# An Artificial Neural Network for Hand Movement Classification using Surface Electromyography

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Abstract: In this paper we present the development of an artificial neural network that uses surface EMG data from two forearm muscles to classify hand movements and gestures. We trained our network to classify three different sets of movements, using EMG data from six healthy subjects. We were able to achieve hit rates of above 99% in the training sets and hit rates of above 85% in all three test sets, with a maximum of 88.8% for the second movement set. Advantages of the proposed method include small number of electrodes, reduced complexity, computational cost and response time.

# **1 INTRODUCTION**

For healthy individuals, the execution of daily tasks (e.g feeding, bathing and dressing, for example) heavily relies on the adequate motor control of the upper limbs, which is performed by the central and peripheral nervous system. Unfortunately, there are many pathological conditions that can impair one's ability to control his or her own arms and hands, such as spinal cord lesions, stroke and cerebral palsy. Experiencing one of these conditions can lead to a reduced sense of autonomy and negatively impact one's quality of life (Guyton, 2010).

Many strategies have been employed over the years to help individuals cope with reduced upper limb motor control. One of these approaches is the use of myoelectric controlled prosthesis, which began to have a significant role in the rehabilitation of upper limb deficient patients in the 1970s. This type of prosthesis makes use of the myoelectric signal, also known as EMG, which is a group of electrical signals that is generated by the body and precede mechanical muscle activity. Its amplitude is small (1.5 mV RMS) and random, and its frequency can range from 6 to 500 Hz, with most of its energy comprised between 20 to 150 Hz. These signals can be captured directly from the skin, using surface electrodes, or from the muscles, using needle electrodes (Englehart and Hudgins, 2003).

Myoelectric controlled prosthesis offer many advantages over other types. Firstly, the signal can be acquired in a non-invasive manner, reducing risks for the user. Secondly, small effort and muscle activity is necessary to generate the control signals. Thirdle, its controller is relatively easy to adapt. Lastly, there is no need for straps and harnesses that are required when using mechanical switch and body powered control (Englehart and Hudgins, 2003).

Although many myoelectric control systems are currently available and have gained some success, their application is relatively limited in the control of multiple functions and devices. This is unfortunate, since the capacity to offer multiple functions and accurate movement selection is a critical feature that could highly increase the functional benefits of prosthetic apparatuses (Englehart and Hudgins, 2003).

Exploring this context, many researchers have developed strategies for a pattern-recognition-based myoelectric control, which could be used to link degrees of freedom of the prosthetic apparatus to movement classes. For small groups of movements, these approaches have been successful. However, error rates tend to increase with the number of movements analyzed. For example, Glette et al. (2008) applied a variety of machine learning techniques, such as knearest neighbors, decision trees and support vector machines, to identify 8 different movements using surface EMG signals. Error rates of their classifiers

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ranged from 2.6% to 15.9%. Using support vector machines, Boschmann et al. (2009) achieved a hit rate of 98.6% in the classification of 6 movements. Tang et al. (2012) used linear discriminant analysis to classify 11 different poses, with a hit rate of 94.8%. Atzori et al. (2012) used support vector machines to classify 52 movements using EMG signals, with an error rate of 20.3%. Gijsberts et al. (2014) used kernel regularized least squares to classify 40 poses, reaching hit rates between 49.35% and 77.48%.

The aforementioned works have usually acquired their EMG data using between 4 and 10 pairs of electrodes. In general, as the number of electrodes increase so will the number of data. This will then increase the computing power required to process the data and the preparation time before the system can be used. In this paper, we present the development of a relatively simple artificial neural network that uses surface EMG data from less electrodes to classify a number of different movements.

# 2 METHODOLOGY

#### 2.1 Database Description

For the development of the neural network presented in this paper we used the Ninapro Project database. Ninapro stands for non-invasive adaptative prosthetics and is an ongoing project that provides public EMG datasets in order to help the development of advanced hand myoelectric prosthetics (Atzori, 2014).

The Ninapro database provides 7 different datasets. Dataset 4, used in this work, includes forearm EMG data from 10 healthy subjects, recorded using Cometa Wave Plus wireless sEMG system and its miniWave sensors. Each sensor has a 10 Hz highpass filter and a 1 kHz low-pass filter, with a gain of 1000 and sample rate of 2kHz with 16 bits resolution. Every sensor is connected to 2 Dormo SX-30 ECG electrodes with 30mm diameter, covering the forearm circumference without overlap and assuming the positions shown in the Figure 1 (Pizzolato et al., 2017; Atzori, 2014).

The data is divided into 3 classes of movements: basic wrist movements and isometric hand positions; grasp and functional movements; and basic fingers movements. Myoelectric signal is acquired using 12 wireless electrodes: 8 around the forearm in an equally spaced disposition in correspondence to the radio humeral joint, 2 electrodes are placed on the main activity spots of the *flexor digitorum* and of the *extensor digitorum*, 1 on the biceps and 1 on the triceps (Pizzolato et al., 2017; Atzori, 2014).



Figure 1: Electrode positions, adapted from (Pizzolato et al., 2017).

Subjects performed 6 repetitions of 52 different movements using their dominant hand. Each repetition consisted of 5 seconds of movement and 3 seconds of resting (Pizzolato et al., 2017; Atzori, 2014). Of the 52 movements, 11 were selected and grouped into 3 sets, which are described in Table 1 and illustrated in Figure 2.

Table 1: Description of the movements included in each set.

Set 1	Set 2					
Closed hand (B6)	Thumb up (B1)					
Wrist supination (B9)	Closed hand (B6)					
Wrist pronation (B10)	Pointing index (B7)					
Wrist flexion (B13)	Wrist flexion (B13)					
Wrist extension (B14)	Wrist extension (B14)					
Grasp (small diameter) (C2)	Ring grasp (C6)					
Set 3						
Extension of index and middle, flexion of others (B2)						
Abduction of all fingers (B5)						
Closed hand (B6)						
Wrist flexion (B13)						
Wrist extension (B14)						
Ring grasp (C6)						

For our classification network, we used as inputs the EMG data from the main activity spots of the *flexor* and *extensor digitorum superficialis* muscles of 6 healthy subjects. EMG signals were segmented based on the *repetition* variable, which indicates when the subject is actually performing the gesture and also give us the repetition number. Since data from the Ninapro Project database is provided in *.mat* files, we converted each repetition signal from each movement to a *.csv* file using Matlab, resulting in 3744 *.csv* files. Figure 3 shows an example of one filtered surface EMG signal that composes the dataset.

Using the data from the dataset 4 of the Ninapro Database, we created 4 sets: 1 training set and 1 test set for each of the 2 selected muscles. Since each subject from the NinaPro database performed 6 repetitions of each hand gesture, we separated 4 repetitions as the training set (66.7%), and 2 as the testing set (33.3%). As we have 6 subjects, there are 24 signals for training and 12 for testing, for each movement.

After performing the aforementioned preprocess-



Figure 2: Hand movements performed by subjects.



ing in Matlab, only Python scripts were used to train and evaluate the neural network.

# 2.2 Parameter Extraction and Feature Scaling

For the EMG signals that composed the dataset, 7 parameters were calculated to serve as inputs for our neural network. In the time and frequency domain, they are the arithmetic mean, the kurtosis, the root mean square (RMS), the skewness, the standard deviation, the variance and the signal energy. In the frequency domain, there is also the spectral centroid. These parameters were chosen based on the literature (Búrigo, 2014; Tang et al., 2012; Nilson, 2014). After parameter extraction, the feature scaling method was used. This is done to even the data to a mean value of 0 and a standard deviation of 1. This minimizes the potential danger of large numbers (like variance or the spectral centroid) dominating over small numbers and to avoid computational difficulties during calculations (Búrigo, 2014). In the remainder of this subsection, we present the definition of each parameter and the equations used to calculate them. In the equations shown,  $f_s$  is the sampling rate, RMS(s)is the root mean square value of a vector s, N is the size of the respective array,  $emg_{mean}$  is the mean value of the respective array (emg array), and emg(n) is the  $n_{th}$  element of array emg.

#### 2.2.1 Energy

The energy is calculated by multiplying the squared RMS value by the time it exists, as shows Equation 1.

$$Energy = \frac{N}{f_s} \times RMS(s)^2 \tag{1}$$

2.2.2 Kurtosis

The kurtosis is a measure that determines the tailedness of a probability distribution of a random variable. It is defined as in Equation 2 (Búrigo, 2014).

$$Kurt[X] = \frac{\frac{1}{N} \times \sum_{n=1}^{N} (emg(n) - emg_{mean})^4}{\left(\frac{1}{N} \times \sum_{n=1}^{N} (emg(n) - emg_{mean})^2\right)^2}$$
(2)

#### 2.2.3 Mean Value

The mean value is the sum of all elements of an array divided by the number of elements, defined as in Equation 3 (Búrigo, 2014).

$$emg_{mean} = \frac{1}{N} \times \sum_{n=1}^{N} emg(n)$$
 (3)

#### 2.2.4 Root Mean Square

The Root Mean Square is also known as the quadratic mean, simply being the square root of the mean

square of a set of data values, calculated as in Equation 4 (Búrigo, 2014).

$$RMS = \sqrt{\frac{1}{N} \times \sum_{n=1}^{N} emg(n)^2}$$
(4)

#### 2.2.5 Skewness

Skewness measures the asymmetry of the probability function of a random variable, which in our case is our sEMG signal. It is calculated as in Equation 5 (Búrigo, 2014).

$$Skewness = \frac{\frac{1}{N} \times \sum_{n=1}^{N} (emg(n) - emg_{mean})^{3}}{\left(\sqrt{\frac{1}{N} \times \sum_{n=1}^{N} (emg(n) - emg_{mean})^{2}}\right)^{3}}$$
(5)

#### 2.2.6 Spectral Centroid

The spectral centroid is defined as the center of mass of the spectrum. Given a array of magnitudes in the frequency domain, the centroid is calculated as in Equation 6 (Búrigo, 2014).

$$Centroid = \frac{\sum_{n=1}^{N} n \times emg(n)}{\sum_{n=1}^{N} emg(n)}$$
(6)

### 2.2.7 Standard Deviation

The standard deviation is the measure that quantifies the variation or dispersion of a set of data values. It is calculated as in Equation 7 (Búrigo, 2014).

$$\sigma = \sqrt{\frac{1}{N-1} \sum_{n=1}^{N} (emg(n) - emg_{mean})^2}$$
(7)

#### 2.2.8 Variance

The variance, as the formula suggests, is also a measure of the dispersion of a dataset similar to the standard deviation. It is calculated as in Equation 8 (Búrigo, 2014).

$$\sigma^2 = \frac{1}{N-1} \sum_{n=1}^{N} (emg(n) - emg_{mean})^2 \qquad (8)$$

#### 2.3 Neural Network

The brain is a very complex and nonlinear information processing system, capable of organizing its small pieces of structure called *neurons* to perform much better than any existing digital computer. This is possible because the brain is able to connect the neurons into a huge net called *neural network* using electrical signals that travel through a small gap between the neurons, the *synapse*. Changing the synapses will also change the influence of one neuron on another and therefore change the brain's response to a stimulus (Sousa, 2011) (Haykin, 1999).

In an attempt to biomimic the brain and its structure the Artificial Neural Network (ANN) was created. This network is an electronic circuit or a software that uses massive connection of neurons to perform useful computations. The system receives an input and through its connections and activations an output is generated. ANNs have the ability to learn through methods called *learning algorithms*. It can also generalize the training, i.e. it can generate a reasonable output with an input that has not been used in its training (Haykin, 1999).

Figure 4 shows how a ANN is constructed. The circles represent the neurons, the arrows represent the synapses, the circle's superscripts represent its layer and its subscript represents the neuron number. The layer 1 represents the input layer, and layer L represents the output layer. Neurons in the first row (with subscript 0) are the bias neurons, which always produce the same value and don't have incoming synapses; the layers that are not input or output layers are called the hidden layers.  $N(\alpha)$  denotes the number of neurons in the  $\alpha_{th}$  layer. The ANN implemented in this work has 1 hidden layer with 12 neurons, with a bias neuron at the input layer and in the hidden layer. This topology was chosen by tests measuring the accuracy of 9 different topologies (with 1 and 2 hidden layers) over one of the datasets. It receives 26 inputs (13 parameters from 2 electrodes) and outputs 6 numbers, which represent the probability of the input being from one of the six movements in each movement set.

The values in the input layer are forwarded to the next layer through the synapses. In the first layer (layer 1), the input vector is  $[a_0^1, a_1^1, \ldots, a_{N(1)}^1]$ . Each element of this vector is multiplied by a synaptic weight  $\omega_i^j$ , and they are all added to generate the next layers' neurons' inputs. The activation function is applied to this input, creating the neuron output. Each neuron output value is calculated by Equation 10, with  $\sigma$  as the sigmoid function (shown in Equation 9), which is used as the activation function of the neurons. This is called the *feed-forward algorithm*.

$$\sigma(x) = \frac{1}{1 + e^x}$$

$$\sigma'(x) = \sigma(x)(1 - \sigma(x))$$
(9)



Figure 4: Artificial Neural Network diagram.

$$a_{i}^{j} = \sigma \left( \sum_{k=0}^{N(j)} a_{k}^{j-1} * W_{i}^{j-1}[k] \right)$$

$$i \in [0, N(j)]$$

$$j \in [2, L]$$
(10)

The training algorithm used in this work is the backpropagation algorithm. It is considered the algorithm that brought light to neural networks, because it is a computationally efficient method to train them (Haykin, 1999). It calculates the partial derivatives of the error signal with respect to the weights in the synapses. This value is then summed to the weights to minimize the error function E(w):

$$E(w) = \frac{1}{2} \sum_{n=1}^{N} \| y(x_n, w) - t_n \|^2$$
(11)

When we minimize this error, the ANN approaches its desired behavior. The backpropagation algorithm work as follows. Given an input  $x_n$  and a target output  $t_n$ , the real output  $y_n$  of the ANN is taken using the feed-forward algorithm, as shown in Equation 10. The derivative of the error in the output layer is calculated by  $\frac{\partial E}{\partial a_i^L} = t_i - y_i$ . From layer L-1 to layer 1, the partial derivatives are calculated considering the values of the next layers' errors and synaptic weights that goes from the current layer to the next. The mathematical steps and details are described by Haykin, 1999.

The training set of the neural network has an input vector  $x_n$  associated to their corresponding target vector  $t_n$ , where n = 1, ..., N and N is the number of samples in the input. The training stage has the objective of minimizing the error function in Equation 11 (Bishop, 2006). The hit rate percentage is calculated by the number of right guesses divided by the total number of signals to guess.

Having K > 2 separable binary classifications, it is possible to apply a neural network with K outputs, also considering that each output has sigmoid as activation function and has a binary class label  $t_k \in [0, 1]$ , where k = 1, ..., K, associated to it. Due to the input vector, it can be considered the class labels as independent and, therefore, the conditional distribution of the targets is given by the Equation 12 (Bishop, 2006).

$$p(t|x,w) = \prod_{k=1}^{K} y_k(x,w)^{t_k} [1 - y_k(x,w)]^{1 - t_k}$$
(12)

Then, the error function with more than one input, originated by applying the negative logarithm in the likelihood function, results in Equation 13, where  $y_k(x_n, w)$  indicates the value in the k-unity in the nexample, and  $t_{nk}$  is the expected value in the k-unity in the n-example (Bishop, 2006).

$$E(w) = -\sum_{n=1}^{N} \sum_{k=1}^{K} t_{nk} * ln(y_k(x_n, w)) + (1-t_{nk}) * ln(1-y_k(x_n, w))$$
(13)

In neural networks literature, there is the convention of considering the minimization of the error function instead of the maximization of the likelihood, but both methods are equivalent (Bishop, 2006). An Artificial Neural Network class was created in Python programming language, using few and simple libraries. This is good for portability, in such a way that a embedded system, for instance, would not need to have installed a number of big libraries just for using one feature of it, reducing hardware complexity. The number of epochs during the training phase was chosen empirically, in such a way that the ANN reaches about 99% hit rate at the training set (after this, the ANN will start overfitting). All codes related to the artificial neural network creation, training and evaluation were coded in Python language. The modules used are listed below:

- numpy
- numpy.fft
- csv
- scipy.signal
- scipy.stats
- cProfile
- matplotlib.pyplot
- random
- time

The codes were written in Python 2.7, and Spyder IDE version 3.2.6 was used to write, test and run them. Spyder is "a powerful scientific environment written in Python, for Python, and designed by and for scientists, engineers and data analysts" (as described in Spyder Website). Spyder was used within Anaconda, a platform for Python and R data science and machine learning, according to the Anaconda website. All of this was processed on a Windows 10, 64bits machine, i5-4210U 2.4GHz CPU.

## **3 RESULTS**

Figure 5 shows the hit rate by training epoch, while Figure 6 shows the error by training epoch for movement set 1. As we can see, the hit rate reaches 100%, while the error decreases below 30. This number is less important than the actual hit rate, but has interesting implications, as we will see in Section 4. For this dataset, the testing set hit rate achieved was 86.11%.

Figures 7 and 8 show the hit rate and error by epoch for the training phase for movement set 2. The hit rate in the testing set was 88.89%.

Figures 9 and 10 show the hit rate and error by epoch for the training phase for movement set 3. The hit rate achieved with this set was 87.5%.

The hit rate is a natural measure of the classification method, but it does not account for mistakes



Figure 5: Hit rate achieved using set 1.



Figure 7: Hit rate achieved using set 2.

made by samples of a class over another class (Nilson, 2014). To verify which movements the ANN classified correctly and which ones it did not, we constructed a confusion matrix for the movement set 1. In this matrix, the columns show the actual movement and the row shows which movement the ANN guessed. As we can see in table 2, the ANN did not have much problem classifying movements B6, B13, B14 and C2, and had a lower hit rate classifying movements B9 and B10. As we can see, the ANN mistook movements B10 for B9 and B9 for B10



Figure 8: Error during training in set 2.



Figure 10: Error during training in set 3.

more often (wrist supination and pronation), which is understandable because they are very similar movements. Wrist supination had the lowest hit rate.

The classification time of the ANN was also measured. For this, the feed-forward algorithm was applied to the training set (144 repetitions) 10000 times. The time measured was 173.596 seconds, what makes an average of  $\frac{16.55s}{144*10000} = 120.6\mu s$  spent on each repetition. The time of reading the data from the *.csv* files, pre-processing them, separating the movements of the training and testing sets, and extracting the parame-

Table 2: Confusion Matrix for movement set 1.

		Actual movement						
		B6	B9	B10	B13	B14	C2	
Guessed mov.	B6	10	0	0	1	0	0	
	B9	0	7	2	0	0	0	
	B10	0	2	8	0	1	0	
	B13	0	1	1	10	0	0	
	B14	0	1	0	0	11	0	
	C2	2	1	1	1	0	12	

ters was also measured as 200.19 seconds. The training time (during 20000 epochs) was 1064.97 seconds, making an average of 53.2ms per epoch or 18.78 epochs per second. It's important to note that our code reads all the 52 movements from the dataset and only saves in variables the movements that will be used to train the ANN.

## 4 DISCUSSION

The hit rate for movement set 3 (the same as (Tang et al., 2012)) was 87.5%. This means an 9.6% hit rate increase compared to (Búrigo, 2014), and a decrease of 7.3% compared to (Tang et al., 2012), using a smaller number of electrodes. This reduction in the number of electrodes brings many advantages to a potential application in a myoelectric controlled device. It translates into less discomfort for the user, less computational processing needed, less battery usage, lower costs and weight.

We can notice that the error (from Equation 13) achieved in sets 1, 2 and 3 was below 30. We can illustrate the significance of this with an example. With an error of 30, with 144 repetitions (6 subjects with 6 movements and 4 repetitions for each movement, in the training set), the mean contribution of each movement is  $\frac{-30}{144} = -0.208$ , and of each guess is  $\frac{-0.208}{6} = -0.0347$ . Taking the exponential of this number (calculating equation 13 backwards) and knowing that the ANN output can be interpreted as the probability of the guess being the right guess, we can see that the average "confidence" of the ANN is  $e^{-0.0347} = 96.6\%$ . For instance, if this average was 60%, this error would be -308.2.

We proposed using a feed-forward Neural Network to solve the problem boarded in this work. However, there are many types of Neural Networks used for Supervised Learning in the literature, such as Convolutional Neural Networks and Recurrent Neural Networks. The former is used for the recognition of 2D shapes (Haykin, 1999), which is not the case, while the second could indeed be used for this kind of task. However RNNs need many layers and more data preprocessing, what would increase the training time. Using time windows of 200 samples and assuming just 1 second of gesture duration, with a sampling rate of 2kHz, each gesture repetition would generate 1800 sets of 200 features per electrode (1800 sequences of 200 sampled signals), instead of our 1 set of 13 features per electrode. This approach can be investigated in a future work.

During coding and testing, the Python module *cProfile* was used to identify which functions were spending more time in the processor unit, enabling us to fine tune some functions and methods to increase overall performance. Additionally, using the sigmoid as activation function had the benefit of reducing the time spent on training the network, because its derivative can be written as a function of the function itself, whose value was already calculated and stored.

Our neural network classifier proved to be very fast, classifying sample signals in less than 1 ms. It also does not need a lot of computational memory, because it only needs to store the weights in the synapses after the training is complete. Reduced runtime and complexity are valuable features, as they help ensure the system has a reasonable response time. Ideally, the delay introduced by a control system should not be perceived, being kept below a threshold of roughly 300 ms. However, there is a trade-off between run-time, complexity and accuracy, with the latter being critical for a correct operation. This compromise should be considered in the design of any system controlled by myoelectric signals (Englehart and Hudgins, 2003).

## 5 CONCLUSION

In this paper, we presented the development of a relatively simple ANN that can classify hand movements and gestures using surface EMG data from a reduced number of electrodes. We achieved a hit rate of above 80% in all 3 test sets, with a maximum of 88.89% for movement set 2, with small system complexity and run time.

Future works may investigate how additions to this ANN, such a regularization method, can be implemented to improve its performance. The efficacy of the proposed ANN's performance on a bigger dataset with more subjects and a greater number of movements may also be examined in order to test the ANN's generalization power. Another interesting possibility is to compare the performance of the proposed ANN with different machine learning algorithms of similar complexity, number of inputs and computational time using the same dataset. This could potentially generate a group of simple, fast classifiers that combined, may achieve higher performance levels.

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