An Acoustic-based Tracking System for Monitoring Elderly People Living Alone

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Abstract: Japan is becoming a super-aged society and the population of elderly people is increasing, although the overall population in Japan is decreasing. In order to support a safe and secure autonomous life and to improve the quality of life for elderly people living alone, the development of monitoring and life-support systems is a pressing matter. In this paper, we propose a monitoring system that would enable relatives and other interested parties to easily monitor the daily life of elderly people from afar by using mobile devices. With such a monitoring system, it is very important to protect the privacy of the people being monitored. The proposed monitoring system seeks to approximately but recognizably reconstruct the status of elderly people's daily life by using computer graphics (CG) based on information obtained from various types of sensors, mainly consisting of acoustic sensors such as microphone arrays that are utilized to track the walking patterns of elderly people based solely on the sound of their footsteps.

1 INTRODUCTION

Japan is becoming a super-aged society and the population of elderly people is increasing, although the overall population in Japan is decreasing. In order to support a safe and secure autonomous life and to improve the quality of life for elderly people living alone, the development of monitoring and life-support systems is a pressing matter. To this end, a number of wearable sensors (Naiafi, 2003). (Adam, 2016), (Lee, 2016), (Sansrimahachai, 2016), (Odunmbaku, 2015), (Pires, 2016), (Lachtar, 2016), (Stutzel, 2016), (Wang, 2014), (Tuna, 2015) including kinematic sensors (Najafi, 2003), health monitoring vests (Adam, 2016), shoes with sensors (Lee, 2016), mobile phones (Sansrimahachai, 2016), smart watches (Odunmbaku, 2015), wearable biomedical sensors (Pires, 2016), and canes (Lachtar, 2016) have been developed. These sensors are usually used for specific purposes such as measuring health parameters (body temperature, blood pressure, heart rate, etc.), detecting body posture, and measuring velocity and acceleration. There are also other types of sensors (Tsukiyama, 2015), (Kim, 2016), (Liu, 2016) such as water-flow sensors (Tsukiyama, 2015) and passive infrared detection sensors (Kim, 2016). These sensors are sited in

specific places such as the kitchen, bathroom, and the bed to measure how often such places are utilized.

In this paper, we propose a monitoring system that would enable relatives and other interested parties to easily monitor the daily life of elderly people from afar by using mobile devices such as smartphones and tablets. With such a monitoring system, it is very important to protect the privacy of the people being monitored. Therefore, raw data of photographs, video images, voices, and sounds should not be presented directly on the mobile devices. To avoid doing this, our monitoring system seeks to approximately but recognizably reconstruct the status of elderly people's daily life by using computer graphics (CG) based on information obtained from various types of sensors, mainly consisting of acoustic sensors such as microphone arrays. For instance, in our monitoring system, microphone arrays are utilized to make it possible to track the walking patterns of elderly people based solely on the sound of their footsteps, without there being a need for them to wear any sensors.

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2 FOOTSTEP-BASED POSITION TRACKING

2.1 Footstep Localization with Microphone Arrays

For footstep localization, we utilize a pair of microphone arrays placed on the floor and separated by a distance of 1.5 m, as shown in Fig. 1. Each microphone array has two tilted linear microphone array units implementing four MEMS microphones per unit, meaning the pair of microphone arrays has a total of 16 microphones. Sound source localization (SSL) is achieved by means of a MUSIC method implemented on 10-cm grid spacing, and each detected sound source is segregated with minimum variance beamforming (MVBF) (Sasou, 2009).



Figure 1: Layout of simulated living space and microphone arrays.

Below, we assume that $N_Z(k)$ denotes the number of sound sources detected by the microphone arrays at time k, and the XY coordinate of each detected source is given by $\overline{x}_{k,j}$, $\overline{y}_{k,j}$, $j = 1, \dots, N_Z(k)$, where k and j denote time index and sound source index, respectively. We calculate the mel-frequency cepstral coefficients (MFCC) from each segregated sound source with the MVBF. The MFCC of each sound source is used to evaluate the likelihood of a footstep acoustic model, which consists of a Gaussian mixture model (GMM). The GMM is learned in advance from sample footstep data. In the following, $l_{k,j}$ presents the evaluated likelihood of the acoustic model given the MFCC $\mathbf{f}_{k,j}$.

2.2 Walking Line Estimation using a Particle Filter

We assume that the total number of particles is N_p , and that the *i* th ($i = 1, \dots, N_p$) particle at time *k* has state variables consisting of the XY coordinates $x_k^{(i)}$, $y_k^{(i)}$ and the time difference $\Delta x_k^{(i)}, \Delta y_k^{(i)}$, and these state variables are assumed to satisfy the following process equation:

$$\begin{aligned} x_{k}^{(i)} &= L_{x} \left(x_{k-1}^{(i)} + \Delta x_{k-1}^{(i)} + \delta x_{k-1}^{(i)} \right) \\ y_{k}^{(i)} &= L_{y} \left(y_{k-1}^{(i)} + \Delta y_{k-1}^{(i)} + \delta y_{k-1}^{(i)} \right) \\ \Delta x_{k}^{(i)} &= L_{\Delta x} \left(\Delta x_{k-1}^{(i)} + \xi x_{k-1}^{(i)} \right) \\ \Delta y_{k}^{(i)} &= L_{\Delta y} \left(\Delta y_{k-1}^{(i)} + \xi y_{k-1}^{(i)} \right) \end{aligned}$$
(1)

where $L_*()$ represents a function defined by:

$$L_*(\alpha) = \begin{cases} h_*, (\alpha \ge h_*) \\ \alpha, (h_* > \alpha \ge l_*) \\ l_*, (\alpha < l_*) \end{cases}$$
(2)

and δ^*, ξ^* are process noises conforming to:

$$\delta^* \leftarrow N(0, \sigma_{\delta^*}^2), \xi^* \leftarrow N(0, \sigma_{\xi^*}^2)$$
⁽³⁾

We also assume the following measurement equation with regard to the state variables $x_k^{(i)}$, $y_k^{(i)}$, and the observed XY coordinate $\overline{x}_{k,j}$, $\overline{y}_{k,j}$ detected with the microphone arrays.

$$\overline{x}_{k,j} = x_k^{(i)} + \zeta x_k^{(i)}
\overline{y}_{k,j} = y_k^{(i)} + \zeta x_k^{(i)}$$
(4)

where ζ^* is a measurement noise defined by:

$$\zeta^* \leftarrow N(0, \sigma_{\zeta^*}^2). \tag{5}$$

The weight $W_k^{(i)}$ of a particle is updated according to:

$$w_{k}^{(i)} = \sum_{\bar{k}=0}^{N_{k}-IN_{Z}(\bar{k}-\bar{k})} \sum_{j=1}^{N_{p}} \alpha^{\bar{k}} I_{k-\bar{k},j} \times P\left(\bar{x}_{k-\bar{k},j}, \bar{y}_{k-\bar{k},j} | x_{k-\bar{k}}^{(i)}, y_{k-\bar{k}}^{(i)}\right)$$
(6)

To avoid abrupt changes in the estimated walking line, we calculate the average of the past N_K XY coordinates including the current one. In this averaging, the forgetting factor α , $(0 < \alpha \le 1)$ is incorporated to give exponentially less weight to the older XY coordinates. The likelihood of particle in Eq. (6) is given by:

$$P\left(\bar{x}_{k-\bar{k},j}, \bar{y}_{k-\bar{k},j} \middle| x_{k-\bar{k}}^{(i)}, y_{k-\bar{k}}^{(i)}\right) = \frac{1}{\sqrt{(2\pi)^2 \zeta x_{k-\bar{k}}^{(i)} \zeta y_{k-\bar{k}}^{(i)}}} \times \exp\left\{-\frac{\left(\bar{x}_{k-\bar{k},j} - x_{k-\bar{k}}^{(i)}\right)^2}{2\zeta x_{k-\bar{k}}^{(i)}} - \frac{\left(\bar{y}_{k-\bar{k},j} - y_{k-\bar{k}}^{(i)}\right)^2}{2\zeta y_{k-\bar{k}}^{(i)}}\right\}$$

(7)

The weights are sorted in descending order and the maximum weight multiplied by a coefficient β , $(0 \le \beta < 1)$ is adopted as a threshold value to choose the effective particles. The chosen particles are then classified into several classes so that the particles of one class are separated from all other classes within a specific distance. This can be achieved by using the following procedure. The particle with the maximum weight is first registered to the representative particle of class $C_{k,1}$ corresponding to one walking person. If the distance between the maximum weight particle and the second particle exceeds the specified threshold of distance, the second particle is registered as the new representative particle of another walking person represented with class $C_{k,2}$. If it does not, the second particle is included in class $C_{k,1}$. All effective particles are processed using these procedures and are then classified into classes $C_{k,s}$, $s = 1, \dots, N_s$, where N_s represents the number of simultaneous walking persons. The XY coordinate of each walking person (each class) is estimated by the following equations.

$$\widetilde{x}_{k,s} = \sum_{i \in C_{k,s}} w_k^{(i)} x_k^{(i)} / \sum_{i \in C_{k,s}} w_k^{(i)}$$

$$\widetilde{y}_{k,s} = \sum_{i \in C_{k,s}} w_k^{(i)} y_k^{(i)} / \sum_{i \in C_{k,s}} w_k^{(i)}$$
(8)

Finally, a resampling algorithm is executed so that all the particles have uniform weights.

$$\begin{array}{l} \left\{ x_{k}^{(i)}, y_{k}^{(i)}, \Delta x_{k}^{(i)}, \Delta y_{k}^{(i)} \right\} \\ \rightarrow \left\{ \left\{ x_{k}^{(i)}, y_{k}^{(i)}, \Delta x_{k}^{(i)}, \Delta y_{k}^{(i)} \right\} \right\} \end{array}$$

$$(9)$$

where $\widetilde{W}_{k}^{(i)}$ are normalized weights given by:

$$\widetilde{w}_{k}^{(i)} = w_{k}^{(i)} / \sum_{m=1}^{N_{p}} w_{k}^{(m)}$$
(10)

By means of the above procedures, the current footstep positions of the N_s persons are estimated. Next we need to connect the current footstep position to one of the previously estimated positions in order to generate the walking lines. This can be achieved as follows. In Fig. 2, we assume that four footstep positions were detected at time k-1 as plotted by the purple dots. We also assume that three

footstep are detected at current time k as plotted by the red dots. We select one of the current estimated footstep positions, and check if the previous footstep positions enter a circle centered on the selected current footstep position. The footstep position previously estimated from the class $C_{k-1,1}$ enters the circle of the footstep position currently estimated from $C_{k,1}$. These two positions are thus connected. The circle centered on the footstep position estimated from class $C_{k,2}$ includes the two previous footstep positions. In this case, we select the previous footstep position nearest to the current position. The footstep position estimated from class $C_{k,3}$ has no connectable previous positions. In this case, this current position is registered as the starting point of a new walking line. The footstep position previously estimated from class $C_{k-1,4}$ has no connectable current footstep position. In this case, we decrease the time-to-live counter that is given to every estimated footstep position. If the time-to-live counter reaches zero, the footstep position is extinguished. If it does not, the footstep position remains registered. The time-to-live counter is reset to the maximum number when a connectable footstep position is found.

The above procedures are iterated at time k+1.



Figure 2: Estimation of walking lines.

3 EXPERIMENTS

We set up the microphone arrays in the simulated living space shown in Fig. 1 to implement the proposed footstep-based tracking system. We recorded the footsteps while a specific user was walking, like drawing a circle several times. We also recorded the sound of TV as a noise source separately. The volume of the TV sound was set to a normal level. The SNR of the separately recorded footstep and the TV sound of the normal level was approximately 1 dB. In the following experiments, we generated three types of footsteps for the experiments.

- A) Clean footstep without noise interference,
- B) Footstep mixed with the TV sound at SNR = 1 dB,
- C) Footstep mixed with the TV sound at SNR = -5 dB

where the SNR was evaluated as the average of the SNRs of all 16 channels of the microphone arrays. The third footstep of SNR = -5 dB was generated because elderly people frequently have difficulty in hearing and tend to turn up the sound volume of a TV. The sampling frequency was 11.025 kHz. The evaluated MFCC consists of 12 coefficients without a C0 nor an energy coefficient. The GMM of the footstep acoustic model consists of four Gaussian distributions, which were trained from the specific user's footstep acoustic signals segregated with the microphone arrays.

Figures 3, 4, and 5 show the estimated walking lines from the footsteps of the Clean, SNR 1 dB, and SNR -5 dB footsteps, respectively. To evaluate the noise robustness of the proposed footstep-based tracking system, we calculated the average error distance between the walking lines estimated from the noise-corrupted footsteps and the clean footsteps (Fig.6). The average error distance between the walking lines estimated from the SNR 1dB and the



Figure 3: Walking line estimated from the clean footstep.



Figure 4: Walking line estimated from the SNR 1 dB footstep.



Figure 5: Walking line estimated from the SNR -5 dB footstep.

clean footsteps was 0.23[m] and the standard deviation was 0.14[m]. In the case of the noise-corrupted footstep with SNR -5dB, the average error distance was 0.33[m] and the standard deviation was 0.19[m].



Figure 6: Average error distances between walking lines estimated from the noise-corrupted and the clean footsteps.

4 MONITORING SYSTEM FOR ELDERLYPEOPLE LIVING ALONE

4.1 System Overview

The proposed monitoring system consists of a server computer, mobile devices with Graphical User Interfaces (GUIs) and sensor devices as shown in Fig. 7. The server computer performs the following operations.

- Establishes connections requested from the sensor devices and/or the GUI application running on the mobile devices.
- · Receives data sent from the sensor devices.
- Stores sensor data in the database.
- Retrieves sensor data of the requested date and time from the database and sends the data to the GUI application.
- Controls the remote sensor devices according to the requests from the GUI application of the mobile devices.

The sensor devices perform the following operations.

- Request a connection to the server computer when starting up.
- · Send sensing data to the server computer.
- Execute the sensor control requests from the server computer.

The GUI application running on the mobile device performs the following operations.

- Requests a connection to the server computer when starting up.
- Requests the server computer to send the sensor data that had been stored in the database since the requesting date and time.
- Receives the sensor data sent from the server computer.

- Draws a 3D CG showing the status of the elderly people according to the script file that defines how to draw CG based on the received sensor data (mentioned below).
- Displays the statuses of all sensor devices connected to the server computer and sends the requests to the server computer for a user to control them.

The application running on a mobile device provides a GUI, as shown in Fig. 8. Assuming that the house in which the elderly person lives has several rooms, the monitoring system needs to be able to monitor all the rooms by means of the GUI. For this purpose, the user can switch the room being monitored by clicking the "Next room" button (Fig. 8).



Figure 7: Block diagram of the proposed monitoring system.



Figure 8: GUI of application running on a mobile device.

We added the following functions to the GUI to enable the user to easily ascertain the status of the elderly person.

- User (person who monitors) can easily view CG from various angles by dragging a mouse on the GUI.
- The "Move viewpoint" buttons and "Zoom" slide bar enable the user to adjust the viewpoint.

• Past statuses can be viewed by specifying the time lag from the current time with the "Change time" slide bar.

The GUI application is compiled according to a script file. The script file defines the following.

- How many rooms there are in the house.
- What objects (home appliances, furniture, etc.) and sensors are there in each room.
- How to draw the objects in the GUI with the CG depending on the values of the received sensor data.

The script file supports the descriptions similar to a C-shell where variables, numerical operators, conditional "if-else" statements and "while" loops are available. The program written in the script file enables the CG appearances of the objects to change depending on the received sensor data. The GUI application updates the CG according to the script file every time it receives new sensor data.

It is not feasible for the user to monitor the GUI application all the time. Therefore, the GUI application needs to show the status of the elderly person at an arbitrary past time with regard to user demands. To achieve this, the server program stores two types of sensor data in the database: sensor data and accumulated data.

Sensor data are simply data received from sensors. The server stores sensor data in the database with the time tag sent from the sensor. When a user specifies the time lag to display the living conditions on the GUI, the server sends sensor data sequentially from the specified time.

Accumulated data include all the values of the variable that reflect all the sensor data received from the beginning to the specified time. The server stores accumulated data in the database every 30 seconds and sends them when the user selects the time to display the living condition on the GUI.

4.2 Implementation of Monitoring System

We set up the simulated living space shown in Figs. 9 and 10 in our laboratory to implement our monitoring system. A pair of microphone arrays is placed on the floor for the proposed footstep-based tracking system (Fig. 9). In this living space, we placed a bed and some home appliances such as a TV, a stand lamp, and a radio, which can be controlled by speech recognition (Sasou, 2008). To make the speech recognition robust against noise interference, another pair of microphone arrays was placed on both sides of the bed. The speech recognition system is connected to these home

appliances and can control them according to the speech recognition results.

The footstep-based tracking system and the speech recognition system are also connected to the server computer as sensor devices, and the localized position of the person and the controlled states of the home appliances are sent to the server computer. In addition to being stored in the database of the server computer, these sensor data are directory transferred to the GUI application in the current time display mode.

In this implementation, the monitor screen in the center of Fig. 9 is used to display the GUI of the application instead of a mobile device. The monitor screen displays a person with a purple stick at the position localized with the footstep-based tracking system. The appearances of the home appliances are changed according to the controlled state. For instance, when the TV is off, the TV screen in the GUI is colored black (Fig. 9). While the TV is turned on, the screen is changed to white (Fig. 10).

We use other sensors in addition to the acoustic sensors. For instance, a force sensor is installed on the bed in order to detect when a person is lying on it. In this situation, the purple stick is changed, as shown in Fig. 10.



Figure 9: Simulated living space implemented using the proposed monitoring system.



Figure 10: Example of the GUI representing the controlled states of the home appliances.

5 CONCLUSIONS

We proposed a footstep-based tracking system. The experiment results confirmed that the proposed tracking system is robust against the interference of surrounding noises. By applying a footstep-based tracking system, we are developing a monitoring system to support a safe and secure autonomous life and to improve the quality of life for elderly people living alone. We are currently planning to implement the developed monitoring system in facilities for the elderly in order to confirm the feasibility of the system.

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