Efficient Automatic Data Augmentation of CDT Images to Support Cognitive Screening

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Abstract: We investigate the effectiveness of learnable and non-learnable automatic data augmentation (AutoDA) techniques in enhancing Deep Learning (DL) models for classifying Clock Drawing Test (CDT) images used in cognitive dysfunction screening. The classification is between healthy controls (HCs) and individuals with mild cognitive impairment (MCI). Specifically, we evaluate TrivialAugment (TA) and UniformAugment (UA), adapted for clinical image classification to address data scarcity and class imbalance. Our experiments across three public datasets demonstrate significant improvements in model performance and generalization. Notably, TA increased classification accuracy by up to 15 points, while UA achieved a 12-point improvement. These techniques offer a computationally efficient alternative to learnable methods like RandAugment (RA), which we also compare against, delivering comparable (and sometimes better) results with a much lower computational overhead. Our findings indicate that AutoDA techniques, particularly TA and UA, can be effectively applied in clinical settings, providing robust tools for the early detection of cognitive disorders, including Alzheimer's disease and dementia.

1 INTRODUCTION

Data augmentation (DA) is crucial for Deep Learning (DL) models in clinical settings, where acquiring large, labeled datasets is often challenging. By applying transformations such as rotation, scaling, and cropping, DA creates diverse training samples that reduce overfitting and enhance model generalization (Frid-Adar et al., 2018; Shorten and Khoshgoftaar, 2019). This is particularly vital in medical applications where data is scarce and imbalanced, as seen in radiology and the screening for Alzheimer's disease (AD) (Hosseini-Kivanani et al., 2024b; Kobayashi et al., 2022; Ogawa et al., 2019), where DA can significantly improve accuracy. Despite these advantages, the success of DA relies on preserving the clinical relevance of the images. In some tasks, such as object detection for medical image analysis, traditional DA techniques have shown limitations (Kebaili et al., 2023). Indeed, improper augmentation can introduce noise that disrupts the learning process (Ko and Ok, 2021). Therefore, while DA has demonstrated its value in healthcare (Chlap et al., 2021; Nalepa et al., 2019), developing more sophisticated augmentation strategies tailored to the unique challenges of medical data remains a priority.

Several studies have explored the use of drawing tasks to improve the detection of AD. These tasks capture different and complementary aspects of cognitive impairment, enhancing the automated detection of AD and mild cognitive impairment (MCI) (Hosseini-Kivanani et al., 2024b; Kobayashi et al., 2022). However, there remains a gap in research that focuses on customizing automatic data augmentation (AutoDA) techniques for cognitive assessment tools like the Clock Drawing Test (CDT), widely used in cognitive dysfunction screening. In this paper, we address this gap by evaluating and adapting state-of-theart AutoDA techniques for CDT images. Our aim is to maintain clinical relevance while improving model robustness. Our key contributions are as follows:

• We adapt AutoDA techniques to the specific clinical requirements of CDT images, preserving diagnostic relevance while achieving significant improvements in detection accuracy and model generalization across three public datasets.

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• By comparing learnable and non-learnable augmentation methods, we provide practical insights and guidelines for applying data augmentation effectively in cognitive dysfunction screening.

Our experimental results demonstrate that AutoDA methods achieve up to a 15% improvement in accuracy compared to models without data augmentation, depending on the dataset. The results highlight the effectiveness of applying tailored AutoDA techniques for improving the early diagnosis of cognitive impairments, such as AD and dementia. This work supports enhanced clinical decision-making and lays the foundation for more advanced diagnostic technologies in healthcare.

2 RELATED WORK

Traditional DA methods for images, such as random cropping, flipping, and color jittering, require manual design and domain expertise to be effective. While these basic transformations are straightforward to implement, they may not capture the complex variations needed for specialized tasks or datasets. Specialized methods, including Cutout (Devries and Taylor, 2017), Mixup (Zhang et al., 2017), and CutMix (Yun et al., 2019), have been proposed to enhance model performance by introducing more sophisticated augmentation techniques. Although effective for specific tasks, transferring these methods to other tasks or datasets often requires extensive manual effort and tuning. To alleviate this, recent advances have shifted towards AutoDA strategies for designing and tuning augmentation policies. Table 1 summarizes the stateof-the-art.

AutoAugment (AA) (Cubuk et al., 2019) uses reinforcement learning to search for optimal policies, which yields significant performance improvements at the cost of heavy computational resources. Fast AutoAugment (Fast AA) (Lim et al., 2019) reduces this computational burden by using Bayesian Optimization (BO), while Population-Based Augmentation (PBA) (Ho et al., 2019) introduces an evolutionary algorithm to explore augmentation schedules. Faster AutoAugment (Hataya et al., 2020) further accelerates the process by employing a differentiable policy search, but this comes with some performance degradation. RandAugment (RA) (Cubuk et al., 2020), inspired by the findings of Fast AA and PBA, simplifies automated DA by removing the need for an extensive search phase. However, RA still requires a computationally intensive offline grid search to find optimal hyperparameters. UniformAugment (UA) (LingChen et al., 2020) and TrivialAugment (TA) (Muller and Hutter, 2021) avoid the computational complexity of search-based techniques while still benefiting from the diversity introduced by random augmentations. They uniformly sample augmentation operations from a predefined set and apply them with equal probability. (TA only considers one operation at a time.) Augmentation-Wise Weight Sharing (AWS) (Tian et al., 2020) uses Neural Architecture Search (NAS) (Zoph and Le, 2017) for automatic augmentation search, reducing computational costs while maintaining performance with a dynamic augmentation policy that adapts during training. It still demands significant computation in the initial and fine-tuning phases. Model-Adaptive Data Augmentation (MADAug) (Hou et al., 2023) adjusts augmentation policies dynamically based on model performance. Our work similarly explores when and what augmentations should be applied during training to optimize performance. Finally, BO-Aug (Zhang et al., 2022) utilizes a continuous policy search space and evaluates policy groups rather than individual policies. It achieved state-of-the-art or comparable performance with relatively low computational costs compared to AA and RA.

Table 1: Overview of AutoDA techniques for DL models, tested on ImageNet, sorted by error rate (lower is better). †BO-Aug used Tiny ImageNet, a subset of 100k ImageNet images.

AutoDA	Error (%)	Non-learnable
RandAugment (RA)	15.0	No
AutoAugment (AA)	16.5	No
AWS	18.5	No
Fast AA	19.4	No
UniformAugment (UA)	19.6	Yes
MADAug	21.5	No
TrivialAugment (TA)	21.9	Yes
Faster AA	23.5	No
BO-Aug†	36.8	No

Despite the significant amount of research focused on AutoDA strategies, there is limited work specifically targeting medical images. MedAugment (Liu et al., 2023) is one of the few methods designed for medical imaging. It employs two distinct augmentation spaces: pixel-level (photometric) and spatial (geometric) transformations. Unfortunately, MedAugment focuses on X-ray data, which differs significantly from hand-drawn data, such as the CDT images that we are studying. Additionally, MedAugment relies on ground-truth segmentations, which are not applicable to handwriting images and require learning a DA policy, rendering it unsuitable for real-time application in DL training pipelines.

Building on these insights, our work aims to ex-

amine DA techniques for Computer Vision models applied to drawing tasks for cognitive impairment assessment, specifically AD. Our approach not only addresses the limitations of existing methods, but also explores a novel domain in medical image augmentation. We focus on creating augmentation strategies that preserve the semantic content of hand-drawn elements while introducing sufficient variability to enhance model performance. By avoiding extensive computational requirements and the reliance on specialized datasets, our method is suitable for real-time use and contributes to the advancement of DL applications in medical imaging.

3 METHODOLOGY

Our task consists of spotting early signs of cognitive decline via hand-drawn clock images. This is framed as a binary classification problem between healthy controls (HCs) and individuals with mild cognitive impairment (MCI). This is a really challenging and appealing task for several reasons. First, MCIs are at high risk of progressing to dementia, although their impairments do not severely impact daily or social functioning. In fact, MCIs might remain stable or reverse to healthy cognition (Blair et al., 2022). Second, the drawing abilities of HCs and MCIs are often on par, making it difficult to differentiate both groups with DL models. Third, being able to tell HCs and MCIs apart means that practitioners could start treating the patients as soon as possible, as once they are diagnosed with AD, it is irreversible.

3.1 Materials

The CDT is a paper-and-pencil cognitive screening tool that is quick to apply, well accepted by patients, easy to score, and independent of language, education, and culture. It also has good inter-rater and test-retest reliability, high levels of sensitivity and specificity, concurrent validity, and predictive validity (Spenciere et al., 2017). In the CDT, subjects must draw a clock, including the numbers 1 to 12, as well as the clock hands, usually pointing to "10:00", "11:10", or similar. The drawing is then scored according to a normalized system, among which the Shulman (Shulman et al., 1993) and MoCA (Nasreddine et al., 2019) scoring systems are the most popular ones.

We used three publicly available CDT datasets for this study, each containing images from both HCs and individuals with MCI. These datasets provide a rich variety of clock images, enabling the exploration of different augmentation strategies and deep-learning models.

- Dataset Chen (Chen et al., 2020) 2020 dataset. It contains 1,021 images categorized as HCs (n=50) and six subgroups of patients. Images in subgroups 1 (n=164) and 2 (n=233) correspond to MCIs. The average age in both HCs and MCIs is 69.8 years. There are 58% females and 42% males.
- Ruengchaijatuporn dataset (Ruengchaijatuporn et al., 2022) 2022 dataset. It contains 918 images labeled according to the MoCA score. We selected those of HCs (score of 26 or higher, n=550) and MCIs (scores between 18 and 25, n=322). The median age in both groups is 67 years. There are 77% females and 23% males.
- 3. Raksasat dataset (Raksasat et al., 2023) 2023 dataset. It contains 3,108 images categorized as six user groups. We consider group 5 ("perfect clock", n=1623) as HCs and group 4 ("minor visuospatial deficits", n=1047) as MCIs. The median age in both groups is 67 years. There are 66% females and 33% males.

To maintain consistency across all datasets, we ensured that all images had a square aspect ratio by cropping each image to its shortest dimension. This step was essential because DL models such as Efficient-Net require square inputs to avoid distortion and ensure optimal performance. After cropping, the images were resized to 224×224 px, matching the input size required by pre-trained models. No additional preprocessing, such as color normalization or denoising, was applied, as the clock images are relatively clean.

3.2 AutoDA Methods

We systematically evaluate two non-learnable AutoDA methods, TA and UA, which have demonstrated state-of-the-art performance in various computer vision tasks (Muller and Hutter, 2021; LingChen et al., 2020). These methods are particularly appealing for real-time applications because they do not require learning augmentation policies during training, thus reducing computational overhead. The augmentation process in both methods follows three main steps:

- Random Sampling: A set of augmentations is randomly chosen from a predefined list of operations (Table 2) such as rotation, shear, etc.
- Magnitude Randomization: The intensity of each selected augmentation is randomized within a specified range.
- Application of Augmentation: The selected augmentations are sequentially applied, resulting in a modified version of the original input image.



Figure 1: Examples of CDT images from Ruengchaijatuporn dataset before (original image) and after augmentation.

In TA, a single transformation is applied per augmented image with a randomly chosen strength. In UA, k transformations are selected, each of which is applied with a probability of 0.5, with a randomly picked magnitude. Following the original paper (LingChen et al., 2020), we set k = 2.

For comparison, we also evaluate RA (Cubuk et al., 2020), a state-of-the-art and widely used learnable AutoDA method that dynamically optimizes augmentation strategies during training. Unlike TA and UA, which rely on fixed augmentations, RA introduces two key hyperparameters: the number of augmentation operations and the magnitude, which are optimized during the training process. This learnable approach allows RA to adapt the augmentation policies based on the dataset's characteristics, making it particularly useful in domains such as medical imaging, where data scarcity and class imbalance are common challenges. In our implementation, we search for the RA hyperparameters N and M over discrete sets, with N values ranging from 2 to 3 and M values ranging from 4 to 5, as part of the optimization process to find the best-performing augmentation combination. While learnable methods like RA can potentially improve model performance by adjusting augmentations to the data, non-learnable methods such as TA and UA provide a computationally efficient alternative by avoiding the complexity and overhead associated with policy optimization.

3.2.1 Transformation Operations

A key detail in AutoDA methods is the "augmentation pool," i.e., the set of available transformation operations and their ranges.

autoreftab:transformations details the transformations considered in the study. Only geometric transformations were applied in carefully curated ranges so as not to destroy image semantics and thus ensure clinical relevance. Transformations were applied using the Albumentations library¹.

Table 2: Overview of considered augmentation operations and transformation ranges.

Transformation	Range	Description
Rotation	[-10, 10]	degrees
Shear	[0.2, 10]	degrees
Scale	[-0.05, 0.05]	% of original size
Translation	[-0.02, 0.02]	% of bounding box

3.3 DL Models

We provide classification results according to EfficientNet (Tan and Le, 2019) and DenseNet (Huang et al., 2017) as a common benchmarking reference. On the one hand, EfficientNet is a lightweight deep learning model (5M parameters) that has demonstrated state-of-the-art performance in various medical imaging applications. Its efficiency and scalability make it an ideal choice for this study, particularly given the relatively small size of the datasets involved. On the other hand, DenseNet has a densely connected architecture, where each layer is directly connected to every other layer, promoting efficient feature reuse and enhancing gradient flow. This structure enables the extraction of richer and more detailed feature representations. DenseNet's design is particularly advantageous for complex tasks like medical image classification, where capturing intricate patterns in the data is critical for accurate diagnosis.

The models are trained using the Adam optimizer with a learning rate of $\eta = 0.0005$. We used a batch size of 32 images, and training was carried out for up to 100 epochs. Early stopping is employed to prevent overfitting, with a patience threshold of 10 epochs. This approach ensures that training halts if the validation accuracy does not improve over 10 consecutive epochs while retaining the best-performing model weights. Balanced classification accuracy is used as the monitoring metric. Additionally, the Area Under the Receiver Operating Characteristic (AUC) curve is used to evaluate the discriminative power of the classifier, providing further insight into its performance.

¹https://albumentations.ai/

		Chen dataset							iengcł	iset	Raksasat dataset								
		ТА		ι	UA R.		RA	A TA		UA		RA		ТА		UA		RA	
		Acc.	AUC	Acc.	AUC	Acc.	AUC	Acc.	AUC	Acc.	AUC	Acc.	AUC	Acc.	AUC	Acc.	AUC	Acc.	AUC
t.	DA train only	85	85	80	80	84	84	58	58	56	56	59	59	77	77	78	78	78	78
Ę	DA train + val.	95	95	90	90	80	80	58	58	58	58	60	60	80	80	77	77	79	79
ien	DA val. only	85	85	85	85	85	85	62	62	60	60	57	57	76	76	77	77	77	77
fffc	DA all splits	90	90	91	91	90	90	62	62	60	60	64	64	78	78	76	76	78	78
Ξ	No DA	80 Acc. 80 AUC						56 Acc. 56 AUC						77 Acc. 77 AUC					
	DA train only	90	90	89	89	89	89	53	53	59	59	50	50	71	71	68	68	67	67
Net	DA train + val.	90	90	90	90	89	89	54	54	49	49	56	56	71	71	69	69	64	64
lsel	DA val. only	88	88	78	78	83	83	57	57	54	54	61	61	69	69	72	72	72	72
Der	DA all splits	92	92	90	90	93	93	69	69	68	68	67	67	75	75	74	74	72	72
	Jo DA 65 Acc. 65 AUC						55 Acc. 55 AUC					67 Acc. 67 AUC							

Table 3: Performance results on three public datasets. For each dataset, the best result is highlighted in boldface.

3.4 Procedure

We split each dataset into three randomly disjoint sets: 70% training, 20% validation, and 10% testing. The testing set is reserved as a held-out partition that is used only after a model is trained since it simulates unseen data. The splits are also stratified to ensure that the HC and MCI images are evenly allocated to the training/validation/testing sets.

In this work, we investigate five different DA conditions for the training and evaluation of our models. The baseline condition, No DA, involves no DA at all, where the model is trained, validated, and tested on the original, non-augmented data. The first augmentation condition, **DA train only**, applies DA solely to the training set, leaving the validation and test sets unmodified. This allows the model to benefit from augmented samples during training while preserving the original, unaltered validation and test sets for unbiased evaluation. The second condition, DA train + val., applies DA to both the training and validation sets, enabling the model to generalize better by encountering augmented samples in both phases while still maintaining a pristine test set. The third condition, DA val. only, applies augmentation solely to the validation set, allowing the original training and test sets to remain unaltered. Finally, in DA all splits, DA is applied to all three partitions-training, validation, and test-offering the most challenging scenario where the model is trained, validated, and evaluated with real and augmented data. In each condition, DA is applied by ensuring that the majority class has 10%more instances than in the original dataset and matching the number of instances in the minority class. In this way, we address both class imbalance and data scarcity issues during model training.

4 RESULTS

Table 3 compares the performance of various DA strategies across two deep learning architectures (EfficientNet and DenseNet) and three benchmark datasets: Chen dataset, Ruengchaijatuporn dataset, and Raksasat dataset. We evaluated the effects of TA, UA, and RA under multiple augmentation regimes.

- **Performance on Chen Dataset.** EfficientNet's highest performance was achieved with the DA train + val, reaching 95% accuracy and 95% AUC, a significant improvement over the baseline (No DA) of 80% accuracy and 80% AUC. Augmenting only the training set yielded an accuracy of 85%, demonstrating that augmenting the validation set can help mitigate overfitting and improve generalization. DenseNet's best performance was observed with DA all splits, reaching 92% accuracy and 93% AUC.
- Performance on Ruengchaijatuporn Dataset. EfficientNet's largest improvement occurred with TA, where accuracy improved from 56% (No DA) to 62%. However, DenseNet outperformed EfficientNet across all DA regimes, particularly under DA all splits, where it reached 69% Accuracy and AUC. UA also provided good results, with DenseNet achieving 68% accuracy, demonstrating its robustness in handling this highly imbalanced dataset.
- **Performance on Raksasat Dataset.** Efficient-Net's best results were observed with the DA train + val, achieving 80% accuracy and AUC. When RA was applied only to the training set, the accuracy was 78% but its performance was inconsistent across other strategies. DenseNet achieved

the best performance under the DA all splits condition with 75% accuracy and 75% AUC.

Overall, the results show that EfficientNet performs well on datasets like Chen, achieving the highest accuracy and AUC, especially with the DA train + val. While DenseNet performs better on more complex datasets like Ruengchaijatuporn, consistently achieving higher accuracy and AUC (69% accuracy, 69% AUC), EfficientNet outperforms DenseNet on the Raksasat dataset, with its best performance in the DA train + val. condition (80% accuracy, 79% AUC), compared to DenseNet's best performance of 75% accuracy, 72% AUC under the DA all splits condition. The improved generalization of the models, particularly with TA and UA on Ruengchaijatuporn dataset, highlights the potential for these techniques to be applied in real-world clinical environments.

5 DISCUSSION

Our results show that applying non-learnable data augmentation techniques, particularly TA and UA, significantly boosts the performance of DL models for CDT image classification in cognitive dysfunction screening. These findings are evident across three public datasets.

On the Chen dataset, EfficientNet demonstrated superior performance, particularly when both the training and validation splits were augmented, achieving an accuracy of 95% and an AUC of 95%. This suggests that EfficientNet is highly effective in simpler dataset structures, leveraging its architecture to maximize the benefits of DA. Conversely, DenseNet consistently outperforms EfficientNet in handling more complex datasets such as Ruengchaijatuporn, where it shows up to a 14% increase in accuracy and a 14% improvement in AUC compared to EfficientNet. This superior performance can be attributed to DenseNet's capacity to reuse features more effectively across layers, which enhances generalization in complex clinical datasets characterized by limited data and inherent variability. However, on the Raksasat dataset, the results slightly diverge. While DenseNet achieved its best performance under the DA all splits condition with 75% accuracy and 72% AUC, EfficientNet slightly outperformed DenseNet under the DA train + val. condition, achieving 80% accuracy and 80% AUC.

Our findings are consistent with prior work in medical imaging, where augmentation strategies have been shown to enhance model performance by diversifying training data. Dutta et al. (Dutta et al., 2020) reported similar performance improvements in radiological classification tasks using data augmentation, while Tufail et al. (Tufail et al., 2022) demonstrated the role of augmentation in enhancing Alzheimer's disease detection. These results confirm the broad applicability of TA and UA beyond CDT screening, indicating their potential utility across clinical domains reliant on image-based diagnostics.

Moreover, the results of the Ruengchaijatuporn dataset highlight the importance of selecting appropriate augmentation strategies for imbalanced datasets. TA led to an improvement in accuracy 12%, demonstrating its ability to handle dataset imbalance effectively. UA, while achieving robust performance with a 68% accuracy, further demonstrates that simpler augmentation strategies can be highly effective in clinical applications where data are limited and heavily skewed. This finding echoes prior research by Shorten and Khoshgoftaar (Shorten and Khoshgoftaar, 2019), who stressed the importance of augmentation in handling class imbalances.

Although RandAugment provided some gains, especially in the Ruengchaijatuporn dataset (64% AUC for EfficientNet), its improvements were less consistent compared to TA and UA. This reinforces the practical benefits of non-learnable methods, which offer a better balance between computational efficiency and performance gains in clinical applications. Lim et al. (Lim et al., 2019) demonstrated that simpler augmentation methods, such as Fast AutoAugment, can match or exceed the performance of more complex learned strategies while requiring significantly fewer computational resources. This aligns with our findings, where non-learnable methods provided comparable performance to RA, but with much lower complexity and computational costs.

Another key takeaway from our results is the effectiveness of selective augmentation strategies. Applying augmentation to both training and validation sets (DA train + val.) consistently yielded the best performance across all datasets for EfficientNet, while DenseNet excelled with DA all splits in more complex datasets. Conversely, augmenting only the training set (DA train only) delivered strong results on the Raksasat dataset for EfficientNet, with 80% accuracy and AUC, underscoring the efficiency of the targeted augmentation. These results suggest that over-augmenting validation and test sets can introduce noise, as observed in Ruengchaijatuporn, where DA all splits resulted in only marginal improvements (69% accuracy and AUC for DenseNet), consistent with Chlap et al. (Chlap et al., 2021), who cautioned against over-augmentation in medical imaging due to potential overfitting and biased model evaluations.

Overall, this study presents strong evidence that

non-learnable augmentation methods, such as TA and UA, are not only computationally efficient but also highly effective in improving model performance for medical image classification tasks. By enhancing model generalization across various datasets, these techniques hold significant promise for real-time healthcare applications where accurate and timely decision-making is critical.

5.1 Limitations and Future Work

One limitation is that we chose AutoDA techniques that are suitable for real-time (TA and UA) or near real-time (RA) processing. There are many other approaches that are learnable and have achieved slightly better performance on common benchmarks, such as ImageNet (Table 1), but unfortunately, they are too slow to be usable in practice. In addition, it remains unclear whether the results achieved on ImageNet would transfer to the medical domain. The research literature suggests otherwise (Jonske et al., 2023; Morid et al., 2021; Hosseinzadeh Taher et al., 2021).

Another limitation of our work is that we have considered only one type of drawing to support cognitive dysfunction screening, albeit the most popular one. Future work should go beyond CDTs to better assess the generalizability of AutoDA methods. For example, some drawings, like Pentagon Drawing Test (PDT) images, allow other DA operations such as vertical and horizontal flipping (Hosseini-Kivanani et al., 2024a; Hosseini-Kivanani et al., 2023).

Furthermore, investigating the effectiveness of AutoDA techniques across multiple domains can reveal further insights into their potential to improve model performance in other computer vision applications. Future research could explore the integration of non-learnable methods with semi-supervised learning approaches to further improve performance, particularly in scenarios where labeled data is scarce. Expanding the application of these augmentation strategies to other diagnostic fields, such as neuroimaging and pathology, could unlock further potential and lead to advances in clinical diagnostics.

6 CONCLUSION

Non-learnable AutoDA methods improve the performance and generalization of DL models for cognitive dysfunction screening using CDT images. Our results indicate that DA strategies must be carefully tailored to the input data and the task at hand, particularly in the medical domain, where preserving the integrity of diagnostic features is paramount. By addressing these challenges, our work contributes to the advancement of DL-based diagnostic tools in medical imaging.

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