

# A Method for Standardizing Eye-Tracking and Behavioral Data in Real and Virtual Environments

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**Abstract:** This paper introduces a methodology for generating standardized and comparable eye-tracking and behavioral data across multiple modalities, in real and virtual environments. Our approach handles data collected using different devices, thereby enabling a comprehensive comparison between different modalities: a real environment, a virtual one using an immersive room setup, and another virtual environment using head-mounted displays. The versatility of this methodology is illustrated through an archaeological case study, in which the gaze patterns and behavioral responses of participants are analyzed while they interact with artifacts. However, this methodology is applicable to broader research areas involving eye tracking and behavior in mixed environments. By explaining a workflow for the preparation, data acquisition, and post-processing of data, our approach enables the generation of 3D eye-tracking and behavioral data. Subsequently, our presentation is accompanied by examples of metrics and visualization that are relevant in such a comparison study, providing insights into cross-modal behavioral and gaze pattern analysis.


## 1 INTRODUCTION


The study of the human gaze provides valuable insights into human behavior, and recent advances in virtual reality (VR) equipment, adding native eye tracking (ET) capabilities, have opened up new and exciting possibilities for research using eye-tracking data. While the majority of current tools and methods for studying gaze are based on a 2D context, there is a growing interest in extending these analyses to a 3D context. This move to 3D allows for a more complete understanding of user behavior, especially when interacting with virtual environments and objects.


Compared to the same case in a real environment, object exploration and manipulation could differ in a virtual context, notably eye and head coordination, which could be influenced by the differences between the two environments (Pfeil et al., 2018; Kollenberg et al., 2010). The field of view (FOV) is affected by


head-mounted devices (HMDs), which can influence gaze behavior in complex VR scenarios in various ways, such as object manipulation tasks or distance estimation for example (Mizuchi and Inamura, 2018). Moreover distance judgment is commonly underestimated in virtual environments when users wear an HMD, partly due to the FOV restrictions but also due to the weight of the device (Willemsen et al., 2009). The use of HMDs also affects the vergence movement of the eye, which consists in keeping the gaze positioned on an object depending on its distance and location, so researchers aim to improve its computation, tracking methods and calibration in 3D environments (Duchowski et al., 2022). These studies demonstrate an important level of interest for gaze behavior in virtual environments.

This paper presents a methodological approach to generate standardized and comparable eye-tracking and behavioral data in real and virtual environments. This workflow is focused on interaction and behavior for visual exploration of an object. Our approach addresses the challenges of comparing data collected using different devices and environments, enabling a comprehensive analysis of eye-tracking and behav-

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Figure 1: Eye-tracking and motion tracking during the same task in reality (left), an immersive room (center) and a virtual environment (HMD) (right).

ioral data in different modalities, presented in Fig.1: a real environment, a virtual environment using an immersive room setup and a virtual environment using a VR HMD. However, comparing 3D gaze data in different modalities presents unique challenges. Eye and body movement tracking devices in real and virtual environments produce heterogeneous streams of information and performing comparable analysis requires standardized methods of data collection and analysis. Despite these challenges, several studies have highlighted the validity of virtual environments as counterparts to real-world scenarios in various fields of research, with some researchers revealing similarities in exploration patterns, especially for eye fixations between physical and virtual contexts (Gulhan et al., 2021).

Our methodology is illustrated through an archaeological use case study, completely presented in (Dumonteil et al., 2024), which focuses on characterizing differences in an observation task to analyze a corpus of ancient artifacts reproduced across the modalities. Experimental results and description are detailed in the mentioned work.

This methodology outlines a comprehensive workflow for data preparation and analysis, starting from experiment design, through data acquisition and processing, and ending with the analysis and interpretation, based on eye tracking results and movements analysis. For each of these stages, several solutions and recommendations are provided, along with detailed descriptions of each step.

## 2 RELATED WORKS

This section first lists a number of frameworks and tools that facilitate the analysis of user behavior. It then presents a group of studies that have processed eye-tracking data in a real and mobile context.

Some solutions handle eye-tracking data in a virtual context, such as PLUME, an open-source

toolbox for recording, replaying and analyzing XR behavioral data, including physiological signals, such as eye tracking or EEG for example (Javerliat et al., 2024). Similarly other framework have been developed but mainly focused on behavioral data processing in virtual environment such as XREcho (Villeneuve et al., 2022) or UXF (Brookes et al., 2020), which collect and register behavioral events. Another solution manages the recording and visualization of gaze data during an exploration of a car interior in VR (Li, 2021). In addition, commercial software is used to capture or visualize behavioral data from VR applications, such as Tobii Ocumen, a toolkit designed for Tobii devices integrated into HMDs (<https://developer.tobii.com/xr/solutions/>). Cognitive3D proposes the same functionalities (<https://cognitive3d.com/>). However the aforementioned studies only consider the processing of eye tracking in a virtual environment. Furthermore all of these behavior analysis solutions mainly handle the HMD modality; they do not consider the constraints of the standardization and integration of other modalities.

To compare human behavior between real and virtual environments, we need a framework that can perform such a behavioral analysis. Therefore, it is imperative to improve the processing for a recording in a real mobile context (Takahashi et al., 2021; Pfeiffer et al., 2016; Wang et al., 2017). To estimate the gaze on a 3D model with respect to a real environment, some researchers (Paletta et al., 2013) develop a method to generate a 3D map of the environment, using a SLAM (Simultaneous Localization And Mapping) method then image descriptor matching without fiducial markers to estimate and then project the user's attention on this virtual map. Similarly, some researchers present pipelines to process 3D eye tracking from 2D data but without any kind of markers, using a structure-from-motion method (Li et al., 2020; Jogeshwar and Pelz, 2021). Even though these solutions are efficient, it is less suitable for mapping gaze with

the precision required on a specific object than on an entire environment. Finally, another study proposes a workflow and an implementation to define an experimental scenario for an eye tracking study in a virtual environment, including preparation, data collection, analysis, and visualization (Ugwitz et al., 2022). Despite the adapted methods that are presented and the well explained implementation, this solution, like the previous one, does not illustrate modality comparison in eye-tracking processing and it is primarily focused on one type of environment.

### 3 WORKFLOW

#### 3.1 Overview

The objective of the presented methodology is the generation of standardized and comparable eye-tracking and behavioral data across different modalities, for an object observation task. As presented in Figure 2, it is structured around four components:

- **Experimental settings:** a definition of the protocol, the constraints and the resulting rules that are necessary to establish a comparison between multiple modalities;
- **Acquisition:** a description of the required data for processing and analysis and how to generate them, using different devices for different modalities;
- **Processing:** a description of the required computational processes to transform the raw acquired data into the standardized format of 3D gaze data;
- **Interpretation:** an overview of the analytical techniques that can be applied to these data sets, facilitating the examination of cross-modal behavioral and gaze pattern study.

#### 3.2 Experimental Settings

The experimental settings section gathers three different activities. The first concerns the definition of the execution protocol for the task to be compared between the different modalities. The next two are protocol-dependent and concern the design of the data acquisition apparatus and the 3D environment.

##### 3.2.1 Protocol

The aim of the protocol is to enable a similar task to be performed in interaction with an object, between real and virtual environments. In order to remain as general as possible, we consider two types of virtual environments, the first based on a VR HMD, and the

second based on a CAVE-like immersive space. Thus, our purpose considers three different modalities:

- **Real modality:** the task is performed on the real object;
- **HMD modality:** the task is performed in VR, on a digital 3D copy of the object, wearing an HMD;
- **Immersive modality:** the task is performed in VR, on a digital 3D copy of the object, in a CAVE-like immersive room.

Both HMD and Immersive modalities are considered because of potential differences in user behavior. In an immersive room, users can see their own body, allowing for more natural interactions, which could be particularly interesting for users unfamiliar with VR. However, since HMDs are widely used for VR, it is essential to include this modality in our study due to its accessibility.

In order to obtain comparable behaviors, it is important to make the tasks that the participants have to perform as similar as possible between the different modalities. For the sake of generality, we will focus on an object observation task. For this purpose, the scenario of the task must be based on three elements: (i) the scene, (ii) the positioning and the ability of the participant to move in the scene, and (iii) the ability of the participant to interact with the object considered in the scene. Thus, we can state that the scene consists of the object, the participant's movement space, and the interaction media between the participant and the object.

The positioning of participants in a space and their ability to move within that space is a central element in a behavioral study. It is possible to constrain participants' movements by, for example, restricting them to a seated position in the scene. However, it is more interesting to take advantage of the natural movement capabilities of virtual reality by allowing the user to move around in the scene.

Similarly, it is important to clearly define the participants' ability to interact with the object. Ideally, participants should be allowed to pick up the object with their hands and handle it freely during the observation task. However, such a level of freedom in the user's interaction with the object can create complex constraints in the management of data production and analysis, particularly related to the object's position tracking capabilities and the risk of the object being occluded by the participants' hands. In order to give participants a sense of control over their observation task, we recommend implementing a **moderate** level of interactions to provide a feeling of agency while avoiding unnecessary complications.

Furthermore, it is recommended that a framework

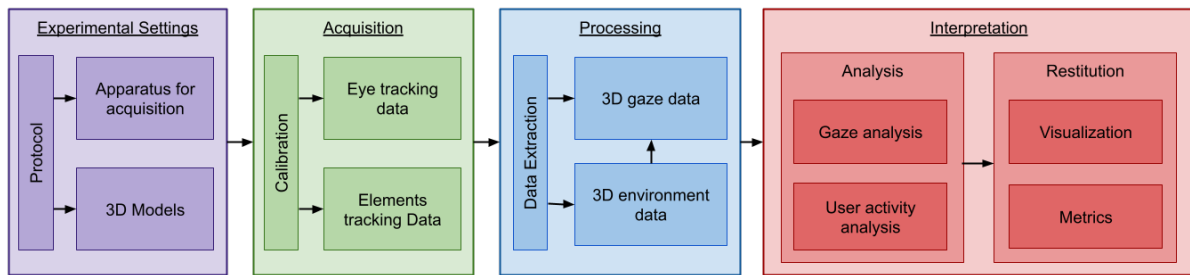


Figure 2: Workflow Components schema, structured in four blocks: Experiment Settings (purple), Acquisition (green), Processing (blue) and Interpretation (red).



Figure 3: An assembly combining a system of Vulfoni stereoscopic glasses with Tobii 2 eye tracking glasses, attached together with a 3D-printed clip which is also designed as the tracking constellation system.



Figure 4: Augmented Reality markers (ArUco fiducial markers) placed around the object of interest in order to track the participants' position relative to the object.

for the task be established that allows for active observation by the participants. This can be accomplished through the use of an object observation questionnaire that can be completed by participants during the task and includes questions related to the objects' colors, shapes, and textures.

### 3.2.2 Apparatus for Acquisition

The acquisition equipment is mainly concerned with the acquisition of eye-tracking data and the positioning of moving elements in the environment, i.e. the participant and the object.

Given the participant's choice of mobility in the scene, eye tracking is performed by equipment worn by the participant. For the Real modality, there are several models of eye-tracking glasses that meet this constraint. Similarly, various models of VR HMDs incorporate eye-tracking systems. The immersive modality is often more complex, as there are no off-the-shelves stereoscopic goggles with eye-tracking. We present a solution example in the 3.2.4 section that details an implementation for a specific use case.

Participant's head tracking and object tracking are directly taken into account in the two virtual modalities (default API features for HMD and external camera tracking for the immersive room). Different solutions can be adopted for the Real modality such as external IR-based mocap systems, inertial tracking systems or video-based systems. We chose to use

the built-in capabilities of eye-tracking goggles relying on the on-board camera and IMU. In this case, the video captured by the on-board camera is used as input to a processing algorithm to track the displacement of elements using AR markers placed in the scene as in Figure 4. Note that in this particular case, as the markers are placed on a turntable moving with the observed object, this method measures a relative position between the head and the object, which may not be enough, depending of the use case.

### 3.2.3 3D Models

This part is related to the design of the virtual scene that represents the real scene. It is important to devote particular attention to the similarity between the object representations in each modality, real or virtual. All concerned objects of interest must be provided with an actual and a virtual version. Thus two possible scenarios may be identified: the production of a virtual version of a real object, or the generation of a real object from a virtual model. The first case can be handled by a scanning method that produces a 3D mesh with high accuracy, such as photogrammetry. In the second case, the real copy is made from an original 3D virtual model using 3D printing for example. In both scenarios, there are several points to bear in mind: the quality of the produced (real or digital) copy, its appearance (texture, color, ...) compare to the original object and its accurate size.

### 3.2.4 Implementation

We have implemented an archaeological use case adhering to our workflow to allow comparison of the same observation task on a corpus of archaeological artifacts performed in different modalities.

The archaeological artifacts under observation were placed on a turntable that the user could manipulate. They were allowed to freely move around the table and to rotate the turntable during the observation task but could not directly touch and manipulate the object. The observation questionnaire, answered by the participants after each observation, was based upon an actual archaeological artifact analysis grid (Cauliez et al., 2002).

For the Real modality, the participant wore Tobii Pro Glasses 2, a mobile eye-tracking system. ArUco markers were disposed on the turntable around the artifact, and used to compute the relative position of the user head with respect to the object. For the HMD modality, they wore an HTC Vive Pro Eye VR headset and finally for the Immersive modality, they were placed in an immersive space constituted of a 4-sided viewing screen measuring 10 m x 3 m x 3 m (width, depth and height), tracked using passive markers detected by an Optitrack system. Stereoscopia was guaranteed by Vulfony glasses, to which Tobii eye-tracking goggles were attached using a 3D-printed clip (Figure 3).

The observation task was based on a corpus of three distinct potteries selected for their stylistic diversity. Facsimiles of the pottery were used during the experiment as real objects, and virtual 3D models were then generated using photogrammetry. The virtual scene was a faithful representation of the real environment used in the experiment. The virtual scene was designed and implemented using the Unity game engine (version 2021.3.8f1).

## 3.3 Acquisition

The acquisition part comprises three different activities. The first is the calibration of the different devices involved in data acquisition between the different modalities. We separate the acquisition tasks for the eye-tracking data and the different mobile elements of the scene, as the nature of the data collected is significantly different.

### 3.3.1 Calibration

The calibration process is an essential step to ensure data quality during eye tracking recording. This mandatory step is completed before each task begins,

in all modalities and for each iteration. Manufacturers usually provides a standard calibration procedure that is simple to integrate in an experimental protocol. Nevertheless even if the standard procedure is relatively simple to setup, its convenience comes at the cost of its quality. Some research work aim at enhancing the calibration process for eye-tracking glasses (Onkhar et al., 2023; Liu et al., 2020) while keeping it's simplicity. However, in most case, recording high-quality data requires a more elaborate and time-consuming procedure. The decision depends on the desired quality and, most importantly, the feasibility of integrating a more complex procedure into the protocol. With regard to elements tracking, both lighthouse (for HMD modality) or IR tracking (for Real or Immersive modality) have to be calibrated beforehand. The same is true of the inside-out HMD tracking system, although it may require to repeat the tracking calibration process if light conditions change in the room for example.

### 3.3.2 Eye-Tracking Data

The initial objective of the eye-tracking data obtained during the acquisition phase for the observation of an object is to facilitate the calculation of user's gaze, based on the direction and the point of origin of the gaze. Eye-tracking glasses, such as the Tobii Pro Glasses 2, record the coordinates of the gaze on the image of the scene (indicated by  $x_0$  and  $y_0$  in Figure 5), recorded by a camera placed at the center of the glasses between the eyes. The output video corresponds to the user's point of view, onto which the gaze position is projected. In the case of HMD, the integrated eye-tracking system records a gaze ray, with a point of origin and a direction.

In addition, eye-trackers record information about eye blink and pupil diameter. The information used to identify blinks varies with the device. For example, on a Vive Pro Eye HMD, the data is taken directly from the Tobii API outputs, whereas on Tobii Pro Glasses 2, the information is not directly available, but can be inferred from pupil data and gaze position. A blink is identified as a loss of data for both eyes (with null coordinates for gaze position). Missing data can also occur if the user looks out of the tracker's field of view, or if the device moves too much on the head. Nevertheless, the manufacturer also recommends using eye openness as a marker for blinks onsets and offsets. The information of eye blink and pupil diameter can be used to measure specific user's behavioral aspects such as cognitive workload (Pomplun and Sunkara, 2019; Zhang et al., 2015).

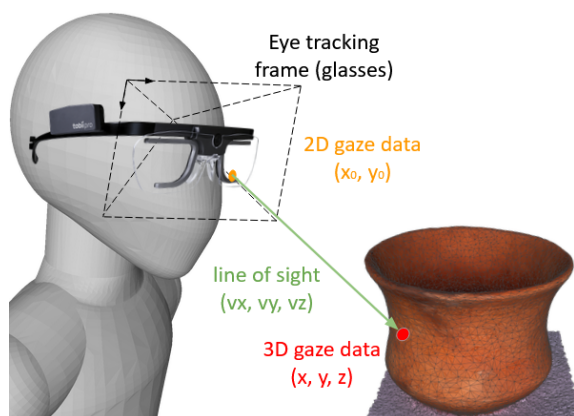


Figure 5: Representation of the elements involved in calculating the intersection point (red) of the line of sight (green) on the observed object mesh from 2D eye tracking (yellow) and user's head position data.

### 3.3.3 Elements Tracking Data

The tracking of environmental elements, such as the user's head and the object being observed (real or virtual), necessitates the independent acquisition of position and rotation data for each element. This type of data is typically generated directly by standard optometric or inertial tracking systems. It can also be complemented by videos via pose estimation for the Real modality, or directly available in the engine software for the irtual modalities.

### 3.3.4 Implementation

We used standard calibration procedures recommended by the providers for the different tracking system. The ET calibration was performed before each observation task. In both the real and immersive modalities, we collected the 2D coordinates of gaze on the image of the scene provided by the ET glasses. In the case of the HMD, we collected the point of origin and gaze direction recorded by the integrated ET system. The positions and rotations of the user's head and the object were recorded for the HMD and Immersive modalities. For the Real modality, we implemented the method presented in the section 3.2, collecting the videos recorded by the on-board camera of the ET glasses, to perform pose estimations.

## 3.4 Processing

The main goal of the processing stage is to generate 3D gaze data about the observed object (in red in the figure 5 in the form of coordinates  $(x,y,z)$ ). The first step is to extract and prepare the necessary data from the various data collected. This data is then used to

accurately calculate the coordinates of the user's head and the object observed in the virtual environment. The final step is then to calculate the gaze ray using the ET data.

### 3.4.1 Data Extraction

Data extraction involves the collection and formatting of eye-tracking data and elements position and rotation data from multiple acquisition sources. This preliminary phase is based on simple data extraction tools and depends on the acquisition devices used. It can be performed on video data, CSV or JSON files.

### 3.4.2 3D Environment Data

The 3D environment data does not require specific processing for the HMD and Immersive modalities. They are directly collected in the log files of the application. For the Real modality, the solution to retrieve the element tracking data depends on the acquisition solution implemented. In the case of AR marker-based tracking, a pose estimation is required. It is presented in section 3.4.4 as we used this method in our implementation of the workflow.

### 3.4.3 3D Gaze Data

The generation of 3D gaze data corresponds to computing the position of the gaze on the object, i.e. the point of intersection between the line of sight, in the form of a vector  $(vx, vy, vz)$  (in green on Figure 5) and the 3D model of the object. Three pieces of data are therefore required: the direction of gaze, the position and orientation of the user's head, and the position and orientation of the object. The calculation of the last two is mentioned in the previous section.

Since the sampling frequency of the different data is not the same between the different acquisition devices, it is necessary to perform a synchronization calculation of these data by interpolation. As standard, this calculation takes as a reference the data file with the lowest sampling rate and applies a linear interpolation calculation to the other data files for each timestamp of the reference data.

Once all elements are correctly placed in relation to each other, the line of sight is computed as a ray cast in the direction of the gaze. This process depends on the modality in which data was collected. Regarding the HMD modality, as mentioned in section 3.3.2, the line of sight is already provided as a vector usable for gaze ray-casting by the Tobii XR software package associated to the HTC Vive Pro Eye that we used in our implementation. For Real and Immersive modalities, i.e. modalities that use eye-tracking

glasses, there are two main methods to compute the line of sight. The first one is to use the gaze direction provided by the ET system for each eye. The second one is to use the projection of the sight on the model of the ET system embedded camera. In this case, the sight is projected on the virtual screen of the camera, giving  $(x_0, y_0)$  coordinates that can be used to calculate the gaze ray and subsequently the projection of the sight on the 3D object.

#### 3.4.4 Implementation

For the HMD modality, eye-tracking data (origin and direction of gaze) was collected and aggregated from the device API into a JSON file, while elements movement data (position and rotation vectors) were directly collected from Unity.

For the other two modalities that use ET glasses, we collected and processed the raw data produced by the device with a custom script that retains only the necessary data, such as gaze coordinates in the device's video image. This video from the glasses scene camera is exploited for both elements tracking and eye tracking, with the 2D coordinates of the gaze in the video frame. Therefore, it is crucial to synchronize this high-frequency eye-tracking data with the scene video frequency, interpolating these coordinates to get coherent data from the eye-tracking glasses.

In order to compute the 3D gaze data, we have implemented a process to replay the records and thus cast a ray to get the intersection point on the observed object. For the tracking of elements in the Real modality, we implemented the method presented in (Takahashi et al., 2018), using an image processing and pose estimation method with ArUco markers (Garrido-Jurado et al., 2014) captured on the video captured by the glasses. For the two modalities that use ET glasses, a virtual representation of the ET system embedded camera is used inside the processed scene for computing the gaze ray from eye-tracking data. This solution provides a more uniform handling of the three modalities because, for the HMD modality, the solution is to use the straightforward gaze direction data provide by the API.

### 3.5 Interpretation

The interpretation step of the methodology provides analysis and restitution (graphical representations and metrics) to compare the user's behavior during the observation task between the different modalities.

#### 3.5.1 Analysis

We are considering different tools to analyze the user's gaze and behavior in turn.

**Gaze Event Detection** There exist many different eye movements studied in the literature, from the most obvious and common ones to more subtle and complex ones to detect. In order to keep the focus on a comparative workflow between real and virtual contexts, we will only consider the following three:

- Fixations: a movement when eyes are locked on an object in order to stabilize the object on the fovea for clear vision.
- Saccades: a fast eye movement between two fixations.
- Smooth Pursuit (SP): a more complex movement that tracks a moving target to keep it within the fovea.

Many strategies have been developed to distinguish gaze events from each other, depending on the target event and its definition. Examples of popular algorithms are presented in Table 1. The most commonly used algorithms are based on two criteria: velocity and dispersion. In velocity-based algorithms, such as "identification by velocity threshold" (IVT)(Salvucci and Goldberg, 2000) the velocity of the eye is exploited in order to identify fixations as low values, while saccades as higher values. Dispersion-based algorithms, such as "dispersion threshold identification" (IDT)(Salvucci and Goldberg, 2000), consider the distance between observed points that correspond to the same temporal and spatial information, which is less pronounced in fixations than in saccades. Based on these core principles, some algorithms improve these methods by adding other thresholds, such as "velocity and dispersion threshold identification" (IVDT)(Komogortsev and Karpov, 2013), or by implementing a second processing step, such as "velocity and movement pattern identification" (IVMP)(Komogortsev and Karpov, 2013). Finally, other algorithms rely on machine learning (Zemblys et al., 2018; Startsev et al., 2019) to detect gaze events, avoiding the primary limitations of the aforementioned methods, such as the necessity to set optimal parameters. These methods require specific implementation and execution procedure, in addition to model training, which is not feasible in every experimental protocol.

We have implemented an algorithm based on the I-VDT event detection methods (Llanes-Jurado et al., 2020; Komogortsev and Karpov, 2013; Duchowski et al., 2022). This choice is based on its widespread

Table 1: Gaze event detection algorithm examples.

Method	Principle	Events detected	Drawbacks
IDT	Dispersion threshold	Fixation and saccades	Threshold settings & Robustness
IVT	Velocity threshold	Fixation and saccades	Threshold settings & Robustness
IVDT	Dispersion and velocity threshold	Fixation and saccades (and SP)	Threshold settings
IVMP	Velocity threshold and movement magnitude	Fixation, saccades and smooth pursuit	Threshold settings
NH	Adaptive velocity threshold	Saccades, PSO then fixation	Restricted detection
DBSCAN	Unsupervised learning clustering	Fixation, saccades and SP	Parameters settings
Machine Learning	Machine Learning algorithms (...)	Fixation and saccades (and PSO)	Model training

use in the community, its ease of implementation and its reduced computational complexity in terms of processing time and space, allowing real-time execution if necessary. According to the recommendations from (Llanes-Jurado et al., 2020; Salvucci and Goldberg, 2000), we used the values  $1.3^\circ$  for dispersion threshold and 0.1 s for time threshold.

For SP events, detection becomes more challenging because it also depends on user and object motions. The setup proposed in our workflow allows to detect the motions of these elements independently from the eye-tracking data. Therefore, the distinction between fixation and SP depends on whether the elements are moving or not.

**User Activity Analysis.** User behavior can be analyzed by examining their movements in the environment and their interactions with the observed object. To do this, it is possible to use position elements and their derivatives, such as trajectory, speed or velocity, and identify, levels of effort for example. It is also interesting to analyze the spatial relationship between the user and the object, through their distance or relative position, for example. Finally, quantifying the interaction, in terms of interaction time or the amount of movement applied on the object, in the case where the user can control the position of the observed object, constitutes an indicator for comparison between the different modalities.

The spatial relationship and interaction quantification are straightforward information to compute from the information collected with the tracking data. The spatial relation part is particularly relevant in the context of the observation task we consider. Behavioral analysis from motion requires models that are comparable to those used for gaze event analysis, but are less relevant to the scope of our work and are therefore not presented in detail here.

### 3.5.2 Restitution

We consider two families of restitution of the analyzed data, (i) visual representations, and (ii) metrics and statistical information. Visual representations are presented in four categories, (i) semantic visualiza-

tion for ET (examining gaze behavior as a function of a semantic decomposition of the object), (ii) geometric visualization for ET (representing results as a function of the 3D coordinates of gaze on the observed object), (iii) temporal visualization for ET, and (iv) visualization of user activity. Regarding metrics, we consider two categories, (i) ET metrics and (ii) user activity metrics.

**Semantic Visualization of Eye-Tracking.** For a more relevant study of gaze behavior in relation to the observed object, it is common practice to use an abstraction of that object, to represent areas of interest (AOIs) (Blascheck et al., 2017). This abstract description can be defined with respect to the saliency aspect of the object (Wang et al., 2016; Kim et al., 2010), or can correspond to regions on the object that are correlated with a visual stimulus (Blascheck et al., 2017). The partitioning of the object can also represent a significant semantic decomposition of the object.

Figure 6 shows a decomposition of the simple mesh (a) into different AOIs, which are identified by different colors (b). This decomposition can be straightforwardly represented by an abstract version of the object (c), which allows easy visualization of gaze behaviors such as "most viewed parts". This type of decomposition makes it possible to analyze gaze behavior at a higher level of abstraction than the observed object, and to derive relevant metrics that are easier to interpret. Furthermore, this type of decomposition makes it possible to reason about collections of similar objects, which is precisely the case in the underlying archaeological study.

**Geometric Visualization of Eye-Tracking.** The most used visualization in eye tracking study is the heat map (Figure 7), or attention maps, which is a visual representation of fixations distribution on the observed object (Herman et al., 2023; Stellmach et al., 2010; Sundstedt and Garro, 2022). Each area is represented by a zone with a color gradient which could indicate the frequency of gaze on a point. The rendering of this visualization strongly depends on its parameters, which correspond to the value threshold



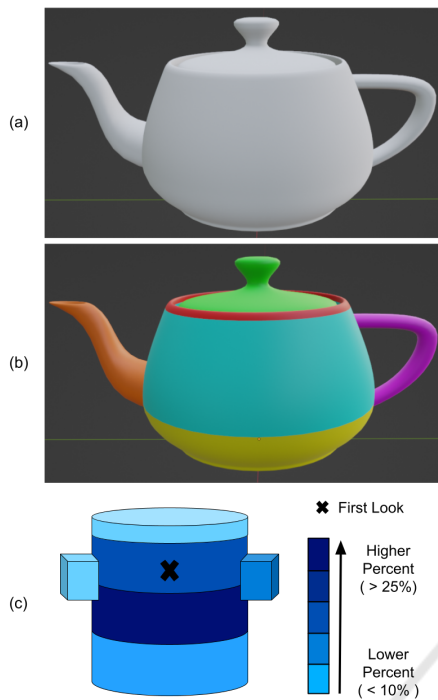


Figure 6: Examples of a semantic visualization: a teapot 3D model (a), segmented in different AOI due to the mesh profile (b) and an abstract version of the model to clearly visualize results on it (c).

for the heat zone to appear, its radius, and the color scale. In the case of a 3D environment, the cone of vision is used to produce a distribution of gaze over the surface of the observed object, taking particular account of potential occlusion due to the object’s profile and elements. Accordingly, heatmap processing uses a Gaussian blur filter (Stellmach et al., 2010; Pfeiffer and Memili, 2016) or, more effectively, an adapted gaze projection (Javerliat et al., 2024) that treats the gaze ray as a cone, opening the frustum in depth through the use of a Gaussian distribution. Finally, some works also propose to generate 3D attention volumes, using volume-based rendering to represents the distribution of visual attention in the environment (Pfeiffer, 2012).

The other important visualization method is the gaze plot (Figure 7), which is a graph with fixation points as nodes and successive saccades as edges. An interesting representation for fixation points uses cones to represent user’s position associated to the concerned movement (Stellmach et al., 2010). The cone’s apex represents the fixation center position, its radius is relative to the event duration, its height represents the distance between the gaze origin (user’s head) and gaze intersection point, and its orientation is based on the viewing direction.

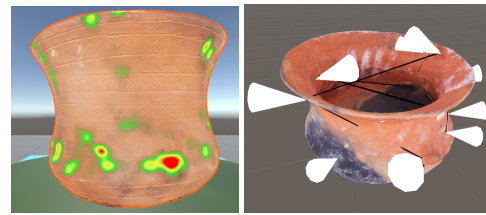


Figure 7: Example of a visualization directly represented on the concerned object, respecting its mesh (left: heatmap, right: gaze plot).

**Temporal Visualization of Eye-Tracking.** Another aspect addressed by some ET visualization methods involves considering and representing time. Most of these methods are defined the context of 2D data, e.g. gaze stripes (Kurzahls et al., 2016) and space-time cubes (Li et al., 2010; Kurzahls and Weiskopf, 2013) Extending these visualization methods to 3D gaze data requires a fourth dimension (Blascheck et al., 2017). In this case, the most common solution is to use an animated visualization environment. For example, the GazEnViz solution allows to explore a recording and view the results over a specific period of time. The main risk of this type of visualization is the cluttering up of the information displayed. The visualization method proposed by (Pathmanathan et al., 2023), which is a 3D extension of space-time cubes method, implements filtering systems per recorded user to simplify the displayed data. This approach could be extended in our case to a filtering system per modality considered, but again at the risk of complicating the visualization environment.

**Visualization of Movement.** The visualization of the user’s movements can be based on the representation of a 3D trajectory as in (Javerliat et al., 2024), with the possibility to limit it to a certain time period or to display several trajectories simultaneously. It may also be interesting to visualize users through avatars, with different type of representations, such as hands to focus on interactions, or feet to focus on walking in the environment (Reipschläger et al., 2022)). In this case, the visualization is an animation, as in (Pathmanathan et al., 2023), with the same drawbacks of data overload as in the case of the temporal visualization of the ET.

**Eye-tracking Metrics.** In eye tracking studies, fixations are often used and examined using a variety of metrics. Fixation duration, number of fixations in a time period, fixation frequency, defined by the number of fixations on the observed object divided by the duration of the time period studied, are all signifi-

cant values. In addition, a description of gaze patterns, such as the first fixation, can provide information about the user’s attentional focus. Similarly, saccades and SP can be examined by their duration, amplitude, or velocity.

When combined with AOIs, gaze events can be used to calculate a variety of metrics, such as the amount of time spent on each area of the object, or the number of visits (which can be defined by the passage of the gaze point from one AOI to another).

**User Activity Metrics.** As for gaze events, user activity can be transformed into a variety of metrics. We can consider values related to displacements, such as distance traveled, velocities and accelerations or stationary phases, values related to relative positions between the user and the object, such as average distance, relative height, or values related to interactions, such as the number of interactions, the amount of object displacement caused by these interactions.

### 3.5.3 Implementation

For the visualizations, heatmaps and gazeplots are generated, as presented in the Figure 7, and then for the semantic representations, five AOIs are considered on the pots: the inner part, the top, body and foot parts, and then the raised parts, which can be handles or buttons. This decomposition corresponds to a standard structural decomposition used in archaeology.

To compare the user activity in relation to the object, we considered two metrics: (i) the distance between the user’s head and the center of the object and (ii) a vertical angle. The latter is defined as the angle between two vectors originating from the center of the artifact: a vector towards the user’s head and a vertical vector pointing upwards. As the vertical angle value approaches zero, the head is positioned above the artifact. This allows to measure how much the user is above the artifact while looking at it, which could be useful if the inside of the object is relevant to the observation task. The metrics used to analyze eye tracking and user’s behavior are presented in the Table 2. Additionally, we also inspect acceptability with a TAM questionnaire and object analysis grid answers.

## 4 DISCUSSION

The workflow presented here is methodological in the sense that it is not software-based, but can be seen as a structured guideline for designing, implementing and conducting a user study across three modalities to enable comparison.

Table 2: Gaze-related and behavioral metrics summary.

Subject	Metric	Requirement
Fixation	Duration	-
	Dispersion	-
	Frequency	Offline analysis
First fixation	Duration	-
	Dispersion	-
Area of interest	Associated fixation	Fixations description
	Order in scan path	Offline analysis
Activity	Head distance	Elements position
	Vertical angle	Elements position

The workflow has been designed to be generic so that it can be applied to different eye-tracking and behavioral studies conducted in virtual and real environments. In this way, it is possible to compare the performance of the same task in different modalities, making it possible to identify differences during a simulation on user behavior, such as cognitive workload, or to identify biases in behavior between modalities. In addition, this methodology can also be used to validate the suitability of VR tools against the same use case in a real context. Another original aspect of the workflow is to enable a behavioral comparison between the VR HMD and the Immersive room modality, which is very rarely addressed in the existing literature.

We have illustrated the implementation of this workflow with an archaeological use case of an artifact observation task, detailed in (Dumonteil et al., 2024). In this case, the aim of this on-going study is to detect possible biases in the performance of archaeological tasks in virtual reality. The same approach can also be applied to other application domains.

Nevertheless, this methodology still has remaining challenges depending on the implementation choices. First of all, the use of disparate ET systems for the different modalities, in spite of data post-processing, may lead to differences in eye-tracking results only due to the modalities distinction, in terms of data quality or gaze estimation accuracy. This is specifically significant in immersive rooms because we believe that a better and more comfortable device for eye-tracking in this environment could improve the comfort and the user’s behavior, according to the potential discomfort of the set up with two superposed glasses. Subsequently, the sampling rate of the systems used for each modality can vary considerably (from 50 Hz to 200+ Hz, depending on the devices’ parameters). So it is necessary to adapt all data logs to a uniform rate in order to ensure the consistency of the data across all modalities.

As mentioned above, the restitution part of the workflow could be enriched with a multitude of additional measurements, either for metrics production, or for gaze events detection. In this case, the impor-

tant point is to use the same algorithm in the different modalities. For this reason, the data acquisition and processing part of the workflow has also been treated with particular care.

## 5 CONCLUSION

This paper presents a workflow design for the generation of standardized and comparable eye-tracking and behavioral data, including directions and suggestions for analyzing and presenting the results using metrics and visualizations adapted to a 3D context. While most of the used tools and methods to analyze eye-tracking data are based on a 2D context, generalizing their use to a 3D context enables a more complete understanding of user behavior, despite some challenges to correctly process and display such data. The goal of this methodology is to compare use cases in real and virtual environments, addressing the challenges of comparing data collected using different devices and in different environments. The approach is specially focused on visual exploration tasks on a single object, in real and virtual modalities. The approach was illustrated with the implementation of an archaeological use case.

Further works will involve the evaluation of our method in different contexts, and on the other hand, measure the effectiveness of the proposed implementation over other methods of eye-tracking. Our workflow could also be applied to other application domains and extended to tasks beyond object observation.

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