# Operator Fatigue Detection via Analysis of Physiological Indicators Estimated Using Computer Vision

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Abstract: The complexity of technical systems today causes an increased cognitive load on their operators. Taking into account that the cost of the operator's error can be high, it is reasonable to dynamically monitor the operator to detect possible fatigue state. Application of computer vision technologies can be beneficial for this purpose since they do not require any interaction with the operator and use already existing equipment such as cameras. The goal of the presented research is to analyze the possibility to detect the fatigue based on the physiological indicators obtained using computer vision. The analysis includes finding correlations between the physiological indicators and the fatigue state as well as comparing different machine learning models to identify the most promising ones.

## **1 INTRODUCTION**

Today, the complexity of technical systems (for example, industrial robotic complexes, physical and/or chemical process installations; systems consisting of multiple objects performing coordinated actions, etc.) has significantly increased. This, in turn, leads to an increased cognitive load on the operators controlling such systems: they have to continuously analyze numerous system performance indicators and timely make decisions aimed at adjusting system's operation mode), and consequently, increased fatigue. At the same time, the cost of operator error can be very high (Xie et al., 2024; Rogers et al., 2023).

To reduce the probability of errors, nowadays, operators undergo regular medical examinations, and their continuous working time is strictly regulated. However, these measures are not adaptive and cannot guarantee the operator's performance throughout the entire shift or a predetermined period of working time. Continuous monitoring of the operator's condition using medical devices is also not a feasible solution to this problem, as their permanent usage can be inconvenient and providing each operator with such devices can be expensive. On the other hand, video surveillance systems are currently widespread. Therefore, the possibility of using video surveillance data to detect the operator's fatigue is a relevant issue.

The efficient usage of the available (mostly, large) data is a global challenge, as evidenced by the popularity of research in this field worldwide. Due to significant development in information technology, machine learning methods based, for example, on deep neural networks, have made a substantial qualitative leap in the last few years. There already exist many methods and models for fairly accurate assessment of physiological indicators of a person based on video recordings (for example, using photoplethysmography methods), e.g., (Othman et al., 2022; Hamoud et al., 2023a). The presented research aims to analyze a possibility of detecting the operator's fatigue based on primary physiological indicators identified via computer vision. The complexity of this problem is mainly related to the fact that the specified dependency can be significantly affected by the noise and distortions that occur when collecting data using computer vision systems, compared to the data obtained using special medical devices.

The paper is structured as follows. The next section presents the state of the art analysis in the areas of computer vision-based estimation of physiological indicators and fatigue detection. It is followed by the research methodology. Section 4 describes the dataset used. The experiment description and its results are presented in Section 5. Concluding remarks and future work are given in the Conclusions section.

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## 2 RELATED WORK

The section discusses the state of the art in the areas of fatigue detection, detection of various physiological indicators based on computer vision technologies and their relation to the fatigued state.

#### 2.1 Fatigue

The majority of fatigue definitions seem to conceptualize the fatigue as a complex phenomenon, incorporating various characteristic descriptions such as heightened discomfort alongside diminished work capacity, reduced responsiveness to stimulation, and typically accompanied by sensations of weariness and tiredness (Rudari et al., 2016; Hu and Lodewijks, 2020). Moreover, researchers generally define mental fatigue as a gradual and cumulative process associated with a general sense of weariness, a lack of motivation, inhibition, impaired mental performance, reduced efficiency, and decreased alertness (Borghini et al., 2014). However, based on the literature, mental fatigue is characterized by a stable state over longer periods and is more closely related to a psychobiological state (Luo et al., 2020; Borghini et al., 2014). The fatigue is associated with many physiological indicators and signs (Argyle et al., 2021), hence many researchers put forth to study these relationships and investigate the changes that occur when individuals are exposed to mentally demanding tasks as we mention in detail in section 2.3.

#### 2.2 Physiological Indicator Estimation Based on Computer Vision

Based on the literature analysis the following physiological indicators that can indicate the fatigued state have been identified: respiratory rate, heart rate, blood pressure, blood oxygen saturation, head pose and the state of the mouth and eyes.

A photoplethysmography (PPG) - based approach to respiratory rate detection was presented in (Fiedler et al., 2020). The algorithm first applied detection of the region of interest (forehead and the face skin) and extracted the PPG signal from it. Then, it applied a number of signal processing techniques to eliminate noise and artifacts to get the respiratory-related body skin color changes. The method presented in the paper (Scebba et al., 2021) applied multi-spectral data fusion (using recordings from far-infrared and nearinfrared cameras). Instead of PPG signal it analyzed thermal airflow in the nostrils region and respiratoryrelated motions in the chest region. The authors of the paper (Othman et al., 2022) applied optical flow analysis to detect the driver's respiratory rate even in moving vehicles.

Detection of blood-related indicators (heart rate, blood pressure, and blood oxygen saturation) from video are implemented based on remote PPG (rPPG). The heart rate detection is mostly done using principal component analysis or deep neural networks. The latter achieve better results with the mean average error of 6-7 beats per minute (Revanur et al., 2022; Othman and Kashevnik, 2022).

Several approaches put forth for the use of rPPG in the remote estimation of continuous blood pressure. rPPG depends on the ability to capture the natural light reflection from human skin, which may be done with a standard webcam or a smartphone camera. For instance, (Jain et al., 2016) analyzed fluctuations in blood flow beneath the skin using principal component analysis (PCA) as captured by changes in the red channel intensity of facial video. The authors were able to extract data for both the temporal and frequency domains after using bandpass filter to denoise the obtained signal which they used to create a linear regression model that predicted the systolic and diastolic blood pressure. In another study, the filtered signals by moving average and band-pass filtering obtained from three channels derived from five areas of interest (ROIs) were processed using independent component analysis (ICA), which increased the accuracy of estimations produced by a linear regression model (Oiwa et al., 2018). On the other hand, (Luo et al., 2019) extract fluctuations in blood circulation under the facial skin from 17 different regions of interest (ROIs). They applied a method called Transdermal Optical Imaging (TOI), which utilizes sophisticated machine learning algorithms to process the obtained fluctuation. The privilege of using TOI is the robustness of this method against the noise. Additionally, (Slapničar et al., 2019) introduced a novel approach using multiple neural network architectures to estimate blood pressure values such as AlexNet, Resnet and LSTM. Prior to feeding the signals into the network, the signals obtained using the planeorthogonal-to-skin (POS) algorithm were processed and filtered based on the signal-to-noise ratio (SNR). Another method for contactless assessing of blood pressure is what(Wu et al., 2022) proposed. They used a chrominance-based rPPG extraction algorithm to obtain two-channel rPPG signals by dividing the face into upper and lower parts and feed them into an encoder-decoder architecture backbone model since the symmetric skip connection in the model prevents the loss of waveform features as the model's depth increases. This is important for effectively filtering out noise and interference present in the rPPG signals. Finally, (Hamoud et al., 2023a) introduced a novel approach using hybrid deep learning models consisted of CNN followed by LSTM to learn how the changes in the intensities throughout the recording duration lead to estimate systolic and diastolic blood pressure.

Numerous researchers have been working on developing contact-less methods for assessing oxygen saturation (SpO2). They proposed a variety of innovative and creative techniques, such as using machine learning methods or analyzing the obtained PPG signal. For example, (Akamatsu et al., 2023) presented an approach that uses convolutional neural networks (CNN) and the DC and AC components of the spatiotemporal map to estimate SpO2 from face videos. (Ding et al., 2019) proposed another CNN implementation. They used a 1D CNN and used participant finger recordings. To extract PPG signals, they averaged the pixel values from potential regions of interest (ROIs) in the RGB frames and enhanced the signal's resilience against large irregularities in motion using a modified Singular Value Decomposition (SVD) technique. In (Al-Zyoud et al., 2022), the heart rate (HR), breathing rate (BR), and SpO2 were evaluated using an innovative approach. In order to get raw time-series bio-signal data, they gathered bio-signal data data from the green channel of facial videos. Afterwards, the three different machine learning models Multilayer Perceptron Algorithm (MPA), Long Short-Term Memory Algorithm (LSTM), and Extreme Gradient Boosting Algorithm (XGBoost) were used to evaluate the aforementioned vital indicators by analyzing the obtained data. Moreover, the authors of (Mathew et al., 2022) proposed a method to estimate SpO2 using deep learning models and acquired PPG signals from videos of the palm or back side of the hand. They developed three distinct models with different architectures. Their models had a combination of channel combination layers to mix the color channels, convolutional and max pooling layers to extract time-related features. Lastly,(Hamoud et al., 2023b) proposed an approach that involves pre-trained convolutional neural network (CNN) models to extract features from consecutive images of different regions of interest (ROI). These features are then used to train an XGBoost Regressor model, which predicts SpO2 for three different test sets.

There are several approaches to head pose estimation based on the image analysis (computer vision technologies). First is landmark-based. The methods implementing this approach include Dlib (Kazemi and Sullivan, 2014), FAN (Bulat and Tzimiropoulos, 2017), and Landmarks (Ruiz et al., 2018). The main issue related to this approach is the limited angle (at large angles many landmarks become undetectable). Another approach is geometry-based (e.g., 3DDFA (Zhu et al., 2016)). SSR-Net-MD (Yang et al., 2018) and FSA-Caps(1x1) (Yang et al., 2019), CNN-MTL framework (Ranjan et al., 2017) are based on the classification neural network-based methods. Other types of approaches are still being developed as well (e.g., HR-AT (Hu et al., 2021) based on Bernoulli heatmap). The methods currently achieve the MSE lower than 4 degrees.

Mouth openness detection is usually based on landmark identification by various techniques and further analysis. Landmark detection is done by various algorithms, such as Viola-Jones, Support Vector Machine (SVM), various neural network models (e.g., (Gupta et al., 2021)). However, in the context of fatigue analysis, the researchers have been tending to evaluate yawning instead of just mouth opening. This made it possible to use different detection models aimed at analyzing videos (image sequences) instead of separate images. Such models include RNN, LSTM, Bi-LSTM, and others achieving accuracy of more than 96%, which however drops when the subject is talking or singing (Yang et al., 2020; Saurav et al., 2019). SVM was also used for yawning classification task for fatigue analysis and achieved an accuracy of 81% (Sarada Devi and Bajaj, 2008).

PER-One more fatigue sign is closing eyes. CLOSE (percentage of eyelid closure) is a widely used indicator of both fatigue and drowsiness. The eye state (open or close) is detected quite well, so the most research efforts are aiming at improving the fatigue or drowsiness detection based on known PER-CLOSE value (Ravindran et al., 2022; Jiang et al., 2022). However, it seems to be more interesting to analyze the eye aspect rate instead of just if it is open or close. This is done using landmark detection followed by aspect rate measurement (Dewi et al., 2022a; Dewi et al., 2022b). Another focus on the aspect rate measurement can be found in (Islam et al., 2019) where the authors employed the Viola-Jones approach for facial detection in order to accurately locate the right eye. They obtained six coordinates representing the eye by traversing the eye region clockwise starting from the left corner. Subsequently, they utilized an equation proposed by (Soukupová and Cech, 2016) to compute the eye aspect ratio (EAR) and used the aspect ratio threshold of 0.3 in their system.

# 2.3 Usage of Physiological Indicators for Fatigue Detection

Head movement, nodding, and abrupt shifts in head position were studied in the realm of fatigue analysis (Kamran et al., 2019). Several research articles have

proposed real-time driver fatigue monitoring systems using Multi-Task ConNN as the basic architecture. For instance, (Savaş and Becerikli, 2020) and (Liu et al., 2017) used this approach and obtained decent accuracy in detecting driver fatigue. Furthermore, (Ye et al., 2021) developed an innovative driver fatigue detection system that incorporates the residual channel attention network (RCAN) with head posture estimation. The system uses Retinaface to localize faces and records five facial landmarks. The RCAN is then used to precisely classify the condition of the driver's eyes and mouth. The RCAN has a channel attention module that dynamically collects essential feature vectors from the feature map, improving the system's classification accuracy. (Savaş and Becerikli, 2020) focused on assessing eye and mouth features, whereas (Liu et al., 2017) used multitask cascaded convolutional networks for face detection, alignment, and fatigue detection.

Ocular characteristics such pupil diameter, blinking rate, saccade distance, and velocity are often used to diagnose fatigue and drowsiness (Zhao et al., 2023; Hu and Lodewijks, 2020). The aforementioned indicators have emerged as possible indicators for objectively assessing drowsiness and fatigue, providing non-invasive and continuous monitoring capabilities in real-world operating settings. According to the literature, increased cognitive workload results in larger pupil size, higher blink rates, and reduced mean relative fixation time (Kashevnik et al., 2021b). Analogous findings were derived from the analysis conducted by (Zhao et al., 2023), wherein the researchers observed a remarkable 91% augmentation in pupil diameter, coupled with a significant reduction of approximately 31.31% in the percentage of fixation time. Additionally, there was a notable decline of approximately 40% in saccade distance. Besides, there is also a positive significant correlation between mental fatigue (workload) and blinking rate (Sampei et al., 2016).

Heart rate variability (HRV) is a commonly referenced metric in the analysis of mental fatigue. Numerous studies have centered their attention on the alterations that occur within the sympathetic and parasympathetic systems during the performance of intellectually demanding activities. These changes are discernible through the variations observed in the low frequency and high-frequency oscillations (LF and HF, respectively) (Matuz et al., 2021; Tanaka et al., 2015; Kamran et al., 2019). In the pursuit of detecting fatigue, some researchers have adopted a multimodal approach that combines heart rate variability (HRV) indices with other indicators, including ocular measures. For instance, (Qin et al., 2021) utilized the

Toeplitz Inverse Covariance-Based Clustering (TICC) method (Hallac et al., 2017) to label their data based on various conventional HRV indices (such as LF, LF/HF ratio, HF, and standard deviation of R-R intervals (SDNN)) in addition to eye metrics like blinking rate and pupil dilation. Through analysis of the obtained clusters, the researchers concluded that LF and LF/HF exhibited an increase, while HF experienced a decrease during exposure to cognitively demanding tasks. Furthermore, a notable increase in blink rate (BR) was observed. The findings presented by (Mizuno et al., 2011) align with the aforementioned observations, as they showed decreased levels of HF power and an increased LF/HF ratio following the fatigue session when compared to the values recorded after the relaxation session. Moreover, their study revealed a positive correlation between the LF/HF ratio and the visual analogue scale for assessing fatigue severity (VAS-F) values.

Physiological indicators, including vital signs such as respiration rate, blood pressure, and heart rate, have been utilized in the analysis and detection of fatigue. For example, in a study conducted by (Luo et al., 2020), features pertaining to heart and respiratory rates were employed to train classifiers for the purpose of detecting both physical and mental fatigue. The authors employed Random Forest (Louppe, 2015) and casual Convolutional Neural Network (cCNN) (Franceschi et al., 2020) for this task. Similarly, other researchers observed noteworthy distinctions in the respiration rate and blood pressure of labor employees after subjecting them to tasks designed to induce a hypnotic state of fatigue (Meng et al., 2014). Specifically, the blood pressure showed a significant increasing trend following fatigue, while the respiration rate exhibited a decrease. These findings align with (Kamran et al., 2019), who mentioned that drowsy and fatigued subjects show low breathing pattern frequency.

In summarizing the noteworthy discoveries pertaining to the physiological alterations experienced by individuals following engagement in mentally demanding activities, it can be inferred that the activation of the sympathetic nervous system is evidenced by the elevation in LF and the LF/HF ratio, associated with a reduction in HF power. Regarding the oculometrics, individuals experiencing fatigue exhibit increased blink frequency, expanded pupil diameter, elevated eye closure ratio, and diminished saccadic distance and velocity. In terms of vital signs, the state of fatigue is characterized by a deceleration in respiratory rate and an elevation in blood pressure. Moreover, tired people have a tendency to open their jaws and nod their heads more frequently than their healthy and energetic counterparts. However, number of the above mentioned indicators cannot be estimated using computer vision. As a result, it can be concluded that operator fatigue detection using physiological indicators obtained via computer vision is potentially possible and of interest.

### **3 THE METHODOLOGY**

The methodology used for the presented research is as follows (Fig. 1). After the state of the art analysis a dataset was selected (sec. 4), which provides videos of computer users in different fatigue conditions performing actions with different cognitive load what makes it possible to consider them as PC operators. The dataset is already annotated with physiological indicators evaluated using computer vision.

As the objective fatigue indicator (the ground truth) the correction test "Landolt rings" was selected (Landolt, 1888). This is a test used for measuring visual acuity. It is based on a number of 'C'-shaped rings rotated at different angles (8 in total). Participant has to select all the rings rotated in the given angle. The selection process is analyzed using several primary indicators, and a number of indicators are calculated based on the primary ones. The 'Mental performance' indicator was considered as one corresponding to the fatigue.

Then, the correlation analysis between the operator's fatigue state and available physiological indicators is carried out to have a common understanding which of the indicators can serve as a significant feature for the fatigue state detection.

Finally, several machine learning models aimed at prediction of the fatigue state based on the available physiological indicators obtained using computer vision techniques are built and compared.

## 4 THE DATASET

In the carried out experiments, the OperatorEYEVP dataset as introduced by (Kovalenko et al., 2023) has been employed. This dataset provides recordings of ten distinct participants engaged in various activities, which were captured three times a day (in the morning, afternoon, and evening) over a duration of eight to ten days. In addition to the video footage capturing the frontal perspective of the participants' faces, the experimental configuration recorded supplementary data, including eye movement, head movement, scene imagery, heart rate (in terms of pulse per interval), choice reaction time (measured twice), as well as

responses to questionnaires and scales (VAS-F). The VAS-F scale comprises a set of 18 inquiries pertaining to the subjective experience of fatigue, which participants complete before the experimental session starts.

The experimental session comprised several components, including a sleep quality questionnaire conducted once a day in before the morning session, followed by the VAS-F questionnaire, a choice reaction time task (CRT), reading a scientific-style text, performing the correction test "Landolt ring", playing "Tetris" game, and another choice reaction time task (CRT) based on the authors decision due to the fact that the operator's level of fatigue may vary between the commencement and conclusion of the recording session. The timeline of the session is shown in Fig. 2. On average, the total duration of such recording sessions amounted to approximately one hour.

Throughout the CRT registration, a comprehensive set of parameters were meticulously recorded and analyzed. These parameters included the average reaction time, its standard deviation, and the quantification of errors made by participants during the execution of the task.

Participants were instructed to engage in the reading of scientific-style text to simulate typical workrelated activities. This activity functioned as a control condition and a load static task, designed to assess cognitive performance.

The correction test "Landolt rings" is a recognized method for evaluating visual acuity. Several parameters were recorded during the test that enabled calculating various indicators, such as attention productivity, work accuracy, stability of attention concentration, mental performance coefficient and processing speed.

Tetris game was utilized as a load dynamic active task and control condition to investigate hand-eye coordination. Participants were instructed to achieve their best performance within a 15-minute timeframe. The recorded variables included the number of games played, scores achieved, levels reached, and lines cleared.

For the presented here experiment, 365 videos from the OperatorEYEVP dataset have been utilized featuring three distinct participants with a combined duration of 1913 minutes. For every minute of these videos, the four essential vital signs have been computed based on the computer vision techniques: blood pressure, heart rate, oxygen saturation, and respiratory rate. Additionally, other indicators have been computed as well, such as head pose estimated by Euler angles (roll, pitch, yaw), the ratio of frames where any Euler angle exceeds 30 degrees over the total frames in one minute, eye closure ratio, mouth open-



Figure 1: The methodology for operator fatigue detection via analysis of physiological indicators estimated using computer vision.



ness ratio, number of yawns, duration of eye closures exceeding two seconds, and breathing characteristics, including rhythmicity and stability. The techniques employed for calculating these indicators are detailed in section 5.1.

# 5 THE EXPERIMENT AND RESULTS

## 5.1 Computer Vision Models Used to Extract the Physiological Indicators

Within this subsection, we provide an overview of the models employed for extracting physiological features crucial in estimating the fatigue state:

 Respiratory Rate and Breathing Characteristics: To estimate the respiratory rate, the methodology proposed by (Othman et al., 2022) was used, involving the following steps: (a) Detection of the chest keypoint using OpenPose. (b) Utilization of an Optical Flow-based Neural Network (SelFlow) to detect chest point displacement between frames. (c) Projection of x and y axes displacement, separating movement into up/down and left/right directions. (d) Signal processing involving filtering and detrending. (e) Calculation of true peak count, scaled to estimate breaths per minute. Additionally, breathing characteristics, such as stability and rhythmicity, were determined based on the amplitude and wavelength of the respiratory wave

- 2. Heart Rate: For heart rate estimation, the approach proposed by (Othman et al., 2024) was used.First, the Region of Interest (Face) was extracted using landmarks obtained from 3DDFA\_V2. The extracted region was then processed through a Vision Transformer with multiskip connections, producing features from five levels. Output from each level was passed through a block comprising a BiLSTM layer, batch normalization, 1D convolution, and a fully connected layer. The five block outputs were averaged to obtain minimum, maximum, and mean heart rate, which were then weighted averaged to estimate the final heart rate.
- 3. Blood Pressure Estimation: To estimate the blood pressure, the approach proposed by (Hamoud et al., 2023a) was adopted. Firstly, the Regions of Interest including the left and right cheeks were extracted in each frame of every video. These sequential images are then input into a convolutional neural network to capture spatial features. Specifically, for systolic blood pressure estimation, EfficientNet\_B3 was utilized for the left cheek, and EfficientNet\_B5 for the right cheek. In contrast, for diastolic blood pressure, an ensemble approach was adopted, combining Efficient-Net\_B3 and ResNet50V2 for the left cheek, and a similar combination for the right cheek. The re-

sulting outputs are subsequently fed into a Long Short-Term Memory network to extract temporal features within the image sequence. Finally, two fully connected layers are employed to derive the blood pressure values.

- 4. Oxygen Saturation Estimation: Oxygen saturation was estimated based on (Hamoud et al., 2023b), the face region was first extracted using 3DDFA\_V2. Subsequently, the extracted face was input into VGG19 with pre-trained ImageNet weights. The resulting output from VGG19 was then fed into XGBoost to obtain the oxygen saturation value.
- 5. Head Pose Estimation: The head pose, defined by Euler angles (roll, pitch, and yaw), is determined using the methodology outlined in (Kashevnik et al., 2021a). Initially, YOLO tiny is employed to detect the face. Subsequently, a 3D face reconstruction is applied to align facial landmarks, even those not directly visible to the camera. Once facial landmarks are detected, Euler angles are calculated by analyzing the transitions and rotations between landmarks across successive frames.
- 6. Eye Closure: The eye state is determined using a trained model. This model takes the detected face, as identified by FaceBoxes, as input and provides an output indicating whether the eyes are open or closed.
- 7. Yawning: The yawning state is identified using a modified version of MobileNet, proposed by (Hasan and Kashevnik, 2021).

# 5.2 Fatigue Detection Based on the Physiological Indicators

This subsection presents details about the dataset, which includes physiological indicators extracted through the computer vision techniques discussed in subsection 5.1. This encompasses information such as the distribution of fatigue states and the correlations between these indicators and fatigue levels. Then, the models employed for fatigue evaluation are introduced and their their performance is evaluated to identify the most effective model.

#### 5.2.1 Data Exploration and Balancing

As previously stated, the dataset encompasses 15 indicators, including respiratory rate, rhythmicity and stability of breathing, eye closure ratio, mouth openness ratio, head Euler angles (Roll, Pitch, Yaw), the ratio of frames where any Euler angle exceeds 30 degrees relative to the total frames in one minute (angles > 30), the count of eye closures lasting more than 2 seconds (count of eye closure > 2 sec), count of yawns, heart rate, systolic and diastolic blood pressure, and blood oxygen saturation. To assess the relationship between physiological indicators and the fatigue state, we firstly found the correlation between the two. This involved calculating the correlation coefficient for each indicator with the fatigue state, as presented in Table 1.

Table 1: The correlation	between	the	physiological	indica-
tors and the fatigue state.				

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Physiological	Correlation
indicator	coefficient
Head: average Roll	0.228
Head: average Pitch	0.211
Mouth openness ratio	0.198
Eye closure ratio	0.195
Blood oxygen saturation	0.175
Count of eye closure $> 2$ sec	0.147
Heart rate	0.087
Angles $> 30$	0.072
Head: average Yaw	0.056
Diastolic blood pressure	0.025
Breathing stability	0.014
Count of yawns	0.012
Average respiratory rate	0.011
Systolic blood pressure	0.002
Breathing rhythmicity	0.001

Furthermore, the distribution of the fatigue state in the dataset has been investigated to avoid biasing over the majority class and ensure a more balanced representation, which is essential for robust model training and accurate predictions. As illustrated in Fig. 3, the dataset demonstrates an imbalance between the not fatigued (class 0) and fatigued (class 1) categories, where the not fatigued class comprises a larger number of samples than the fatigued class.

To address the issue of class imbalance in the machine learning dataset, the Synthetic Minority Oversampling Technique (SMOTE) has been employed. This method involves identifying instances belonging to the minority class, which is underrepresented, and generating synthetic samples to balance the class distribution. The process entails randomly selecting a minority class instance, identifying its k-nearest neighbors (in the experiment described the k was chosen to be 5), and creating synthetic instances through linear interpolation between the selected instance and its neighbors. This procedure is repeated until the desired balance between the minority and majority



Figure 3: The distribution of the fatigue state.

classes is achieved. The aim of applying the SMOTE is to mitigate the bias and enhance the model's ability to generalize to both classes in a more equitable manner.

#### 5.2.2 Machine Learning Based Models for Operator Fatigue Detection

To identify the operator fatigue based on extracted physiological indicators, various machine learning techniques have been employed. More specifically, the analyzed machine learning techniques include:

- 1. Support Vector Classifier (SVC): SVC is a supervised learning algorithm used for classification tasks. It works by finding the optimal hyperplane that best separates different classes in the feature space.
- 2. Logistic Regression: Logistic Regression is a regression analysis method that is adapted for binary classification. It models the probability of the occurrence of a binary event through a logistic function.
- 3. Decision Tree: Decision Trees are tree-like models where each internal node represents a decision based on a feature, and each leaf node represents the predicted outcome. They are versatile and easy to interpret.
- 4. XGBoost: XGBoost is an efficient and scalable implementation of gradient boosting. It is an ensemble learning method that combines the predictions from multiple weak models (typically decision trees) to improve overall accuracy.
- 5. RandomForest: RandomForest is an ensemble learning technique that constructs a multitude of decision trees during training and outputs the mode of the classes for classification tasks.
- 6. Multi-layer Perceptron (MLP): a neural network with several layers of neurons (three linear layers

in this particular experiment).

By employing this diverse set of machine learning techniques, it is aimed to evaluate and compare their performance in order to find the best model to detect the operator fatigue based on the physiological indicators identified using computer vision techniques.

#### 5.2.3 Implementation Details and Results

The dataset was split into the training set (80%) and testing set (20%). The Logistic Regression utilized the lbfgs solver with a maximum iteration set to 1000. Random Forest was configured with 100 estimators. The neural network architecture comprised three layers: the first layer had 64 neurons with the ReLU activation function, the second had 32 neurons with ReLU activation, and the final layer had 1 neuron with a sigmoid activation function. Binary cross-entropy was employed as the loss function during training. Table 2 shows the results of each model on the testing dataset.

	Table 2:	The	models	results	on	the	testing	dataset.
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Method	Accuracy, %
SVC	73.30
Logistic Regression	73.98
Decision Tree	83.26
MLP	86.20
XGBoost	91.86
Random Forest	93.89

As it is evident from the table, the random forest model demonstrated the highest accuracy in detecting the operator fatigue together with XGBoost and multi-layer perceptron. It can be considered as the top priority candidate for further research.

## 6 CONCLUSIONS

The paper considers the problem of operator fatigue detection. It is noted that computer vision can be considered as a promising technique to collect data for fatigue detection since, on the one hand, it does not require attaching any devices to the operator, and, on the other hand, surveillance systems are already widely used and collecting video data of working operators often will not require any additional equipment.

The conducted experiment was based on the available dataset and analysed dependencies between physiological indicators identified via state-of-the art computer vision models and the operator fatigue state. It was shown that there is significant correlation between the fatigue state and such indicators as head pose angles, mouth openness ratio, eye closure ratio, blood oxygen saturation, and count of eye closure longer than 2 seconds. It can be concluded that it is reasonable to consider these indicators for further analysis. Among the analyzed machine learning models, the multi-layer perceptron, XGBoost and random forest were identified as the most promising ones resulting in accuracy of 86.20%, 91.86%, and 93.89% respectively.

The main limitation of the presented research is the relatively small used dataset (only ten participants). Therefore, future planned work will be aimed at extension of the dataset. Besides, separate analysis of the most relevant physiological indicators will be carried out with further integration of several indicators for achieving the best fatigue detection capabilities.

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