	12.56	0.11	34.21	63.54	83.32
18	85.2014	54.9582	3600	0.98	233.4220	54.9582	0.11	0.14	823.4773	54.9582	589.97	0.12	35.50	76.46	89.50
20	157.2792	81.2429	3600	0.97	234.7924	81.2429	0.11	0.11	667.5972	81.2429	3600	0.12	48.34	65.40	87.63
22	110.0376	45.6260	3600	8.33	246.2602	45.6260	0.11	0.11	647.3801	45.6260	3600	0.11	58.54	81.47	92.95
24	843.3065	41.1025	3600	56.91	250.8984	41.1025	0.11	0.11	967.8684	41.1025	3600	0.13	95.13	83.62	95.75
26	209.3268	92.9892	3600	4.15	253.9718	92.9892	0.14	0.11	994.8130	92.9892	1156.95	0.13	55.58	63.39	90.65
28	2016.3067	42.6314	3600	12.10	255.3950	42.6314	0.13	0.09	197.8088	42.6314	3600	0.14	97.39	83.31	96.67
30	5373.1321	58.1214	3600	16.65	251.0201	58.1214	0.17	0.11	1230.8660	58.1214	3600	0.14	98.92	76.85	95.28
32	3332.8286	30.1231	3600	25.69	254.4229	30.1231	0.11	0.13	1074.1794	30.1231	3600	0.13	99.10	88.16	97.20
34	3392.8137	93.6433	3600	39.80	253.7157	93.6433	0.13	0.14	2732.1523	93.6433	3600	0.14	97.24	63.09	96.57
36	5244.9209	29.3966	3600	60.01	255.9196	29.3966	0.13	0.14	3235.5210	29.3966	3600	0.14	99.44	88.51	99.09
38	5446.6537	57.2381	3600	78.61	241.8279	57.2381	0.13	0.13	2428.3402	57.2381	3600	0.14	98.34	75.21	97.63
40	4250.6198	38.5896	3600	144.18	249.9781	38.5896	0.14	0.19	3640.5934	38.5896	3600	0.16	99.09	84.56	98.94
42	6679.8978	41.1930	3600	216.37	255.4910	41.1930	0.14	0.14	3467.4348	41.1930	3600	0.33	99.38	83.88	98.81
44	3851.1773	46.0622	3600	298.01	252.7924	46.0622	0.16	0.13	4608.9222	46.0622	3600	0.16	98.80	81.78	99.00
46	8659.0365	76.6142	3600	469.25	255.1479	76.6142	0.16	0.13	3781.4271	76.6142	3600	0.16	99.12	69.57	97.97
48	10308.6667	52.3929	3600	796.32	254.1402	52.3929	0.16	0.16	4131.4633	52.3929	3600	0.17	99.49	79.38	98.73
50	6110.0211	39.9700	3600	1418.00	241.4975	39.9700	0.19	0.14	4126.8010	39.9700	3600	0.17	99.25	83.45	99.03
52	3277.5764	50.6042	3600	2301.87	254.2301	50.6042	0.19	0.16	4906.0580	50.6042	3600	0.17	98.46	80.10	98.97
54	7135.9017	-	3600	3600	253.9738	51.9915	0.36	0.17	6287.3268	51.9915	3600	0.37	-	79.53	99.17
56	12326.6801	-	3600	3600	253.6447	81.6661	0.19	0.17	6068.5311	81.6661	3600	0.23	-	67.80	98.65
58	8488.0286	-	3600	3600	248.2675	28.4356	0.20	0.19	6648.1337	28.4220	3600	0.22	-	88.55	99.57
60	11134.9972	-	3600	3600	255.3221	43.8373	0.20	0.19	6911.7691	43.8373	3600	0.39	-	82.83	99.37

-: No solution found.  
\*: Infeasible.

possible trivial solution for variable  $x$  which is the star configuration. We also see that for instances with more than 40 nodes, the ring models  $P_3$  and  $LP_3$  are infeasible when using  $L = 5Mbps$ . This can be explained by the fact that the edge capacities in the network are limited by parameter  $L$ . This is not the case for the tree and star topology approaches which are always feasible. As an example of this, we consider again the star network configuration which is also a tree. We also see that the gaps are smaller for the tree topology approach for instances 1-28 and 1-22, and larger for instances 30-60 and 24-60 when using  $L = 5Mbps$  and  $L = 10Mbps$ , respectively. But, again this can be explained by CPLEX performance which deteriorates when solving large size instances of the problem. Finally, we see that the optimal solutions found with the star topology approach are considerably lower than those obtained with the ring approach which suggests that it is more convenient to simply use the star configuration when a tree solution is not available in a reasonable cpu time. Since the tree topology approach can provide better feasible solutions for the WBAN problem, in Tables 2 and 3 we compare the proposed VNS algorithm presented in Figure 1 with the optimal objective function values of  $P_1$ . In particular, in Table 2, we present numeri-

cal results for  $L = 5Mbps$  whereas in Table 3, we set  $L = 10Mbps$ . Both tables present the same column information. Column 1 shows the number of nodes considered for each instance. In columns 2-3 and 4-5 we present the objective function values and cpu time in seconds for  $P_1$  and  $P_2$ , respectively. Here, we also set the maximum available cpu time for CPLEX to one hour and 300 seconds for the VNS approach. Then, in columns 6-7 we present the best solution found with VNS approach and its cpu time in seconds. Finally, in columns 8-9 we show gaps for the initial solution and best solution found with VNS. These gaps are computed as  $Gap_{TVNS}^{Ini} = \left( \frac{P_1 - IniSol}{P_1} \right) * 100$  and  $Gap_{TVNS} = \left( \frac{P_1 - TVNS}{P_1} \right) * 100$  respectively. Here,  $IniSol$  denotes the initial solution found with  $P_2$  as explained in the VNS algorithm presented in Figure 1. Note that this gap coincides with the gap between  $P_2$  and  $P_1$ .

From Tables 2 and 3, we mainly observe that VNS approach improves the optimal objective function values of  $P_2$  for most of the instances. We also see that the solutions found with the star topology approach are not very far from the optimal solutions found with  $P_1$ . This is the case for instances with up to 16 nodes where CPLEX can solve the problem to optimality in

Table 2: Comparing the VNS algorithm with the tree and star topology approaches for  $L = 5Mbps$ .

$ V $	$P_1$	cpu $P_1$	$P_2$	cpu $P_2$	TVNS	cpu TVNS	Gap $_{TVNS}^{LP_2}$ (%)	Gap $_{TVNS}^{VNS}$ (%)
4	162.7889	0.15	181.7955	0.10	162.7889	0.28	11.68	0.00
6	130.7177	0.13	237.5767	0.09	130.7177	4.89	81.75	0.00
8	138.2804	0.46	253.2526	0.11	138.2804	27.48	83.14	0.00
10	204.3663	48.08	239.1874	0.11	204.3663	17.71	17.04	0.00
12	161.4248	162.49	232.9846	0.11	161.4248	74.87	44.33	0.00
14	109.1878	536.17	242.8569	0.13	173.1598	300	122.42	58.59
16	125.7083	625.16	251.7890	0.13	175.4427	300	100.30	39.56
18	104.7611	3600	246.8710	0.13	169.0028	300	135.65	61.32
20	136.5206	3600	220.1141	0.12	157.5897	300	61.47	15.60
22	132.9221	3600	241.1231	0.13	205.2670	300	81.40	54.43
24	238.3949	3600	255.3129	0.13	238.3949	2.11	7.10	0.00
26	243.4611	3600	252.3117	0.12	243.4611	1.78	3.64	0.00
28	182.2605	3600	234.3619	0.12	212.9248	300	28.59	16.82
30	243.6324	3600	247.7179	0.13	243.6324	3.25	1.68	0.00
32	4054.8263	3600	255.4642	0.14	226.9286	300	< 0	< 0
34	1736.2377	3600	245.4668	0.16	242.9136	300	< 0	< 0
36	6688.2599	3600	253.2627	0.16	249.3354	300	< 0	< 0
38	5507.4285	3600	251.5471	0.33	231.1319	300	< 0	< 0
40	4404.3266	3600	252.7837	0.16	248.3448	300	< 0	< 0
42	3997.2096	3600	254.4504	0.19	244.3861	300	< 0	< 0
44	409.0830	3600	247.5290	0.17	247.5290	300	< 0	< 0
46	-	3600	253.1534	0.17	250.1164	300	-	-
48	-	3600	255.8555	0.17	255.8555	300	-	-
50	4383.5935	3600	251.9520	0.19	249.4831	300	< 0	< 0
52	-	3600	254.4080	0.17	249.7041	300	< 0	< 0
54	3970.1243	3600	254.5704	0.19	245.4474	300	< 0	< 0
56	-	3600	254.4691	0.20	254.4691	300	< 0	< 0
58	-	3600	244.6565	0.23	244.6565	300	-	-
60	-	3600	255.9535	0.34	249.3236	300	-	-

-: No solution found.  
 < 0: Negative gap.

Table 3: Comparing the VNS algorithm with the tree and star topology approaches for  $L = 10Mbps$ .

$ V $	$P_1$	cpu $P_1$	$P_2$	cpu $P_2$	TVNS	cpu TVNS	Gap $_{TVNS}^{LP_2}$ (%)	Gap $_{TVNS}^{VNS}$ (%)
4	224.9149	0.11	252.7684	0.11	224.9149	1.16	12.38	0.00
6	157.9910	0.13	249.5453	0.08	157.9910	6.47	57.95	0.00
8	122.0700	0.86	223.3105	0.11	140.3444	300	82.94	14.97
10	86.0596	4.26	245.3015	0.13	91.4057	300	185.04	6.21
12	184.3654	219.71	235.0383	0.13	156.7696	300	52.26	1.56
14	228.2618	569.32	253.9770	0.13	239.0206	300	11.27	4.71
16	96.0876	51.14	245.4360	0.13	146.2030	300	146.20	62.81
18	148.2626	3600	244.0291	0.31	174.1759	300	64.59	17.48
20	212.1160	3600	254.9278	0.11	212.1160	50.25	20.18	0.00
22	276.3054	3600	244.1628	0.17	218.1632	300	< 0	< 0
24	412.0215	3600	249.2979	0.14	245.7859	300	< 0	< 0
26	4005.5097	3600	249.7173	0.31	209.0481	300	< 0	< 0
28	340.8418	3600	236.4095	0.14	155.4772	300	< 0	< 0
30	3220.0005	3600	250.7632	0.34	223.3664	300	< 0	< 0
32	3501.5596	3600	252.3360	0.14	236.5049	300	< 0	< 0
34	2926.9978	3600	254.4703	0.14	251.3070	300	< 0	< 0
36	4534.1685	3600	251.3342	0.16	223.2100	300	< 0	< 0
38	6013.2241	3600	253.5718	0.19	248.8768	300	< 0	< 0
40	4641.5615	3600	244.5667	0.14	244.5667	300	< 0	< 0
42	5388.5247	3600	255.5524	0.16	237.7339	300	< 0	< 0
44	4038.1242	3600	245.8233	0.19	228.4913	300	< 0	< 0
46	8611.3871	3600	252.3020	0.36	245.9307	300	< 0	< 0
48	5434.4153	3600	243.5083	0.37	240.8507	300	< 0	< 0
50	4998.2235	3600	254.3199	0.19	254.3199	300	< 0	< 0
52	8623.4855	3600	253.8108	0.19	248.0597	300	< 0	< 0
54	6383.7045	3600	255.2982	0.36	252.4182	300	< 0	< 0
56	10061.0697	3600	255.8105	0.39	255.8105	300	< 0	< 0
58	8297.8535	3600	254.9113	0.19	254.9113	300	< 0	< 0
60	4660.1790	3600	254.1911	0.22	254.1911	300	< 0	< 0

-: No solution found.  
 < 0: Negative gap.

less than one hour. On the opposite, for instances with more than 28 nodes in Table 2 and with more than 22 nodes in Table 3, the solutions obtained with  $P_1$  in one hour are significantly deteriorated since solving these instances with CPLEX becomes rapidly prohibitive. Next, we observe that the cpu time required to solve  $P_2$  is less than one second for all the instances in Tables 2 and 3, respectively. Finally, we see that the major improvements for the VNS approach occur when solving small and medium size instances with up to 40 nodes. The latter suggests that the star configuration is not a bad choice when the instances dimensions increase. We believe that VNS can not find significantly better solutions for large size instances of the problem because there are more infeasible solutions in the WBAN when the number of nodes increase. The infeasibility can be explained by the fact that having a larger number of nodes in the network implies sending a larger amount of data through the network, and

then the edge capacities are rapidly saturated. Obviously, this can be fixed by incrementing the edge capacities in the network.

### 5.1 A Flooding Network Scenario

We also consider the case where all nodes can be directly connected to more than one node acting as a star node. For this purpose, we relax the condition imposed for the parameter  $\mathcal{P} = 1$  in  $P_2$  and allow it to vary from  $\mathcal{P} = 1$  to  $\mathcal{P} = |V|$ . Notice that when  $\mathcal{P} = |V|$ , it means that all nodes in the network are fully connected. In this case, the optimal solutions of  $P_2$  are equal to those obtained with  $LP_2$ .

From a practical point of view, this situation would provide some insight about how many nodes acting as stars are required to obtain a minimum cost energy consumption in the network. In Figure 2, we solve four instances of  $P_2$  with different number of nodes while varying  $\mathcal{P}$ . The horizontal axes show the parameter  $\mathcal{P}$  while vertical axes show the optimal objective function values of  $P_2$  and  $LP_2$ , respectively. From this figure, we mainly observe that the optimal solutions of  $P_2$  decrease rapidly when incrementing  $\mathcal{P}$  which means that very low energy consumption levels can be obtained at the cost of low flooding levels as well.

## 6 CONCLUSIONS

In this paper, we proposed a minmax robust formulation for routing in healthcare wireless body area networks (WBAN). The model minimizes the worst case power consumption of each bio-sensor node placed in the body of a patient subject to flow rate and network topology constraints. So far we considered three topologies in the problem: a spanning tree, a star, and a ring topology as well. In particular, we used an equivalent polynomial formulation of the spanning tree polytope (Yannakakis, 1991) to avoid having an exponential number of cycle elimination constraints in the model. For the ring topology approach, we used constraints from the well known mixed integer linear programming (MILP) formulation of the traveling salesman problem (Pataki, 2003). Thus, we computed optimal solutions and lower bounds directly using the MILP and LP relaxations. Finally, we proposed a Kruskal-based variable neighborhood search metaheuristic to improve the solutions obtained with the star topology approach. Our preliminary numerical results showed that the tree approach is the most convenient while the ring approach is the most expensive one. We also noticed that the difference between

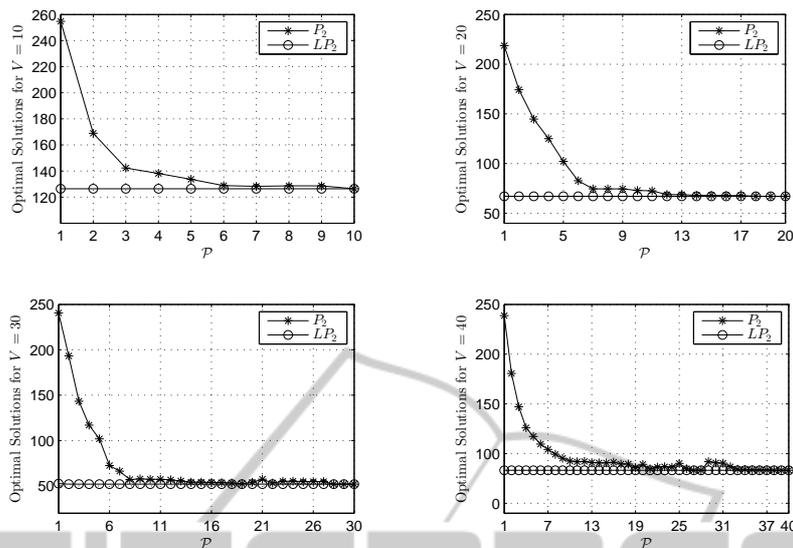


Figure 2: Optimal solutions for the star MILP when incrementing  $P$ .

the objective function values of the tree and star configurations is not so large and that VNS improved the solutions obtained with the star configuration in most of the cases, although, at a higher computational cost. Finally, we observed that only a few nodes acting as star nodes are required to obtain low energy levels rapidly at the cost of low flooding levels as well.

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