Optimized Machine Learning Models for Accurate Detection of *Candida* spp. in Gram-Stained Microscopy Images

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Abstract: Image interpretation is crucial for clinical microbiological diagnosis. Manual reading of Gram-stained slides is timeconsuming and complex. The use of artificial vision systems based on machine learning (ML) models can speed up the detection of microorganisms of interest, ensuring that irrelevant images are discarded and those relevant for the diagnosis are considered. This automated pre-diagnosis process significantly reduces the burden on microbiologists and their subjectivity. It is possible to automate the morphological study of Gramstained samples, through the identification of yeast-like cells or filamentous structures indicative of Candida spp. Several multiclass Machine Learning models (XGBoost, Artificial Neural Networks, and K-Nearest Neighbors) have been implemented, taking the relevant morphological characteristics from the images. The dataset dimensionality is optimized with innovative metaheuristic algorithms using objective functions for the specific detection of yeast and hypha. The best-optimized model achieved an accuracy of 0.821, precision macro of 0.827, recall macro of 0.790, and F1 macro of 0.806.

1 INTRODUCTION

The microscopic interpretation of stained smears is an operator-dependent and time-consuming task in microbiology laboratories. Its automation enhances both the efficiency and the accuracy of the diagnostic, as well as addresses the shortage of skilled technologists (Ledeboer and Dallas, 2014; Smith and Kirby, 2020; Caballé-Cervigón et al., 2020; Burns et al., 2023).

Vaginal infections affecting the female reproductive system are becoming more common in medical consultations. The most prevalent symptoms of infectious vaginitis include vaginal discharge, discomfort, vulvar itching, and odor, although certain infections,

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such as trichomoniasis and some forms of candidiasis, can be asymptomatic. Timely identification of these infections is crucial to prevent severe complications(Verhelst et al., 2005; Gonçalves et al., 2016; Kalia et al., 2020; Dong et al., 2022). Traditionally, the diagnosis starts with Gram staining tests, which is simple and cost-effective. The manual examination of vaginal exudates under a microscope is used to differentiate between normal samples and possible infectious vulvovaginitis. However, additional diagnostic procedures, such as culturing, are often necessary to confirm findings and avoid unnecessary and inefficient treatments, making the process more expensive and complicated.

Digital pathology is an emerging field that encompasses the acquisition of digitized slides and the subsequent analysis with computerized algorithms(Lam et al., 2022; Bankhead, 2022; Peiffer-Smadja et al., 2020).

These techniques have been widely applied in related fields. For sepsis, researchers achieved a sen-

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sitivity and specificity of 98.4% and 75.0% respectively for Gram-positive cocci in chains and pairs, 93.2% and 97.2% for Gram-positive cocci in clusters, and 96.3% and 98.1% for Gram-negative rods(Smith et al., 2018). For tuberculosis (Sirohi et al., 2022), used color, morphology, image arithmetic operation, K-means clustering and thresholding techniques to achieve a 95% detection rate of squamous epithelial cells. Recent work in vulvovaginitis diagnosis has focused on the whole image classification of either gram stains or direct samples. Most advanced methods include convolutional neural networks (CNN)(LeCun et al., 1998), (Smith et al., 2020) and transfer learning networks trained in specific task with other domains. Zhang et al.(Zhang et al., 2017) combined contour feature extraction using CNN and histogram of oriented gradients followed by a support vector machine (SVM) for classification, achieving a detection rate of positive samples as high as 99.8%. Zhao et al. (Zhao et al., 2022) provided a comprehensive review of the literature and used multispectral images in conjunction with CNN and SVM to discriminate between 6 conditions and several combinations. They achieved an improvement over RGB images of 11.4% in classification accuracy, 15.6% in precision and 27.25% in recall. Hao et al. (Hao et al., 2022) used transfer learning and active learning to discriminate between positive and negative samples in a low data regime. They used different types of CNN architectures and all achieved competitive performance, especially with ResNet50. Finally, Lev-Sagie et al. (Lev-Sagie et al., 2023) used a wet microscopy-based scan to perform in-clinic diagnosis of 7 vaginosis-related conditions using specialized hardware.

In this study, some ML algorithms were applied to automatically detect Candida spp. infections in vaginal exudates. For this purpose, a dataset of 221 images was collected and used to train and evaluate four individual classifiers.

An important innovation introduced in this work is the ability of ML techniques to extract entirely new insights from the Gram-stained slides. These algorithms allow the automated detection of previously overlooked elements, such as hypha, yeast, leukocyte nuclei, and other artifacts, providing a more detailed and accurate classification of vulvovaginitis. This enhanced identification entails more effective treatments for Candida spp. infections by enabling earlier and more precise diagnoses, thereby reducing the need for confirmatory tests, such as endocervical swabs, which are often invasive and uncomfortable for patients. Moreover, this automation significantly reduces the diagnostic time, providing faster results that ultimately lead to quicker clinical interventions. The implementation of these techniques also promotes the sharing of diagnostic knowledge and methodologies across clinical teams, enhancing the collaboration and improving the overall healthcare efficiency. While this study focused on Candida spp., the detection of other elements such as trichomonas and bacilli remains an area of ongoing research.

2 MATERIALS AND METHODS

2.1 Data Model

The Gram staining technique is a well-established microbiological method used to classify bacteria into Gram-positive (purple) and Gram-negative (pink) groups based on their cell wall characteristics, utilizing crystal violet, iodine, decolorizer, and safranin. The images of this study come from the laboratory at Hospital Universitario Principe de Asturias. They were captured using a standard smartphone equipped with a high resolution camera (4032x3024 pixels), resulting in a dataset of 221 images. for the machine learning classifiers, with the goal of automating the detection of key elements, i.e. yeasts, hypha, and other artifacts. The elements of the dataset are the characteristics of the microscopy images captured during the routinary clinical observations. Medical professionals labelled the images into those containing yeasts and those without them.

2.2 Image Processing

At first, all images were trimmed and adjusted to a set size of 1500x1500 pixels. This resolution was considered adequate for capturing all the required details to effectively differentiate important elements. The colored image was then transformed into the gray scale. Subsequently, pixels were classified using the K-means clustering algorithm, as shown in Fig 1. After this procedure, colors were categorized into five different levels of color intensity. The darkest sample, which contained various components like nuclei, yeast, and hypha, was used for segmenting the images.

After having the segmented images with the complete set of features, a process of optimisation of the models is started by feature reduction through metaheuristics until the optimised model is found that generates the most accurate possible classification of the different contours, as show in Fig 2.

The raw data has been preprocessed to remove noise and inconsistencies.



Figure 1: Segmentation process (1) Microscopic sample captured with the mobile, (2) Cropped frame image; (3) Color clusterization; (4) Detected contours.



Figure 2: Pipeline scheme illustrating the data processing and predictor generation workflow.

2.3 Contour Features

Once the image processing was completed, contours were extracted from the images, serving as the new data points for further analysis. This differentiation highlights the effectiveness of contour-based analysis compared to whole-image analysis, as it allows for a more precise extraction and characterization of features relevant to classification. Each image contributed multiple contours, from which up to thirty features were extracted, as shown in Table 1.The dataset was then divided into training and test sets, with 2,571 contours assigned to the training set and 720 to the test set. These features are categorized into three groups: color, shape-related, and image moments. Each contour in the images of the training dataset was manually assigned to one of the following classes: nuclei, referring to the nuclei of Leukocythes, Yeast, Hypha, and Artifact representing features that do not correspond to any of the main categories and are detected as unrelated.

The presence of *Candida* in a Gram-stained microscopy sample is crucial for the correct diagnosis. Prescription is detected by observing yeast cells,

Table 1: Characteristics grouped by category.



which appear as round or oval structures staining purple or blue. The observation of hypha, which are elongated, filamentous structures, further reinforces the diagnosis of an active *Candida* infection, as these forms indicate a more invasive state. Therefore, the presence of both yeasts and hypha is significant and supports the clinical suspicion of candidiasis, providing essential information for the appropriate diagnosis and treatment plan.

These entities are biologically relevant. The resulting dataset, derived from the contours, served as the basis for further investigation and enhancement of classification algorithms. It consisted of a total of 3,291 labeled contours, distributed as shown in Fig. 3.

2.4 Model Evaluation

The contour dataset was used to assess the performance of various predictive models. For the multiclass classification task, we selected several machine learning algorithms: XGBoost (XGB), Artificial Neural Network (ANN), and K-Nearest Neighbors (KNN). The choice of ML over deep learning was driven by several factors, including interpretabil-



Figure 3: Contour types breakdown in the dataset.

ity, flexibility, and the compatibility of these models with the metaheuristic optimization approach employed in this study. Unlike deep learning models, which often require large datasets and significant computational resources, ML algorithms such as XGBoost (XGB) is better suited to the dataset size used in this study and provides faster training times. Additionally, this model allows greater control over hyperparameters, which is crucial when optimizing feature selection through metaheuristic techniques. Each machine learning approach offers distinct advantages: decision trees (XGBoost) excel at capturing complex feature interactions, instance-based methods like KNN are highly effective for classification based on proximity, and ANNs capture non-linear patterns through learned weights and biases. This combination of models allows a comprehensive evaluation of the impact of feature reduction on classification performance.

Initially, these models were evaluated in their classical form, with hyperparameters selected through trial and error, as detailed in Table 2, and without applying feature reduction techniques. The primary objective of the optimization was to increase the recall and minimize the false negatives, thus ensuring that critical infections, particularly those caused by Candida spp., were not overlooked. Failing to detect yeast in a sample (i.e., false negatives) can lead to serious diagnostic errors, which is why the metaheuristic optimization process prioritizes recall as a key performance metric.

Feature reduction plays a key role in enhancing both the efficiency and accuracy of the models. In this context, the Gray Wolf Optimizer (GWO) [20], a metaheuristic algorithm inspired by the social hierarchy and hunting strategies of gray wolves, was used to identify the optimal feature subsets.

Table 2: Hyperparameters used for each model.

Model	Hyperparameters
XGBoost	Learning Rate: 0.1, Max Depth: 6, Estimators: 100
CatBoost	Learning Rate: 0.05, Max Depth: 6, Estimators: 200
KNN	Neighbors: 5, Weights: uniform, Algorithm: auto
ANN	Layers: 3, Neurons per Layer: 64, Activation: ReLU

The objective function (O.F.) emphasizes the recall for yeast detection, assigning it a weight of 0.8, reflecting the critical importance of minimizing false negatives and ensuring that positive cases are correctly identified. A weight of 0.8 was chosen, rather than a higher value such as 0.99, to maintain a balanced consideration of other factors, such as overall model stability and the risk of increasing false positives. The detection of hypha also considered but is assigned a lower weight (0.2), as ensuring the detection of yeast remains the primary goal, with hypha detection serving as a secondary consideration, resulting in the specific and different selection of features for each ML model as shown in the Fig. 4



Figure 4: Heatmap of the selected features for each models. (1) blue for k-Nearest Neighbors.; (2) green for Neuronal Network and (3) red for XGBoost model.

an_Gray Mean_B Mean_B Mean_B Mean_B Mean_B Mean_B Mean_B Mean_B Diff_B Diff_B

m10 m11 m20

3 RESULTS

Std_R Std_G Std_B Std_B Rd_Gray

3.1 Metrics

The performance metrics presented allow a comprehensive comparison between classical models and those optimized via metaheuristic feature selection. These metrics include Accuracy, Precision Macro, Recall Macro, F1 Macro, Precision Weighted, Recall Weighted, and F1 Weighted. Table 3 outlines the effect of metaheuristic feature selection on model performance, providing a foundation for further analysis in the discussion section.

For XGB, the basic model achieved an accuracy of 0.814, macro precision of 0.805 and a macro recall of 0.783, resulting in a macro F1-score of 0.793.

Table 3: Performance metrics for different models	Table 3:	3: Performance	metrics for	different	models	•
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Model	Accuracy	Precision	Recall	F1	Precision	Recall	F1
		Macro	Macro	Macro	Weighted	Weighted	Weighted
XGB	0.814	0.805	0.783	0.793	0.814	0.814	0.814
XGB optimized	0.821	0.827	0.790	0.806	0.823	0.821	0.821
KNN	0.760	0.772	0.694	0.722	0.762	0.760	0.759
KNN optimized	0.769	0.785	0.759	0.769	0.775	0.771	0.772
ANN	0.809	0.779	0.758	0.766	0.812	0.809	0.810
ANN optimized	0.816	0.802	0.806	0.791	0.825	0.818	0.818

After optimization, these values increased, with accuracy reaching 0.821, macro precision to 0.827, macro recall 0.790, and macro F1-score to 0.806. These improvements underscore the effectiveness of the optimization process.

The Receiver Operating Characteristic (ROC) curve for the XGB model in the Fig.5 shows strong performance with an AUC of 0.95, confirming the model's effectiveness in distinguishing between classes. This further supports the effectiveness of the model in distinguishing between classes and highlights its robustness after the optimization process.



Figure 5: Receiver Operating Characteristic (ROC) curve for the XGBoost model.

3.2 Results Focused on Specific Features

A detailed analysis was carried out for each class—yeast, hypha, nuclei, and artifact—since the performance for these classes reflects the effective-ness of the models.

The application of metaheuristic optimization resulted in a noticeable enhancement of performance metrics across most models. In particular, the XGB model achieved the highest F1-score after optimization, reaching 0.869, as shown in Fig. 6. This improvement indicates that the use of metaheuristics effectively boosts the model's ability to classify yeast instances with greater precision. Additionally, the recall for the yeast class, which reflects the model's capability to correctly identify all true yeast instances, also increased significantly, demonstrating the optimization's success in reducing false negatives and improving overall detection sensitivity. Notably, the XGB model reduced false negatives from 17 to 14 and increased true positives from 93 to 96, reflecting a substantial improvement in detection sensitivity, as seen in Table 4.



Figure 6: Performance metrics comparison for yeast class (Classic vs Optimized models).

Performance metrics comparison for hypha class (Classic vs Optimized models).

The application of metaheuristic optimization also yielded notable improvements for the hypha class, as shown in Fig. 7. The XGB model demonstrated the highest F1-score post-optimization, reaching 0.815, underscoring the effectiveness of the metaheuristics in enhancing the model's precision for this class. Additionally, the recall for hypha, which measures the model's ability to correctly identify all true positive instances, improved significantly after optimization. Notably, The recall for the KNN model showed notable improvement, increasing from 0.533 to 0.667, which led to a significant reduction in false negatives. This improvement is particularly relevant for complex classes like hypha, where sensitivity is crucial.



Figure 7: Performance metrics comparison for hypha class (Classic vs Optimized models).

Following the evaluation of the yeast and hypha classes, the performance of the nuclei class was also analyzed. The performance metrics demonstrate consistent improvements across all models following metaheuristic optimization. As shown in Fig. 8, the ANN model exhibited the highest F1-score, reaching 0.736 after optimization. Moreover, the recall metric,

which evaluates the model's ability to accurately identify all relevant instances, experienced a significant enhancement. In the nuclei class, the ANN model demonstrated a significant enhancement in recall, increasing from 0.731 to 0.821. This improvement reduced false negatives from 18 to 14 and increased true positives from 60 to 64, as detailed in Table 4 which means a significant improvement in detection accuracy.



Figure 8: Performance metrics comparison for Nuclei class (Classic vs Optimized models).

Despite applying metaheuristic optimization, the metrics for the artifact class presented in Fig. 9 did not improve. This outcome is attributed to the optimization function, which did not prioritize refining the model for this particular class. The artifact class holds less clinical significance compared to the detection of yeast, where missing a diagnosis could have more serious implications for patient care. Therefore, the focus was placed on enhancing the model's performance for clinically critical structures like yeast and hypha, ensuring that these are not overlooked during diagnosis.



Figure 9: Performance metrics comparison for Artifact class (Classic vs Optimized models).

Table (4) presents a detailed breakdown of false positives (FP), false negatives (FN), true positives (TP), and true negatives (TN) for each class, offering deeper insights into the models' performance. The optimized XGB model performed particularly well

576

in the yeast class, with reductions in both FP and FN and an increase in TP, indicating stronger detection capabilities. Likewise, the ANN model exhibited steady enhancements across the yeast and nuclei classes, achieving notable increases in TP and reductions in FN. While KNN showed progress, particularly in yeast, there is still room for further enhancement, especially in classes like artifact.

Table 4: Detailed results of FP, FN, TP and TN of the models for the four classes.

Model	Class	FP	FN	ТР	TN
XGB	Yeast	19	17	93	296
XGB optimized	Yeast	15	14	96	300
KNN	Yeast	31	24	86	284
KNN optimized	Yeast	26	20	90	289
ANN	Yeast	19	17	93	296
ANN optimized	Yeast	19	14	96	296
XGB	Hypha	2	4	11	408
XGB optimized	Hypha	1	4	11	409
KNN	Hypha	1	7	8	409
KNN optimized	Hypha	1	5	10	409
ANN	Hypha	3	6	9	407
ANN optimized	Hypha	2	5	10	408
XGB	Nuclei	24	22	56	323
XGB optimized	Nuclei	26	22	56	321
KNN	Nuclei	26	26	52	321
KNN optimized	Nuclei	32	22	56	315
ANN	Nuclei	28	18	60	319
ANN optimized	Nuclei	32	14	64	315
XGB	Artifact	34	36	186	169
XGB optimized	Artifact	34	36	186	169
KNN	Artifact	44	45	177	159
KNN optimized	Artifact	39	51	171	164
ANN	Artifact	31	40	182	172
ANN optimized	Artifact	25	45	177	178

4 **DISCUSSION**

This study demonstrates the potential of utilizing machine learning (ML) models optimized through metaheuristics to enhance the detection of microorganisms in Gram-stained samples. Specifically, the focus on the detection of Candida species has shown significant improvements in diagnostic accuracy, leading to more effective treatments, reduced diagnostic times, and fewer invasive procedures. The extraction of meaningful insights from Gram-stained images represents an innovative and valuable approach in clinical diagnostics.

The ability of these models to accurately detect yeast and hyphae has considerable implications for the diagnosis of vulvovaginitis. Accurate classification of these elements not only enhances clinical outcomes but also minimizes the need for additional invasive procedures, such as endocervical sampling. This improvement contributes to a more comfortable patient experience and reduces healthcare costs. Moreover, the ability to standardize and share diagnostic knowledge across healthcare professionals supports clinical decision-making and fosters collaboration within the medical community.

The integration of machine learning models tailored to microbiological data has proven effective. Models such as XGBoost (XGB), Artificial Neural Networks (ANN), and k-Nearest Neighbors (KNN) were selected for their distinct algorithmic strengths, providing a diverse set of tools for accurate classification. XGBoost, with its decision-tree-based approach, demonstrated robust performance in handling complex data, while the ANN model excelled in adjusting weights and biases for intricate classifications. KNN, although instance-based, showed notable improvements in detecting challenging elements such as hyphae following optimization.

Metaheuristic optimization applied to these models was crucial in improving their overall performance. This optimization not only enhanced metrics such as accuracy and recall but also increased sensitivity to detecting yeast and hyphae, essential for confirming cases of vulvovaginitis. The reduction in false negatives was particularly significant, as missing key diagnostic markers could result in inadequate treatments or unnecessary follow-up testing.

Despite these promising outcomes, the detection of other relevant microorganisms, such as Trichomonas and bacterial vaginosis-associated bacilli, remains an area for further exploration. Addressing these gaps could yield a more comprehensive diagnostic tool capable of identifying a broader range of vulvovaginal infections.

Finally, the optimization of classifiers using metaheuristic algorithms validated the importance of selecting relevant morphological features. This selection significantly enhanced the models' ability to differentiate between microorganism types, particularly in the detection of yeast and hyphae. However, the observed trade-offs, such as increased false positives or reduced performance in detecting other structures, highlight the necessity of careful model selection and tuning for specific clinical contexts.

5 CONCLUSIONS

This study underscores the effectiveness of integrating machine learning algorithms optimized through metaheuristics into microbiological diagnostics. By improving the detection of yeast and hyphae in Gramstained samples, these models deliver more accurate and efficient diagnostic tools, potentially transforming the diagnostic landscape for vulvovaginitis and related infections.

The XGBoost optimized model demonstrated the best overall results, with an accuracy of 0.821, precision macro of 0.827, recall macro of 0.790, and F1 macro of 0.806. In yeast detection, XGBoost optimization reduced false negatives (FN) from 17 to 14 and increased true positives (TP) from 93 to 96. Similarly, in hypha detection, it achieved the lowest false positive (FP) count (1), while maintaining 4 false negatives and 11 true positives. The automation of microorganism detection in Gram-stained images has been confirmed as a robust and reliable approach. These results emphasize the importance of tailoring machine learning models to specific diagnostic tasks, ensuring reliable and efficient classification performance across diverse microorganism types.

The combination of machine learning techniques and metaheuristic algorithms represents a significant contribution to applied artificial intelligence in microbiology. The groundwork for integrating these techniques into clinical decision-support systems has been established. Developing an interface for clinicians or microbiologists will further streamline the diagnostic process, enabling real-time microorganism detection and improving accuracy in clinical environments.

Future studies should explore the integration of alternative imaging modalities or the combination of different staining methods to broaden the applicability of the developed models. Furthermore, these approaches should be validated using more diverse datasets to ensure their generalizability across different clinical contexts, thereby extending their utility to a wider range of healthcare settings. The consistent improvements observed in yeast, hypha, and nuclei detection highlight the potential of these optimized ML models to significantly enhance clinical microbiological diagnostics.

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