

# Acoustic Analysis of Chronic Laryngitis

## Statistical Analysis of Sustained Speech Parameters

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**Abstract:** This paper describes the statistical analysis of a set of features extracted from the speech of sustained vowels of patients with chronic laryngitis and control subjects. The idea is to identify which features can be useful in a classification intelligent system to discriminate between pathologic and healthy voices. The set of features analysed consist in the Jitter, Shimmer Harmonic to Noise Ratio (HNR), Noise to Harmonic Ratio (NHR) and Autocorrelation extracted from the sound of a sustained vowels /a/, /i/ and /u/ in a low, neutral and high tones. The results showed that besides the absolute Jitter, no statistical significance exist between male and female voices, considering the classification between pathologic or healthy. Any of the analysed parameters is likely to be a statistical difference between control and Chronic Laryngitis groups. This is an important information that these features can be used in an intelligent system to classify healthy from Chronic Laryngitis voices.

## 1 INTRODUCTION

The process of speech production conveys several types of information, namely non-linguistic information, para-linguistic information and linguistic information, according to Fujisaki (2002). The non-linguistic elements are related to physical and emotional aspects not controlled by the speaker. These kind of constrains take part in the speech production process at the level of the physical speech production apparatus. The paralinguistic elements conveys intentional, attitudinal and stylistic manifestations of the speaker. These elements interfere with the utterance planning phase of the speech production and are related to the superposition of the supra-segmental elements of the speech (prosody parameters such as Fundamental Frequency - F<sub>0</sub>, segmental durations and energy of the segments). The linguistic elements carries lexical, syntactic and semantic information to the message planning level that is ruled by a set of grammar rules to create the utterance.

Fig. 1 presents the processes by which various types of information are manifested in the segmental and supra-segmental features of speech, according to

the Fujisaki model (Fujisaki, 2002). According to this model the chronic laryngitis imposes physical constrains at the speech sound production apparatus and/or physiologic constrains at the motor command generations process.

The laryngitis occur when the vocal fold get irritated or swollen. This very common condition, often causes hoarseness or loss of voice. The laryngitis can be acute or chronic. Both cases has similar symptoms. The acute laryngitis comes suddenly and disappears in days or one week. The chronic laryngitis rests for longer periods of time like several weeks or months. The chronic laryngitis can be caused by smoke for long periods of time, gastroesophageal reflux, infections (bacterial, viral, fungal), bronchitis, autoimmune, irritative, traumatic or allergic factors, pneumonia, excessive exposure to toxic chemicals, complications of influenza or chronic cold (Tusaliu *et al.*, 2016).

The techniques of voice analysis are often used for voice disorders assessment (Brockmann-Bauser, 2011; Bielamowicz *et al.*, 2006; Salhi *et al.*, 2010). Such techniques rely upon the non-invasive character when compared with, for example, laryngoscopy exams.

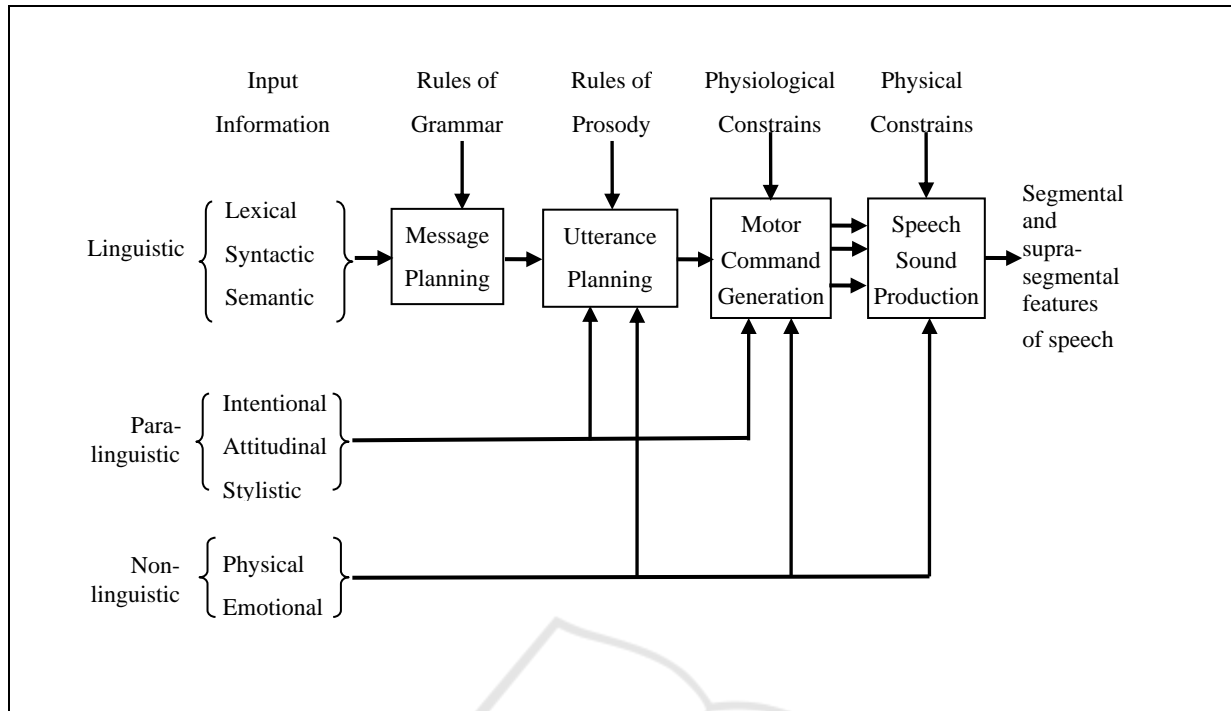


Figure 1: Speech production process. (Figure published in Fujisaki, 2002, edited with courtesy of Hiroya Fujisaki).

Alternatively, voice disorders can be diagnosed by an auditory perceptual analysis, although this may lead to different results depending on the practitioner.

The long-term scope of this study is the development of a classifier system based in Artificial Neural Network and/or Support Vector Machines to classify with very high accuracy speech signal between the classes of chronic laryngitis and healthy controls (Teixeira *et al.*, 2017).

This paper reports the statistical analysis of a set of parameters over the groups of control (healthy group) and the pathologic group (Chronic Laryngitis group). In a first step, the groups were separated by gender but once it has concluded that no statistical differences exist between gender, the analysis proceeds with male and female voices together. Next section presents the set of parameters used. Section 3 presents the statistical analysis and finally the conclusions sections summarises the major remarks of the research.

## 2 CHARACTERIZATION OF SUSTAINED SPEECH PARAMETERS

The parameters analysed in this work were extracted from sustained speech sounds of the vowels /a/, /i/

and /u/ at low, normal and high tones. Parameters related with the variations of the periodicity such as jitter and shimmer were used, namely the absolute and relative measures of jitter and also the absolute and relative measures of shimmer. Additionally, measures related with harmonic and unharmonic components were also used, namely the harmonic to noise ratio, noise to harmonic ratio and autocorrelation.

### 2.1 Jitter and Shimmer Parameters

Jitter is defined as a measure of the variation of the glottal period between successive cycles of vocal fold vibration. Subjects who cannot control vocal chords vibration tend to have higher jitter values. The jitter can be measured in four different ways (Teixeira and Gonçalves, 2014). However, in this study only two of these forms were used, relative jitter and absolute jitter. The other two measures are relative average perturbation (rap) and the period perturbation quotient (ppq5) that measures the same variability within a window of 3 and 5 glottal periods. Previous statistical analysis (Teixeira and Fernandes, 2015) showed that relative jitter has similar results as rap and ppq5.

Absolute jitter (jitta) is the glottal period variation between cycles, that is, the mean absolute difference between consecutive periods, expressed by Eq. 1.

The relative jitter (jitter) is the average absolute difference between consecutive glottal periods divided by the average period and expressed as a percentage (Eq. 2).

The shimmer was another extracted parameter and is related to the magnitude variation along the glottal periods. A reduction in glottal resistance and lesions may cause variations in glottal magnitude correlated with breathiness and noise emission, giving rise to higher shimmer values. The shimmer can be measured in four different ways (Teixeira and Gonçalves, 2014), however, in this study only two of them will be studied, relative shimmer (Shim) and absolute shimmer (ShdB). The other two measures are Amplitude Perturbation Quotient in 3 cycles (APQ3) and Amplitude Perturbation Quotient in 5 cycles (APQ5) that measures the same variability within a window of 3 and 5 glottal periods, respectively. Previous statistical analysis (Teixeira and Fernandes, 2015) showed that relative shimmer has similar results as APQ3 and APQ5.

The absolute shimmer (ShdB) is expressed as the peak-to-peak magnitude variation in decibel, that is, the logarithm of base 10 of the absolute mean of the magnitude ratio between consecutive periods multiplied by 20. It is expressed in decibel (Eq. 3).

The relative shimmer (Shim) is defined as the mean absolute difference between magnitudes of consecutive periods, divided by the mean magnitude, expressed as a percentage (Eq. 4).

In equations 1-4  $T_i$  is the length of time of the glottal period  $i$ .  $A_i$  is the magnitude of the glottal period  $i$ .  $N$  is the total number of glottal periods.

$$jitta = \frac{1}{N-1} \sum_{i=1}^{N-1} |T_i - T_{i-1}| \quad (1)$$

$$jitter = \frac{\frac{1}{N-1} \sum_{i=1}^{N-1} |T_i - T_{i-1}|}{\frac{1}{N} \sum_{i=1}^N T_i} \times 100 \quad (2)$$

$$ShdB = \frac{1}{N-1} \sum_{i=1}^{N-1} \left| 20 * \log \left( \frac{A_{i+1}}{A_i} \right) \right| \quad (3)$$

$$Shim = \frac{\frac{1}{N-1} \sum_{i=1}^{N-1} |A_{i+1} - A_i|}{\frac{1}{N} \sum_{i=1}^N A_i} \times 100 \quad (4)$$

## 2.2 Harmonic Parameters

The harmonic characteristics of the voice can be measured into three parameters, HNR (Harmonic to Noise Ratio), NHR (Noise to Harmonic Ratio) and Autocorrelation. The HNR is a parameter in which the relationship between harmonic and noise components provides an indication of overall periodicity of the speech signal by quantifying the relation between the periodic component (harmonic part) and aperiodic component (noise). The overall HNR value of a signal varies because different vocal tract configurations imply different amplitudes for harmonics.

Different authors propose their own way to measure the HNR (Boersma, 1993; Shama *et al*, 2007). One possibility consists in measure the energy of the first peak of the normalised autocorrelation and consider that this is the energy of the harmonic component of the signal, and consider the remaining energy as the noise energy given by the difference between 1 and the harmonic energy. In this equation  $H$  is the harmonic component given by the energy of the first peak of the normalised autocorrelation of the signal.

The NHR tends to be the invers of the HNR, anyhow once the measure is made at the logarithmic domain (dB), their values tend to move in opposite directions but the values are not exactly the inverse.

The Autocorrelation function gives a measure of the similar parts of speech repeated along the signal. As higher the autocorrelation value higher is the repetitions of similar events along the signal.

## 3 STATISTICAL ANALYSIS

One first analysis consists in comparing the parameters by gender for the control and pathologic group. The second analysis consist in comparing the control and pathologic groups for each parameter.

The parameters were extracted using the Praat software (Boersma and Weenink) from a set of files in the wave file format with 16 bits resolution and sampling frequency of 50 kHz. For each subject a set of 9 files were used. Each file has a sound with a length between 1 and 3 seconds. This 9 files consist in the vocalisation of the sustained sound corresponding to the vowels /a/, /i/ and /u/ at a low, neutral and high tones.

### 3.1 Speech Sound Database

The Saarbrücken Voice Database (SVD) (Barry and Pützer) was used in this work. For each voice, one segment of speech record was used for sustained vowels /a/, /i/ and /u/ for High, Low and Mid/Neutral tones in a total of 9 speech segments. Each segment of speech consists in a steady state sustainable pronunciation of the respective vowel. For each speech segment a set of jitter, shimmer and harmonic parameters, was determined using the Praat software.

The subjects selected for this work sample consists in the subjects of the SVD with the pathology of chronic laryngitis. The control group was selected along the list of healthy subjects with similar age (mean and standard deviation). Table 1 displays the characterization of the sample selected for this work concerning these aspects.

Since the number of female subjects with chronic laryngitis only were not so extensive, it was considered to include also in the patients group subjects with chronic laryngitis and other or others pathologies. This allowed to increase the length of the male pathologic group with chronic laryngitis, from 25 to 40, and increase the length of the female pathologic group with chronic laryngitis from 16 to 30 subjects. Table 2 presents the characterization of the pathologic group by gender and discriminates the number of subjects with others pathologies besides chronic laryngitis. In this table laryngitis means chronic laryngitis.

The total number of samples used for this analysis were 70 pathologic subjects by 9 samples given a total of 630 samples for each parameter of the pathologic group. Similarly, a total number of 828 samples for each parameter of the control group were used.

Table 1: Characterization of Sample.

	Male		Female	
	Control	Patient	Control	Patient
Length of sample	33	40	59	30
Average age	50,2	52,5	47,9	49,2
Standard deviation of ages	14,9	12,6	14,3	13,4

Table 2: Characterization of Pathologic group.

Pathology	Male	Female
Laryngitis	25	16
Laryngitis + Dysphonia	2	1
Laryngitis + Reinke's Edema	-	4

Laryngitis + Leukoplakia	8	4
Laryngitis + hyper functional dysphonia	1	1
Laryngitis + Polyp	1	1
Pachydermia laryngis	1	-
Laryngitis + Carcinoma in the epiglottis	-	1
Laryngitis + recurrent laryngeal nerve palsy	-	1
Laryngitis + case study	1	-
Laryngitis + Carcinoma	1	-
Laryngitis + hyper functional dysphonia l + leucoplakia	-	1

### 3.2 Statistical Analysis Tool - Box Plot

The box plot box or whiskers plot is used for a descriptive statistical analysis. This tool is a method for graphically depicting groups of numerical data through their quartiles. Box plots may also have lines extending vertically from the boxes (whiskers) indicating variability outside the upper and lower quartiles (Mann, 2010; Hubert and Vandervieren, 2008).

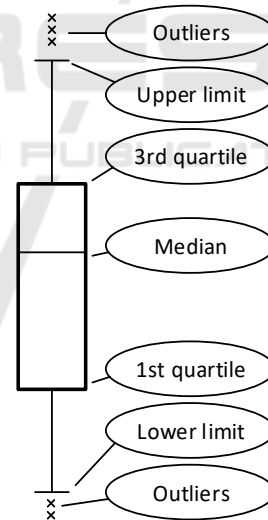


Figure 2: Box plot description.

Figure 2 presents the statistical values indicated under a box plot and its whiskers. The box is limited by two lines indicating the 1<sup>st</sup> and 3<sup>rd</sup> quartile limits. Inside there is a line indicating the median value. The band between the 1<sup>st</sup> and 3<sup>rd</sup> quartile limits is the InterQuartile Range (IQR). Outside the box there is the whiskers that end with the lower and upper limits. The upper limit is determined by the higher sample value below the 3<sup>rd</sup> quartile plus 1.5 IQR. The lower

limit is determined by the lower sample value upper the 1<sup>st</sup> quartile minus 1.5 IQR. Outside the lower and upper limits still the outlier samples.

When comparing two groups a box-and-whisker plot can be used (Barton, 2004). A Sample size of at least 30 is needed to generalize about a population. Three situations may occur in this comparison. For instance comparing two groups: A and B.

The situation 1 (represented by Figure 3) where B is greater than A. No overlap in boxes, or 3rd quartile is below 1st quartile. So there IS a difference between group A and B.

The situation 2 (represented by Figure 4) where boxes overlap but not both medians. Or 1st quartile below median (or median below 1st quartile), so there IS LIKELY to be a difference between group A and B.

The situation 3 (represented by Figure 5) where boxes overlap with both medians. NO difference can be claimed.

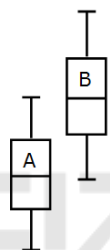


Figure 3: Box plot for comparing two groups. Situation 1 - B is greater than A.

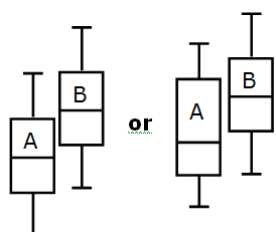


Figure 4: Box plot for comparing two groups. Situation 2 - It is likely that B is greater than A.

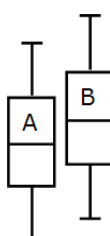


Figure 5: Box plot for comparing two groups. Situation 3 - We cannot tell if there is a difference.

### 3.3 Gender Comparison

A statistical analysis was made for each parameters comparing the male and female genders for the pathologic and control groups. Figure 6 to figure 12 displays the boxplot for each parameter. One box is displayed for each group: MC - Men’s Control group; MP - Men’s Patient group; WC - Woman’s Control group; WP - Woman’s Patient group.

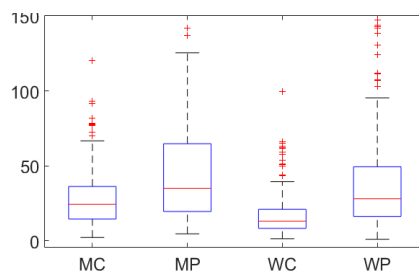


Figure 6: Absolute Jitter (jitta).

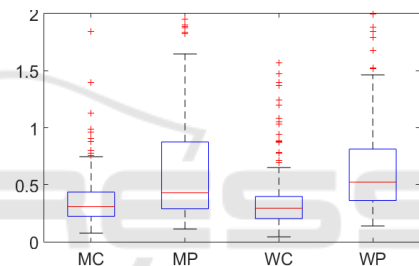


Figure 7: Relative Jitter (jitter).

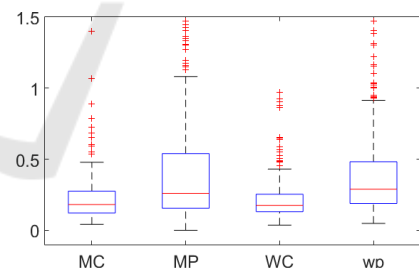


Figure 8: Absolute Shimmer (ShdB).

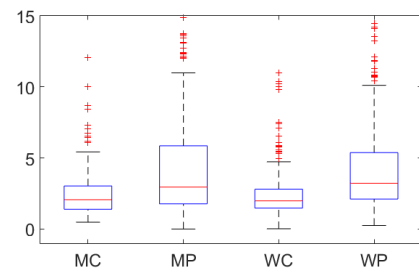


Figure 9: Relative Shimmer (Shim).

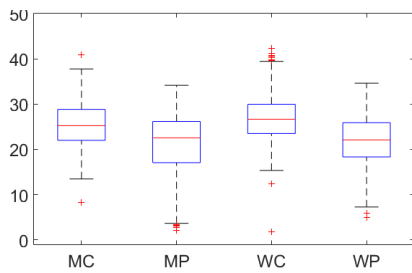


Figure 10: HNR.

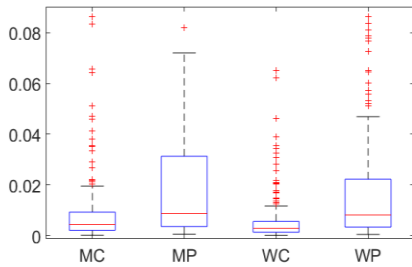


Figure 11: NHR.

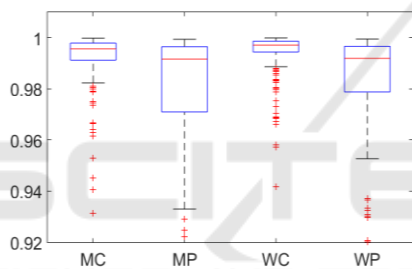


Figure 12: Autocorrelation (AutoCorr).

An analysis of the box plot of figures 6 to 12 shows a difference between control and pathologic box groups for the all parameters that will be analysed in next section.

Considering only the gender comparison it can be observed that the absolute jitter parameter shows a slightly higher values for male than for female control group. This difference do not appear on the other parameters. This slightly higher values for jitter of male voices can be explained because generally male voices has lower fundamental frequency, and consequently longer glottal periods. Therefore it is natural that in longer glottal periods the same level of out of control (although under healthy limits) can be expressed with longer deviations. This difference was also reported in previous works by (Teixeira and Fernandes 2014; Teixeira and Fernandes 2015). This difference vanish in relative jitter since the longer deviations are divided by longer periods relativizing the deviations under male and female voice groups. This result is consistent with gender analyses made in previous works for this parameters within control and

other pathologies like dysphonia (Teixeira and Fernandes 2014; Teixeira and Fernandes 2015).

Therefore, regarding the conclusion that the other parameters besides absolute jitter present no statistic differences, the further analysis between pathologic and control groups will be made grouping male and female subjects for the parameters: relative jitter (jitter), absolute and relative Shimmer (ShdB and Shim), HNR, NHR and autocorrelation.

### 3.4 Chronic Laryngitis Analysis

The values of each parameter from the 3 vowels and 3 tones were used as 9 samples for each subject. In this work no separate analysis by vowel and tone were made. A study of this analysis by vowel and tone can be found in previous works (Teixeira and Fernandes 2014).

The statistical analysis is presented using the boxplot in Figures 13 to 18. The length of the patients group is of 630 samples and the control group is 828 samples.

As it can be observed in Figure 13 the relative jitter tends to be lower for control group than for patients group. The median value of the control group is lower than the 1<sup>st</sup> quartile of the patients group. In addition, the median value for the patients group is higher than the 3<sup>rd</sup> quartile of the control group.

Similarly, the absolute shimmer (Figure 14) tends to be lower for the control group than for the patients group. Once more, the median values of each group are outside the quartiles of the other group.

The relative shimmer (Figure 15) also tends to be lower for the control group than for the patients. Although, in this case the median values are very close to the quartile of the other group but outside the box.

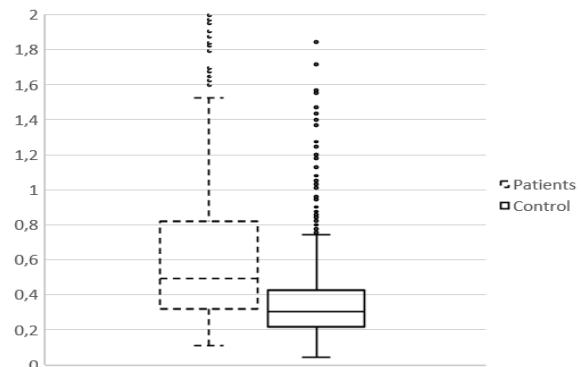


Figure 13: Relative Jitter (jitter).

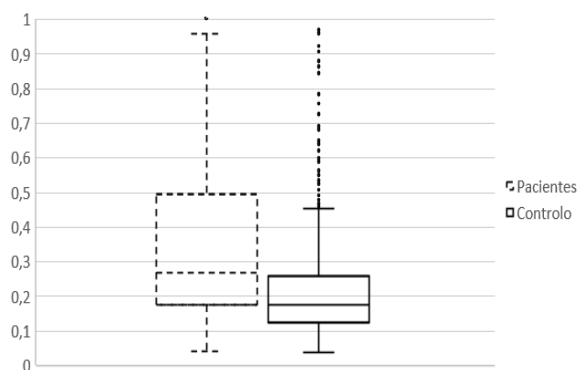


Figure 14: Absolute Shimmer (ShdB).

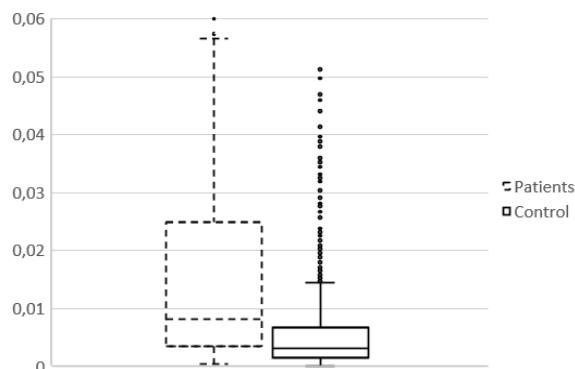


Figure 17: NHR.

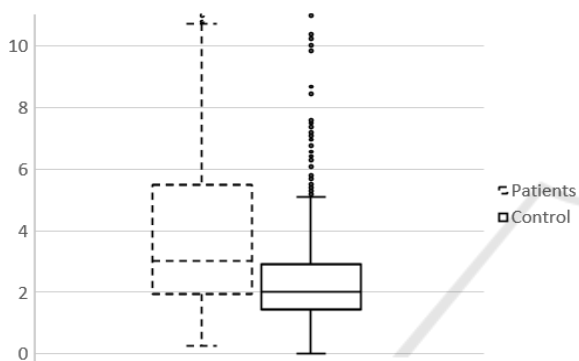


Figure 15: Relative shimmer (Shim).



Figure 18: Autocorrelation (AutoCorr).

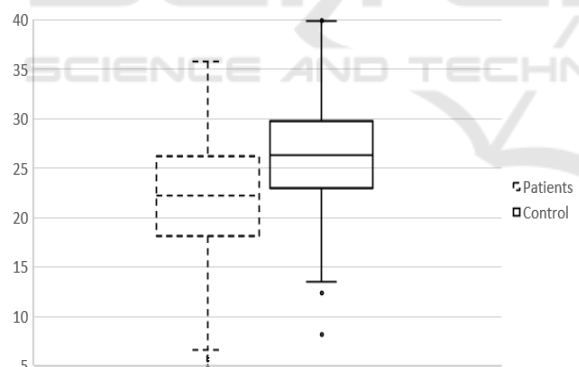


Figure 16: HNR.

The HNR (Figure 16) tends to be higher for the control group than for the patients group. Over again the median of each group are outside the box of the other group.

The NHR (Figure 17) tends to be lower for control group and the median of each group are also outside the box of the other group.

The Autocorrelation (Figure 18) tends to be higher for the control group than for the patients group. Again, the median of each group are outside the box of the other group.

The results are very similar for the 6 parameters under analysis because all of them present the situation B of section 3.2 and Figure 4, where boxes overlap but not overlap both medians. Therefore, it IS LIKELY to be a difference between control group and patients group for the six parameters under analysis.

## 4 CONCLUSIONS

The paper presented the statistical analysis of a set of speech parameters for Chronic Laryngitis pathology.

The parameters were extracted from 9 segments of speech sound with the vocalization of the vowels /a/, /i/ and /u/ at low neutral and high tones. The speech segments were collected from the SVD selecting the set of patients with Chronic Laryngitis, eventually with other cumulative pathologies. The Praat software were used to extract the absolute and relative Jitter, the absolute and relative Shimmer, HNR, NHR and Autocorrelation parameters.

In a first stage of the analysis a gender comparison under the control and pathologic groups were presented. Only the absolute Jitter showed differences between male and female on the control group. Therefore, further analysis was made with male and female parameters together.

The comparison between control and pathologic groups showed similar conclusions for the six parameters. Namely, for relative Jitter, absolute and relative Shimmer, HNR, NHR and Autocorrelation there is likely to be a statistical difference between control and Chronic Laryngitis groups.

Although this six parameters are likely to be statistical differences between control and Chronic Laryngitis, some of them are very correlated each other because are based on the same signal processing analysis.

These six parameters seem to be very useful to use with an intelligent decision tool to classify between healthy and Chronic Laryngitis. Further research will progress with the implementation of classification systems to assist the diagnose process of this or other pathologies with acoustic analysis.

## ACKNOWLEDGEMENTS

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