

# Cross-Site Relational Distillation for Enhanced MRI Segmentation

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**Keywords:** MRI Segmentation, Adaptive Affinity Module, Kernel Loss, Unseen Generalization.


**Abstract:** The joint use of diverse data sources for medical imaging segmentation has emerged as a crucial area of research, aiming to address challenges such as data heterogeneity, domain shift, and data quality discrepancies. Integrating information from multiple data domains has shown promise in improving model generalizability and adaptability. However, this approach often demands substantial computational resources, hindering its practicality. In response, knowledge distillation (KD) has garnered attention as a solution. KD involves training lightweight models to emulate the behavior of more resource-intensive models, thereby mitigating the computational burden while maintaining performance. This paper addresses the pressing need to develop a lightweight and generalizable model for medical imaging segmentation that can effectively handle data integration challenges. Our proposed approach introduces a novel relation-based knowledge framework by seamlessly combining adaptive affinity-based and kernel-based distillation. This methodology empowers the student model to accurately replicate the feature representations of the teacher model, facilitating robust performance even in the face of domain shift and data heterogeneity. To validate our approach, we conducted experiments on publicly available multi-source MRI prostate. The results demonstrate a significant enhancement in segmentation performance using lightweight networks. Notably, our method achieves this improvement while reducing both inference time and storage usage.


## 1 INTRODUCTION


Problems with data privacy and sharing have recently slowed medical progress. This brings us to domain generalization, a method for protecting data while also creating robust models that excel across various, previously unknown data sources. Thus, there is a growing demand for collaborative data efforts among multiple medical institutions to enhance the development of precise and resilient data-driven deep networks for medical image segmentation (Liu et al., 2021; Liu et al., 2020a; Li et al., 2020). In practical applications, Deep learning (DL) models often exhibit decreased performance when tested on data from a different distribution than that used for training, which is referred to as domain shift. A major factor contributing to domain shift in the medical field is the variation in image acquisition methods such as imaging modalities, scanning protocols, or device manufacturers, termed acquisition shift. Hence, addressing the issue of domain shift has led to investigations into methodologies like unsupervised domain

adaptation (UDA) (Ganin and Lempitsky, 2015) and single-source domain generalization (SDG) (Li et al., 2023; Ouyang et al., 2023). Nevertheless, the effectiveness of these strategies can be hindered by their dependence on training data from either the target domain or a single source domain, which frequently proves inadequate for creating a universally applicable model. A more practical approach is multi-source domain generalization (MDG) (Muandet et al., 2013), wherein a DL model is trained to be resilient to domain shifts using data from various source domains. Since we are dealing with a multi-source domain, we adopt The Adaptive Affinity Loss (AAL) (Ke et al., 2018; Zhang et al., 2021; He et al., 2019) to minimize the distribution gap across models' features. It's designed to address challenges related to domain shift, where the distribution of data in the training and testing phases differs significantly. The traditional loss functions used in semantic segmentation, such as cross-entropy or dice losses, focus on pixel-wise classification accuracy. However, they often fail to capture the structural information and relationships between neighboring pixels, which are crucial for accurate segmentation, especially in medical images where objects of interest can have complex shapes and textures. Adaptive Affinity Loss aims to

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overcome these limitations by incorporating spatial relationships and structural information into the loss function. It does so by considering the affinities or similarities between pixels in addition to their classifications.

The affinity loss is calculated based on features extracted from the deep neural network, which captures contextual information about the image. The adaptive aspect of AAL refers to its ability to dynamically adjust the importance of affinity terms based on the characteristics of the input data. By integrating spatial context and adaptively adjusting the loss function, AAL helps improve semantic segmentation models' robustness and generalization capability, especially in the presence of domain shift. This adaptability is particularly useful in scenarios where data distribution varies across different domains or imaging modalities. In addition, the gram matrix has proven its ability to allow the network to capture the style representation of an input image. In the context of KD to produce lightweight models, the gram matrix is derived from the feature maps of the teacher and student models. It serves as a form of representation of style or correlation between different features. The difference between the matrices of the student and teacher feature maps is calculated using a loss function. This loss encourages the students' feature maps to have styles similar to the teacher's.

In this work, we introduce an innovative segmentation pipeline that leverages a combination of knowledge transfer and unseen generalization techniques. Our primary objective is to develop a lightweight and highly generalizable model suitable for real-time clinical applications. Our methodology revolves around utilizing teacher models, trained on known data, to facilitate the training of student models with previously unseen data. Unlike traditional generalization approaches that focus on minimizing distribution shifts within the same network across different domains, our emphasis lies in minimizing the distribution gap between the domains of teachers and students. To achieve this, we propose a relation-based KD technique that incorporates two key modules to tackle the domain alignment: the Adaptive Affinity Module (AAM) and the Kernel Matrix Module (KMM). These modules work in tandem to optimize the discrepancy across feature maps, thereby enhancing model performance. Additionally, we integrate a Logits Module (LM) that utilizes Kullback-Leibler (KL) divergence to reduce the distribution shift between the logits of teachers and students. Thus, our learning structure comprises three main components: AAM and KMM for addressing feature map discrepancies, and LM for handling logits distribution shift. We validate our ap-

proach through segmentation tasks on prostate MRI imaging (Liu et al., 2020b), demonstrating its superior effectiveness compared to conventional off-the-shelf generalization methods. Our segmentation pipeline offers a robust solution for medical imaging segmentation, with potential applications in real-world clinical settings while preserving data privacy and patient confidentiality making it suitable for deployment in sensitive medical environments.

## 2 METHOD

Existing generalization techniques typically aim to alleviate distribution gaps across sources, necessitating alignment between input domains trained on the unified network. Consequently, this results in a scenario where data is shared between seen data used for training and unseen data employed for generalization during testing. Nonetheless, we propose an innovative fusion of knowledge transfer and generalization paradigm for MRI prostate tumor segmentation. This section aims to detail the incorporated modules in our learning pipeline as shown in Fig. 1. The Holistic pipeline encompasses four distinct objective functions: AAM and KMM, which are responsible for transferring intermediate information by learning pixel-level affinities and gauging pixel similarity via a gram matrix, respectively. The logits module (LM) is designed to narrow the distribution gap between the logits of teachers and students. Finally, to fully implement the distillation scheme, it is imperative to integrate the segmentation loss across the ground truth and the student's input domain. We delve into the relation-based distillation modules explored to address feature map discrepancies, empowering lightweight models to emulate the capabilities of powerful teachers.

### 2.1 Adaptive Affinity Module

Our Module implementation is derived from the idea of (Ke et al., 2018), where instead of incorporating an additional network, it utilizes affinity learning for network predictions. We take advantage of affinity loss in (Zhang et al., 2021), introducing an adaptive affinity loss that encourages the network to learn inter- and inner-class pixel relationships within the feature maps. For this purpose, we employ the labeled segmentation predictions of the teacher, which contain precise delineations of each semantic class, to extract region information based on classes from feature maps. The pairwise pixel affinity is based on the teacher's prediction label map, where for each pixel

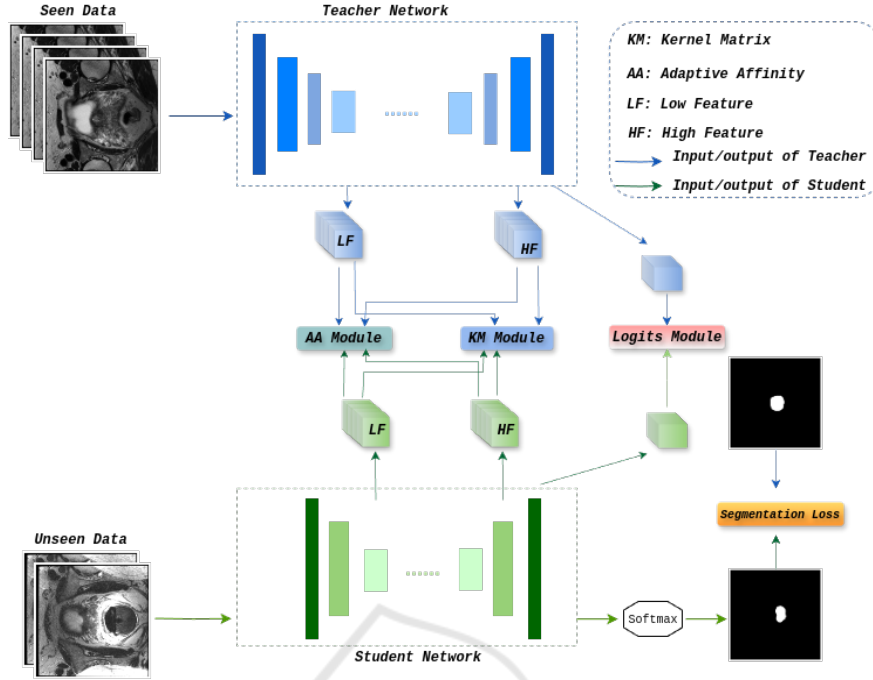


Figure 1: Overall framework of the proposed generalization method across teacher's and student's networks.

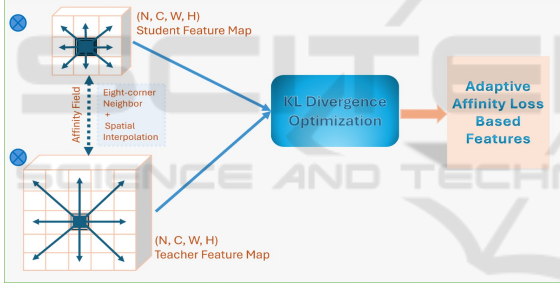


Figure 2: The architecture of Adaptive Affinity module (AAM).

pair we have two categories of label relationships: whether their labels are identical or distinct. We denote set a pixel pair  $P$ , segregated into two distinct subsets based on whether a pixel  $i$  and its neighbor  $j$  share the same label or belong to different regions:  $P_+$  and  $P_-$  represents pairs with the same object label and with different labels respectively. Specifically, we define the pairwise affinities losses as follows:

$$Loss_{P_+} = \frac{1}{|P_+|} \sum_{i,j \in P_+} W_{ij}, \quad (1)$$

$$Loss_{P_-} = \frac{1}{|P_-|} \sum_{i,j \in P_-} \max(0, m - W_{ij}), \quad (2)$$

where, pixel  $i$  and its neighbor  $j$ , belong to the same class  $c$  in the feature map  $F$ .  $W_{ij}$  is the KL divergence between the classification probabilities,  $m$  is the mar-

gin of the separating force, and  $W_{ij}$  can be defined as:

$$W_{ij} = D_{KL}(F_i^c || F_j^c). \quad (3)$$

The total Adaptive Affinity Loss can be defined:

$$Loss_{AA} = Loss_{P_+} + Loss_{P_-}. \quad (4)$$

## 2.2 Kernel Matrix Module

The similarity between two images,  $x_i$  and  $x_j$ , can be assessed using a kernel function denoted as  $k(x_i, x_j) = \langle \phi(x_i), \phi(x_j) \rangle$ . Here,  $\phi(x_i)$  represents a projection function that transforms examples from their original space into a more suitable space for the target task. We regard a specific layer within a neural network as this projection function to generate the intermediate features by  $f_S(x_i) = x_S^i$  and  $f_T(x_i) = x_T^i$  from the student network  $S$  and teacher network  $T$ , respectively. Subsequently, the similarity between  $x_i$  and  $x_j$  in the gram matrix for  $S$  and  $T$  networks can be computed as:

$$\begin{aligned} K_S(x_i, x_j) &= \langle f_S(x_i), f_S(x_j) \rangle = x_S^{iT} x_S^j, \\ K_T(x_i, x_j) &= \langle f_T(x_i), f_T(x_j) \rangle = x_T^{iT} x_T^j, \end{aligned} \quad (5)$$

where  $x^i$  and  $x^{iT}$  refer to the feature map and its corresponding transpose, while  $K_S$  and  $K_T$  denote the  $n \times n$  gram matrix derived from the  $S$  and  $T$  networks, respectively.  $n$  is the total input samples for each network separately, which represents the total input samples for each network individually. To gauge the sim-

ilarity between the teacher’s feature maps and the student’s feature map, we adopt a depth-wise layer approach by incorporating a convolutional layer with a  $1 \times 1$  kernel. This adjustment ensures that there is alignment in the spatial resolution of the features derived from both S and T networks. Thereby, we tend to transfer the full kernel matrix from the T model to the S model to enable this latter to mimic the teacher’s performance. Then, the distillation loss of this module can be defined by:

$$Loss_{KM} = \frac{1}{n} \sum_{i=0}^n (K_S - K_T)^2 + \|K_S - K_T\|_{L_1}, \quad (6)$$

where  $K_S$  and  $K_T$  are defined in (5).  $\|\cdot\|_{L_1}$  represents the  $L_1$  normalization, which assigns a weight to adjust the loss.

### 2.3 Logits Module

Logits-based distillation stands as a foundational technique in knowledge distillation, first introduced by Hinton et al. (Hinton et al., 2015). It involves the student network learning from the teacher network by replicating its output probability distribution. This is crucial because these output probabilities contain valuable insights into inter-class similarities that might not be entirely reflected in the ground truth labels. By mimicking these probabilities, the student network can develop a better grasp of the underlying knowledge embedded in the teacher’s predictions. The traditional knowledge-transferring method applies a softmax function on the logit layer to soften the output and then measure the loss using the teacher and student outputs. However, in our case, due to that we aim to build not just a lightweight student model but a generalizable one as well, and due to that the student has no prior knowledge of the input domain, so we adopt to minimize the distribution probabilities of the logit layers. Thus the loss in our method is calculated using the KL divergence between the probabilities  $p_i^s$  and  $p_i^t$  of the  $i_{th}$  class derived from the S and the T networks, respectively.

$$Loss_{Logits} = \frac{1}{N} \sum_i^N KL(p_i^s || p_i^t), \quad (7)$$

where N is the total pixel number derived from the logits’ output.

As illustrated in Fig. 1, we adopt a global function loss, given here, to train the student in an end\_to\_end manner with unseen data.

$$Loss_{Total} = Loss_{Seg} + \lambda_1 Loss_{Logits} + \lambda_2 Loss_{KM} + \lambda_3 Loss_{AA}, \quad (8)$$

where  $Loss_{Seg}$  is the general segmentation loss that can either dice loss (Hinton et al., 2015) and focal

Table 1: The rank of the models in ascending order of the number of parameters.

Method	Params(M)	Flops(G)
ESPNet	0.183	1.27
ENet	0.353	2.2
ERFNet	2.06	16.56
Unet++	36.6	621.38
DeepLabV3+	56.8	273.94

loss (Sudre et al., 2017). In this work, we empirically set the weighted parameters  $\lambda_1$ ,  $\lambda_2$ , and  $\lambda_3$  to 0.2, 0.9, and 0.9, respectively.

## 3 EXPERIMENTS AND RESULTS

### 3.1 Datasets

We assess the effectiveness of our generalization pipeline using prostate MRI segmentation data gathered from six distinct sites sourced from three public datasets: NCI-ISBI2013 (Bloch N, 2015), I2CVB (Lemaître et al., 2015), and Promise12 (Litjens et al., 2014). Specifically, sites 1, 2, and 3 correspond to data from ISBI2013 and I2CVB respectively, while sites 4, 5, and 6 are obtained from Promise12. We adopt a dice similarity score to evaluate the models’ performance and to conduct a comparison with the state-of-the-art (SOTA) generalization methods.

### 3.2 Implementation Setup

To evaluate our structured generalization-distillation framework, we meticulously select NestedUnet (Unet++) (Zhou et al., 2018) and DeepLabv+3 (Chen et al., 2016) as the teacher networks. In the scope of lightweight student networks, we employed ENet (Paszke et al., 2016), ESPNet (Mehta et al., 2018), and ERFNet (Romera et al., 2018). All networks were trained using the Adam optimizer, initialized with a learning rate of 0.01. We employed a CycliLR to schedule the learning rate with a step size of 2000, gradually decreasing it until reaching a minimum of  $1e^{-6}$ . We conducted the experiments to converge within 100 epochs with a batch size of 16 on an NVIDIA RTX 3050 ti with 16 GB of memory. The computational complexity of the aforementioned models in terms of the number of parameters and Flops is listed in Table 1.



Table 2: Cross experiments results between a single teacher and student on prostate. “w/o” denotes the baseline performance, and “w/” stands for the performance with our distillation. We denote by S1, S2, S3, S4, S5, and S6 the input domains and target sites for the teacher and student networks, respectively.

Models	Prostate					
	S1	S2	S3	S4	S5	S6
T1: DeepLabV3+	0.895	0.886	0.889	0.874	0.878	0.885
T2: Unet++	0.901	0.893	0.883	0.880	0.869	0.871
Generalization’s performances distilled from different teachers						
ENet: w/o	0.714	0.604	0.539	0.782	0.701	0.772
T1: w/	0.810	0.642	0.734	0.881	0.796	0.876
T2: w/	0.808	0.637	0.684	0.858	0.894	0.869
ESPNet: w/o	0.703	0.482	0.573	0.738	0.745	0.715
T1: w/	0.819	0.563	0.604	0.826	0.819	0.832
T2: w/	0.837	0.594	0.643	0.842	0.836	0.808
ERFNet: w/o	0.788	0.720	0.736	0.760	0.725	0.694
T1: w/	0.823	0.751	0.799	0.869	0.801	0.861
T2: w/	0.843	0.746	0.752	0.892	0.877	0.852

### 3.3 Experimental Evaluation

We intend in this section to demonstrate the efficiency of the generalization ability of our proposed framework. As mentioned earlier, we adopted various combinations of the off\_the\_shelf teacher and student models, specifically, (Unet++) (Zhou et al., 2018) and DeepLabv3+ (Chen et al., 2016) as the teachers due to their high performance in medical imaging segmentation. Meanwhile, we opted for ENet (Paszke et al., 2016), ESPNet (Mehta et al., 2018), and ERFNet (Romera et al., 2018) as lightweight student models.

Table 2 presents the results of applying our distillation framework including the aforementioned modules, i.e. affinity module AAM, the kernel module KMM, and the logits module LM. All student models show significant improvements in Prostate MRI segmentation with the unseen data compared to the baseline. We listed in the table 2 the primary results after applying the three modules. The students exhibit a notable improvement depending on the input domains. There are obvious difficulties in enabling the students to enhance their performance when they have been trained with site 3, this latter has different institution source and device settings compared to the remaining sites. Our pipeline enables Enet to surpass the performance of the large teachers in terms of segmentation dice, i.e. for the target S4 and S5 Enet yielded dice scores of 0.881 and 0.894, which were distilled from Deeplabv3+ and Unet++ respectively. In Addition, ERFNet outperforms the teacher Unet++ achieving scores of 0.892 and 0.877 with the target domains S4 and S5. ESPNetV2, on the other hand, demonstrated comparable performance to the teacher

networks, showcasing an increase of up 13% (0.703 to 0.837) when paired with Unet++ and S1 as the target domain. To further illustrate the effectiveness of our approach, we present the segmentation performance on MRI prostate in Fig 3. To assess the impact of our introduced modules, we conducted an ablation study, the results of which are summarized in the table 3. We selected Deeplabv3+ and Enet as teacher and student models respectively. As shown in table 3, the highest dice score for all the target sites is obtained when we integrated our three modules simultaneously.

To exhibit the superiority of our structured framework, we compare it with various advanced SOTA generalizations and KD. Specifically, we adhered to the same generalization scenario as developed in our work for distillation. Table 4 provides a summary of the comparison outcomes.

In (Zhao et al., 2023), the generalization results exceeded our own, albeit employing a traditional approach with a complex model. It’s worth noting that (Zhao et al., 2023) utilized a different method from ours. While their approach yielded superior results, it relied on a complex model. In contrast, our method offers a significant advantage: we achieved comparable performance with a lightweight model that requires minimal memory storage and computational resources with trainable parameters of 353k and FLOPS of 2.2G. To the best of our knowledge, no existing work has explored similar methods to ours, underscoring our approach’s novelty and potential impact.

Table 3: The effectiveness of the components of our generalization method. We select Enet and Deeplabv3+ as the student and teacher models respectively.

Model	Prostate					
	S1	S2	S3	S4	S5	S6
Teacher: Deeplabv3+	0.895	0.886	0.889	0.874	0.878	0.885
Student:Enet	0.714	0.604	0.539	0.782	0.701	0.772
+LM	0.691	0.571	0.505	0.741	0.619	0.721
+AAM	0.700	0.599	0.648	0.780	0.691	0.740
+KMM	0.698	0.583	0.630	0.767	0.690	0.738
+KMM + LM	0.763	0.679	0.659	0.807	0.769	0.775
+AAM + LM	0.772	0.691	0.688	0.810	0.762	0.798
+AAM + KMM	0.781	0.611	0.709	0.849	0.781	0.816
+AAM + KMM + LM	<b>0.810</b>	<b>0.642</b>	<b>0.734</b>	<b>0.881</b>	<b>0.796</b>	<b>0.876</b>

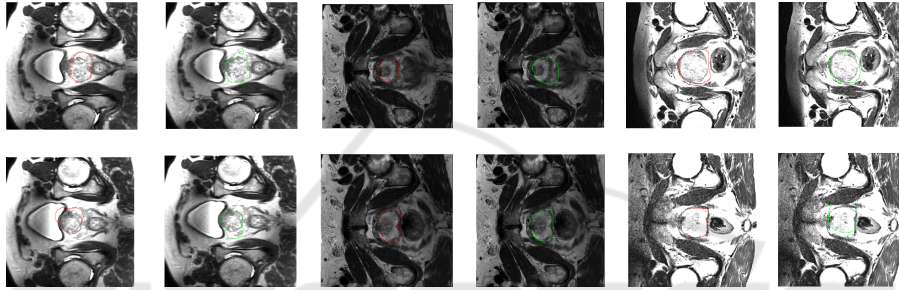


Figure 3: Segmentation Performance of our method. The first row refers to the ESPNet’s prediction and the second row presents results derived from ERFNet Student. The red and green contours denote the GT and predicted mask of the student after our KD, respectively.

Table 4: Comparative results of our method with two advanced distillation methods and two generalization methods.

Method	Prostate					
	S1	S2	S3	S4	S5	S6
Teacher: DeepLabV3+	0.895	0.886	0.889	0.874	0.878	0.885
Student (Ours): Enet	0.810	0.642	0.734	0.881	0.796	0.876
Distillation methods						
KD (Hinton et al., 2014)	0.778	0.765	0.761	0.786	0.699	0.745
AT (Zagoruyko and Komodakis, 2017)	0.789	0.641	0.585	0.816	0.802	0.774
MSKD (Zhao et al., 2023)	0.762	0.643	0.532	0.809	0.790	0.658
EMKD (Qin et al., 2021)	0.635	0.524	0.681	0.696	0.544	0.711
Generalization methods						
SAML (Liu et al., 2020a)	0.896	0.875	0.843	0.886	0.873	0.883
DRDG (Lu et al., 2021)	0.709	0.758	0.665	0.739	0.857	0.826

## 4 CONCLUSION

We have outlined three key distillation modules: Adaptive Affinity Module (AAM), Kernel Matrix Module (KMM), and Logits Module (LM) to develop a lightweight, generalizable model for medical imaging segmentation. A unique aspect of our approach is its ability to enhance the student model by leveraging detailed contextual information from feature maps through the integration of AAM and KMM. Experimental results on MRI prostate data demonstrate that our method significantly outperforms related state-of-the-art (SOTA) techniques, improving both segmentation accuracy and the generalization capabilities of lightweight networks. Future work will focus on expanding our ablation study by incorporating deeper teacher models and refining the proposed method to further improve segmentation outcomes. Additionally, we will explore the model's applicability to different medical imaging tasks, addressing potential limitations to achieve the highest possible segmentation accuracy.

## ACKNOWLEDGEMENTS

PID2023-146925OB-I00

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