

# Assessment of the Extent of the Necessary Clinical Testing of New Biotechnological Products Based on the Analysis of Scientific Publications and Clinical Trials Reports

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**Abstract:** To estimate patients risks and make clinical decisions, evidence based medicine (EBM) relies upon the results of reproducible trials and experiments supported by accurate mathematical methods. Experimental and clinical evidence is crucial, but laboratory testing and especially clinical trials are expensive and time-consuming. On the other hand, a new medical product to be evaluated may be similar to one or many already tested. Results of the studies hitherto performed with similar products may be a useful tool to determine the extent of further pre-clinical and clinical testing. This paper suggests a workflow design aimed to support such an approach including methods for information collection, assessment of research reliability, extraction of structured information about trials and meta-analysis. Additionally, the paper contains a discussion of the issues emerging during development of an integrated software system that implements the proposed workflow.

## 1 INTRODUCTION

The practice of evidence based medicine (EBM) introduced in early 1990s has now become quite common. Among other things, EBM methods include examination of the outcomes of randomized clinical trials, scientific literature surveys and analysis of the results of pre-clinical experiments.

Regenerative medicine is a relatively new interdisciplinary field of research and clinical practice. It focuses on reparation, replacement or regeneration of cells, tissues or even whole organs in order to recover their functions. The general approaches employed in regenerative medicine include the use of small biologically active molecules, gene therapy, stem cells transplantation, tissue engineering, etc. Stem cell therapy is now being widely tested in animal disease models and patients with ischemic heart disease, stroke, autoimmune and many other medical conditions.

The evidence-based evaluation of the regenerative medicine field demands detailed information systematization and analysis. The safety proof and the estimation of possible harm of a method are mandatory for this method to be allowed for use in humans. In

this case results of pre-clinical experiments with animals usually serve as the evidence basis.

Clinical and preclinical trials are expensive and laborious. However, absolutely break through cures based on revolutionary principles emerge rarely. Usually every novel treatment is just a development of an already existing one or an application of a known method to a different disease. Qualitative and quantitative analysis of data already obtained by others may help to save on pre-clinical and clinical tests.

To address the described problem we are developing a software that automates search and analysis and aids meta-analysis of published results of pre-clinical tests and clinical trials. This system integrates methods for metasearch, paper quality assessment, information extraction, similarity search, classification and other auxiliary resources like thesauri. The most difficult subtasks are selection of high-quality scientific publications and clinical trials, information extraction and comparison of the assessed methods on the basis of the extracted information (classification).

The rest of paper is organized as follows: in Section 2 we review the existing works on the subject (including sub-subjects), in Section 3 we present the

proposed methodology for automated portfolio compilation, in Section 4 we describe the proposed system and in Section 5 we discuss the current state of work and expected results.

## 2 RELATED WORK

The field of the structured information extraction is widely exploited nowadays (Jensen et al., 2012). Medical and clinical text mining is in the focus of the modern research in the field (Demner-Fushman et al., 2009). A number of shared tasks were held recently (i2b2 and CLEF eHealth). During these shared tasks participants were asked to develop methods to automatically extract such information as medication and diseases mentions, laboratory measurements descriptions, characteristics of patients etc. Despite rather good results were achieved, the general problem of understanding medical texts has not been solved. There is no doubt that these competitions will be held in the future (Chapman et al., 2011). The most widely used instruments for information extraction nowadays are conditional random fields (Li et al., 2008), hand-crafted heuristic rules (e.g. based on finite state machines), dictionary lookups (Savova et al., 2010) and support vector machines (Kiritchenko et al., 2010).

The general problem within the mentioned approaches is the need of large annotated corpus to train the models. There are three promising ways to overcome this issue, i.e. crowdsourcing, bootstrapping, (inter)active learning. Crowdsourcing has been continuously gaining its popularity during the past years, but the confidence level of the crowdsourced corpora is still far from ideal. (Zhai et al., 2013) reports confidence between 0.7 to 0.9. Bootstrapping is a very common technique used mainly for getting large corpora from the Web and for building dictionaries (Riloff et al., 1999). These corpora are mostly used to learn to extract named entities and relations between them (Etzioni et al., 2008).

The most promising approach for estimation of possible effects of a substance on live beings or environment is the analysis of relations between structure of the substance molecule and its activity, i.e. QSAR (Valerio Jr, 2009). Expert systems are as well as QSAR modeling based ones are employed to solve this task (Marchant et al., 2008). The existing models lack prediction accuracy of such important characteristics as carcinogenicity, genotoxicity, impact on fetus, teratogenicity etc. Development of combined approaches has been recently initiated. Such approaches try to reconcile QSAR modeling with experimental data *in vivo* and *in vitro* (Crump et al., 2010).

Hence, there are no production-ready systems for safety and effectiveness estimation of the regenerative medicine methods. However, we think that existing models for chemical toxicity prediction may be useful to build such a system.

## 3 WORKFLOW

In this section we describe the software system expected to simplify the development of new treatments. The system bases on the following principles:

- Minimization of the amount of manual labor involved in search and analysis of the information.
- Unification of the methods used to solve various sub-tasks (as much as possible).
- Intensive use the user's feedback.
- Employment of the existing methods as effectively as possible.

Figure 1 presents the flowchart of the general algorithm of the system being developed.

To help user to collect information on a particular subject, we integrate a metasearch module to the system. This module allows user to search in multiple databases simultaneously. User fills in the search query with the help of various domain-specific thesauri. Currently the system incorporates the UMLS (Lindberg et al., 1993) as the thesaurus and the Cochrane Library, PubMed and ClinicalTrials.Gov as data sources. Most of publications in these libraries are not freely available and thus it is impossible to add full texts of the found documents to the local database automatically. However, the system automates the process of filling bibliographical information about a publication and extracts the abstract. Finding the full text of a paper is up to the user.

The next steps after paper retrieval are the analysis of the document and its quality assessment.

To analyze text we employ the most up-to-date methods. Firstly, the document is preprocessed using the existing systems for medical and clinical text mining. Currently only cTAKES (Savova et al., 2010) is incorporated. The aim of such preprocessing is to extract as much information as possible without duplication of the efforts. Secondly, other information extraction methods are applied to the information mined as a result of the previous step. We will discuss the way we represent and analyze the information below in section 4. After initial analysis of a document a number of interactive expert-controlled iterations for information extraction follow. The system shows a

list of the extracted pieces of information, e.g. characteristics and mentions of patients, methods, medications, diseases etc. The expert is asked to check each item and conclude whether it was extracted and classified correctly or not. If the system fails to extract some data then the expert can manually annotate these pieces of information in the text. The system tries to update the models after each correction made by the expert and then suggests new pieces of information and so on.

The next step is to select reliable publications. Quality assessment of a paper is organized through the questionnaire filling. The expert is asked to rate such aspects of the research presented in the analyzed paper as adequacy of the used models, statistic representativeness of the sample and sufficiency of the results. The system shows to the user the content of the paper as well as the various information extracted from it, e.g. descriptions of methods, results of experiments, various numeric characteristics. Additionally, the paper compliance to general scientific work criteria is checked (Shvets, 2014). Also, the system tries to automatically estimate quality of the research presented on the basis of the extracted information. The classifier automatically updates its model to predict experts answers better.

The steps described above must be repeated until all the relevant documents are retrieved from the data sources.

After the information is collected and assessed, the automatic survey is performed. The survey includes searching methods that are somehow similar to the analyzed one, i.e. methods that target the same nosology, use similar materials or models and are tested in similar conditions. Thus, a method can be represented by a vector in a N-dimensional space. Having the meta-analysis problem defined this way, we can employ various methods addressing the k-nearest neighbor problem, e.g. inverted indexes, R-trees, spatial hashing etc.

The last step is to estimate effects of the new method. In the simplest case these effects include probabilities to help and to harm. This problem can be considered as a classification/regression problem. The input features are the same as the ones used in the survey. We propose to use a combination of both statistical and logical methods. Statistical methods do their best on big datasets with large number of features. On the other hand, logical methods are capable of providing a clear argumentation at the cost of computational performance. We plan to develop an approach that is similar to the one employed by ProbLog (De Raedt et al., 2007). It was successfully applied to link discovery in biomedical domain. The analyzed

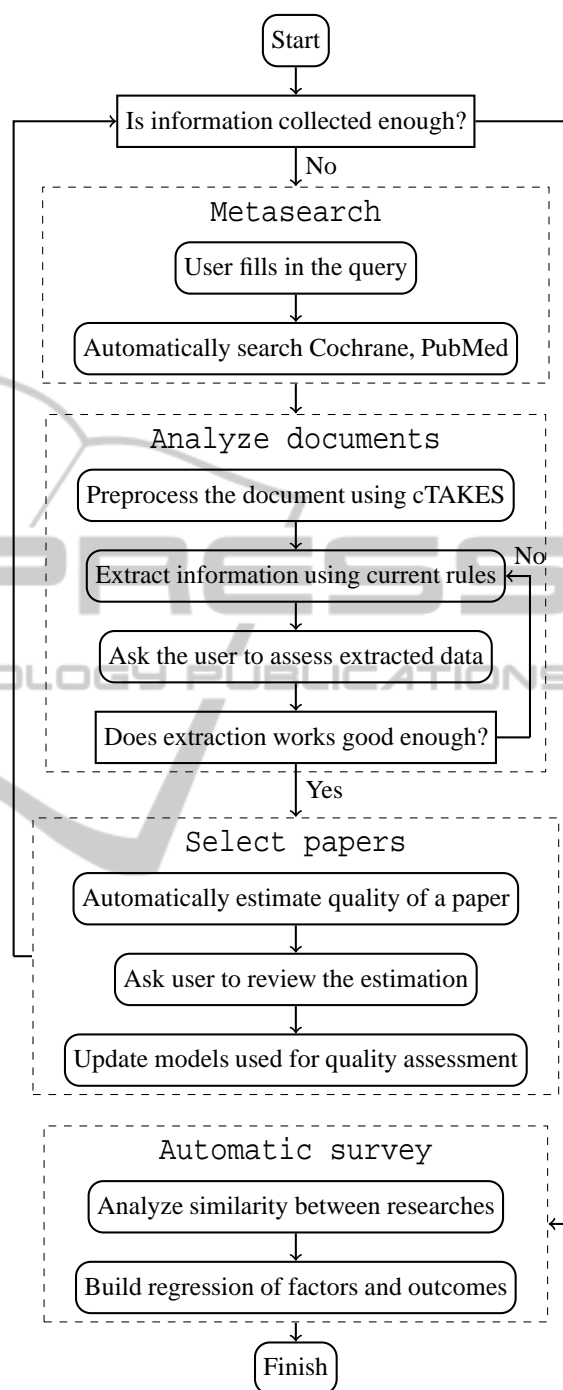


Figure 1: The general algorithm flowchart.

graph contained 6 million vertexes and more than 15 million edges.

As a result of all these steps an user will get the so-called *clinical trials portfolio*. It contains the list of other methods in the area, information on how the new method is related to the existing ones and estimations of the outcomes of the new method. As a side

effect, the proposed workflow produces a large dataset that may be useful for the research in the fields of machine learning and text mining.

## 4 TEXT MINING ENGINE

This section covers the text mining and analytic engine that we are developing to support the proposed workflow. From the user's point of view, this engine must provide semi-supervised information extraction functionality.

First, let us define the technical requirements. The engine must:

- Integrate multiple information sources and represent data in a uniform way.
- Analyze the data fast.
- Scale seamlessly as the data size increases.
- Implement interactive machine learning paradigm (thus response latencies must be rather small).

The mentioned information sources include various preprocessors, ontologies and thesauri integrated to the system. Variant is a particular piece of information extracted from a text.

Property graph is the most suitable model for representing highly interconnected data. Property graph is a graph within which edges and nodes have a number of properties assigned to them, e.g. a node representing a disease mention can have such properties as "umls\_id", "normalized\_title" etc. This model is implemented in a number of graph databases (Titan, OrientDB, Neo4j etc.). Amount of time needed for a graph database engine to execute a query does not depend on the size of the database. Such model together with efficient indexing allows representing all the data in a uniform way and fast retrieval from very large datasets. Currently we use a Cassandra-based setup of Titan Database by Aurelius (TinkAurelius, 2014). Both Cassandra and Titan support scaling inherently.

Generally the interactive text analysis is performed as follows.

1. An expert uploads a document to the system.
2. The system applies preprocessors to the document.
3. The system suggests a number of variants to the expert.
4. The expert assesses each variant and tells whether it was extracted right or wrong.
5. The system updates its internal models (rules, support vectors etc.) to fit expert's answers. During this update the system can ask the expert various questions regarding regularities in the data,

e.g. "Is a hypothesis true?" or "Was a hypothesis a cause of a mistake?"

6. Steps 3-6 are repeated until all the information of interest is extracted from the document properly.
7. Steps 1-7 are repeated until sufficient coverage of the subject is achieved.

The information extraction task includes extraction of cue, normalization and linking. To extract the cue is to find a chunk of text that corresponds to the information of interest. Normalization consists in transforming the text of cue to a single value, e.g. a canonical object name or a number with unit. Linking is the process of finding which pieces of information relate to which, e.g. treatments and the results of their application. Most of these tasks can be treated as classification problems. To extract cues using classifiers we employ the well-known BIO chunk encoding.

The most crucial part of the interactive text analysis algorithm involves effective incremental update of the classifier and suggestion of new variants.

There are a number of methods supporting incremental update, including SVM (Cauwenberghs and Poggio, 2001) and rules (Tsumoto and Tanaka, 1997). Using vector space-based classifiers (such as SVM) would need to convert the subgraph of interest to a bunch of vectors. It can be done using breadth-first traversal of the graph. Such an algorithm can consider a  $K$ -neighborhood of each vertex of interest and extract all unique simple paths beginning at it and ending at other vertexes.  $K$ -neighborhood means that only paths not longer than  $K$  are considered. Such a conversion has a very subtle point - parameter  $K$ . Large  $K$  would produce feature spaces of very high dimensionality. Small  $K$  would lead to information loss. Furthermore, the set of informative features may vary during the work. Thus, we propose using a rule-based decision function.

To generalize the feature extraction process and utilize the best of graph databases, we propose a special algorithm for converting the data to a graph. Original data is a set of interconnected objects in terms of object-oriented programming. It originates from the frame-system theory (Minsky, 1977). Thus, each object has a type and a set of typed properties. The properties can have simple types (numbers or strings) or can refer to other objects. This algorithm bases on the following principles.

- Type hierarchy is mapped to the graph. Each type is mapped to a separate vertex as well as each property is.
- Each object  $O$  is mapped to a separate vertex  $V_O$ .
- Only a single vertex  $V_{P,Val}$  is created for each distinct value  $Val$  of property  $P$ .



- Each  $V_O$  has outgoing edges to the corresponding property value vertices  $V_{P,Val}$ . These edges are labeled according to the property names.
- Each vertex  $V_O$  and  $V_{P,Val}$  have outgoing edges to the corresponding vertices representing the type hierarchy.

These principles lead to normalization of data during the conversion and allow fast retrieval of objects with the same property value.

Therefore, the rule generation can be effectively implemented using the sequential covering technique similar to described in (Huysmans et al., 2008). Having data indexed like this, rules can operate very effectively. Detailed discussion of the developed text mining engine will be a subject of a separate paper.

## 5 CONCLUSIONS

In this paper, we have described a problem of preparation for clinical trials, proposed a methodology and partially described the corresponding tool that facilitates the safety and effectiveness estimation of the regenerative medicine methods. Such a tool neither existed nor proposed so far.

Our tool is in development at the moment. Currently we have implemented components for metasearch, linguistic processing of the downloaded papers and a part of the quality assessment module. The text mining engine was evaluated on CLEF eHealth 2014 data and showed average F1-measure when extracting the most difficult characteristic of about 0.5 - 0.6, which is rather close to the winners of the this year shared task. The work is still in progress, thus the results are preliminary. The more detailed explanation and analysis of the text mining engine is needed and it should probably deserve a separate paper.

The future work includes development of the rest of the system; applying the system to build up a test data set; quality assessment of the results produced by all the implemented processing steps; improving the methods according to the results of the quality assessment. The most important problem regarding practical application of the system being developed is the reliability of the produced estimations of the regenerative medicine methods. One possible solution to this may be building a dataset that would contain papers about the well-known and manually estimated treatments. However, it is unclear how to verify that the method extracts meaningful rules. This in turn can be addressed either using cross-validation on large data (hardly believable that a sufficiently large data set can be collected) or by attracting a group of experts.

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